

		OVERAL L	CARE FOR	CARE FOR	CARE FOR	CARE FOR	HOURS	/ WEEK F	PROVIDING	G CARE
		Overall	Child	Parent	Other Relative	Someon e else	2 to 6	7 to 10	11 to 20	More than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124	95	320	137	101	142
Are you partly or fully responsible for the care or the	Yes, a child	49%	100%	21%	18%	11%	49%	39%	45%	61%
coordination of the medical care of anyone who requires	Yes, a parent	33%	14%	100%	11%	6%	30%	35%	40%	32%
frequent care? Coordinating care includes tasks like	Yes, an older relative	18%	6%	6%	100%	1%	17%	26%	19%	10%
arranging medical appointments, transportation, and payments.	Yes, someone else (please specify):	14%	3%	3%	1%	100%	12%	20%	12%	12%
	No, I am not	0%	0%	0%	0%	0%	0%	0%	0%	0%
	Don't know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%	0%	0%
	Total	700	343	231	124	95	320	137	101	142
On average, how many hours per week do you personally	Less than 2	0%	0%	0%	0%	0%	0%	0%	0%	0%
spend providing or arranging for medical care for the	2 to 6	46%	46%	42%	44%	40%	100%	0%	0%	0%
person (people) under your care?	7 to 10	20%	16%	21%	29%	29%	0%	100%	0%	0%
	11 to 20	14%	13%	17%	15%	13%	0%	0%	100%	0%
	21 to 40	8%	9%	11%	7%	7%	0%	0%	0%	41%
	More than 40	12%	17%	9%	4%	11%	0%	0%	0%	59%
	Don't know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%	0%	0%
	Total	700	343	231	124	95	320	137	101	142
Which best describes your situation? Acting as a caregiver is	The most significant thing in my life right now	40%	50%	33%	25%	35%	32%	31%	42%	68%
	One of several significant things in my life right now, but not the most significant	35%	32%	39%	45%	37%	37%	42%	39%	23%
	A moderately significant part of my life right now	20%	14%	25%	24%	23%	28%	21%	16%	7%
	A minor part of my life right now	4%	4%	3%	6%	5%	4%	5%	4%	2%
	Don't Know / Prefer not to answer	%	%	0%	0%	0%	0%	1%	0%	0%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL L	GEN	DER		AGE	CATEGO	RIES	
						.,,,			
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
Are you partly or fully responsible for the care or the	Yes, a child	49%	43%	51%	54%	70%	51%	25%	9%
coordination of the medical care of anyone who requires	Yes, a parent	33%	39%	31%	25%	25%	37%	50%	38%
frequent care? Coordinating care includes tasks like arranging medical appointments, transportation, and	Yes, an older relative	18%	21%	16%	26%	13%	18%	17%	17%
payments.	Yes, someone else (please specify):	14%	11%	15%	6%	8%	12%	20%	38%
	No, I am not	0%	0%	0%	0%	0%	0%	0%	0%
	Don't know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%	0%
	Total	700	188	512	148	225	141	106	78
On average, how many hours per week do you personally	Less than 2	0%	0%	0%	0%	0%	0%	0%	0%
spend providing or arranging for medical care for the	2 to 6	46%	44%	46%	45%	45%	43%	45%	53%
person (people) under your care?	7 to 10	20%	24%	18%	22%	17%	20%	25%	15%
	11 to 20	14%	16%	14%	10%	15%	21%	16%	9%
	21 to 40	8%	8%	8%	9%	8%	11%	5%	10%
	More than 40	12%	8%	13%	14%	16%	6%	9%	13%
	Don't know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%	0%
	Total	700	188	512	148	225	141	106	78
Which best describes your situation? Acting as a caregiver is	The most significant thing in my life right now	40%	34%	43%	41%	44%	36%	37%	41%
	One of several significant things in my life right now, but not the most significant	35%	38%	34%	34%	37%	40%	33%	28%
	A moderately significant part of my life right now	20%	22%	20%	22%	16%	20%	25%	27%
	A minor part of my life right now	4%	6%	3%	3%	4%	4%	6%	4%
	Don't Know / Prefer not to answer	%	0%	%	1%	0%	0%	0%	0%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AG	Ε				
		L	CATEG	ORIES		EDUCATION	ON LEVEL	
				40 or	High School or	Some college, no	College graduate	Advance
		Overall	Under 40	older	less	degree	(BA/BS)	d degree
UNWEIGHTED COUNT	Unweighted count	700	373	325	134	256	242	68
Are you partly or fully responsible for the care or the	Yes, a child	49%	64%	33%	52%	49%	48%	47%
coordination of the medical care of anyone who requires	Yes, a parent	33%	25%	42%	26%	29%	37%	49%
frequent care? Coordinating care includes tasks like arranging medical appointments, transportation, and	Yes, an older relative	18%	18%	18%	16%	19%	19%	12%
payments.	Yes, someone else (please specify):	14%	7%	21%	16%	13%	13%	13%
	No, I am not	0%	0%	0%	0%	0%	0%	0%
	Don't know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%
	Total	700	373	325	134	256	242	68
On average, how many hours per week do you personally	Less than 2	0%	0%	0%	0%	0%	0%	0%
spend providing or arranging for medical care for the	2 to 6	46%	45%	46%	46%	43%	48%	46%
person (people) under your care?	7 to 10	20%	19%	20%	12%	22%	21%	19%
	11 to 20	14%	13%	16%	15%	15%	13%	16%
	21 to 40	8%	8%	9%	11%	7%	8%	7%
	More than 40	12%	15%	9%	16%	12%	10%	12%
	Don't know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%
	Total	700	373	325	134	256	242	68
Which best describes your situation? Acting as a caregiver is	The most significant thing in my life right now	40%	43%	38%	49%	38%	38%	40%
	One of several significant things in my life right now, but not the most significant	35%	36%	35%	28%	36%	40%	32%
	A moderately significant part of my life right now	20%	18%	23%	20%	23%	17%	25%
	A minor part of my life right now	4%	3%	5%	3%	4%	5%	3%
	Don't Know / Prefer not to answer	%	%	0%	0%	%	0%	0%
	Total	700	373	325	134	256	242	68



		OVERAL						
		L	Н	OUSEHO	_D INCOM	E	RA	CE
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700		139		150	562	132
Are you partly or fully responsible for the care or the	Yes, a child	49%	51%	51%	54%	43%	47%	58%
coordination of the medical care of anyone who requires	Yes, a parent	33%	27%	32%	35%	41%	34%	28%
frequent care? Coordinating care includes tasks like	Yes, an older relative	18%	19%	14%	16%	21%	17%	18%
arranging medical appointments, transportation, and payments.	Yes, someone else (please specify):	14%	15%	14%	13%	10%	15%	10%
	No, I am not	0%	0%	0%	0%	0%	0%	0%
	Don't know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%
	Total	700	259	139	125	150	562	132
On average, how many hours per week do you personally	Less than 2	0%	0%	0%	0%	0%	0%	0%
spend providing or arranging for medical care for the	2 to 6	46%	47%	38%	49%	49%	46%	42%
person (people) under your care?	7 to 10	20%	15%	23%	22%	21%	19%	23%
	11 to 20	14%	13%	16%	11%	17%	15%	11%
	21 to 40	8%	10%	11%	8%	5%	8%	11%
	More than 40	12%	15%	12%	10%	9%	12%	12%
	Don't know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%
	Total	700	259	139	125	150	562	132
Which best describes your situation? Acting as a caregiver is	The most significant thing in my life right now	40%	45%	43%	35%	36%	40%	44%
	One of several significant things in my life right now, but not the most significant	35%	32%	37%	37%	40%	36%	34%
	A moderately significant part of my life right now	20%	19%	16%	25%	20%	20%	20%
	A minor part of my life right now	4%	4%	4%	3%	4%	4%	2%
	Don't Know / Prefer not to answer	%	%	0%	0%	0%	%	0%
	Total	700	259	139	125	150	562	132



		OVERAL L			REGIONS			EN	//PLOYME	NT
		Overall	Western MA		Southeas t MA	Outer	Boston / Inner Suburbs	Full-time	Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700	100	113	101	238		355		177
Are you partly or fully responsible for the care or the	Yes, a child	49%	55%	51%	46%	50%	44%	52%	47%	45%
coordination of the medical care of anyone who requires	Yes, a parent	33%	31%	28%	33%	35%	36%	36%	33%	27%
frequent care? Coordinating care includes tasks like	Yes, an older relative	18%	19%	12%	20%	20%	16%	16%	19%	19%
arranging medical appointments, transportation, and payments.	Yes, someone else (please specify):	14%	14%	18%	14%	11%	14%	9%	14%	21%
	No, I am not	0%	0%	0%	0%	0%	0%	0%	0%	0%
	Don't know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%	0%	0%
	Total	700	100	113	101	238	145	355	156	177
On average, how many hours per week do you personally	Less than 2	0%	0%	0%	0%	0%	0%	0%	0%	0%
spend providing or arranging for medical care for the	2 to 6	46%	44%	38%	41%	54%	43%	45%	43%	49%
person (people) under your care?	7 to 10	20%	25%	20%	10%	18%	23%	19%	22%	17%
	11 to 20	14%	13%	13%	16%	13%	17%	18%	12%	11%
	21 to 40	8%	9%	4%	12%	7%	10%	10%	11%	3%
	More than 40	12%	9%	24%	22%	7%	7%	8%	12%	19%
	Don't know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%	0%	0%
	Total	700	100	113	101	238	145	355	156	177
Which best describes your situation? Acting as a caregiver is	The most significant thing in my life right now	40%	47%	47%	49%	32%	39%	37%	40%	46%
	One of several significant things in my life right now, but not the most significant	35%	37%	27%	32%	40%	34%	39%	35%	28%
	A moderately significant part of my life right now	20%	12%	23%	19%	23%	21%	20%	21%	23%
	A minor part of my life right now	4%	3%	3%	1%	5%	6%	4%	4%	3%
	Don't Know / Prefer not to answer	%	1%	0%	0%	0%	0%	0%	1%	0%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL L	SHARE	_		GNIFICAN	
			WITH O	IHERS?	A	CAREGIVE I	:K?
		Overall	No	Yes	Most significan t		Moderate ly / minor
UNWEIGHTED COUNT	Unweighted count	700	314	384	282	247	170
Are you partly or fully responsible for the care or the	Yes, a child	49%	58%	42%	61%	44%	36%
coordination of the medical care of anyone who requires	Yes, a parent	33%	30%	35%	27%	37%	38%
frequent care? Coordinating care includes tasks like	Yes, an older relative	18%	11%	23%	11%	23%	22%
arranging medical appointments, transportation, and payments.	Yes, someone else (please specify):	14%	17%	11%	12%	14%	16%
	No, I am not	0%	0%	0%	0%	0%	0%
	Don't know / Prefer not to answer	0%	0%	0%	0%	0%	0%
	Total	700	314	384	282	247	170
On average, how many hours per week do you personally	Less than 2	0%	0%	0%	0%	0%	0%
spend providing or arranging for medical care for the	2 to 6	46%	44%	47%	36%	47%	59%
person (people) under your care?	7 to 10	20%	18%	21%	15%	23%	21%
	11 to 20	14%	16%	14%	15%	16%	12%
	21 to 40	8%	10%	7%	10%	9%	5%
	More than 40	12%	13%	11%	24%	5%	3%
	Don't know / Prefer not to answer	0%	0%	0%	0%	0%	0%
	Total	700	314	384	282	247	170
Which best describes your situation? Acting as a caregiver is	The most significant thing in my life right now	40%	54%	29%	100%	0%	0%
	One of several significant things in my life right now, but not the most significant	35%	28%	42%	0%	100%	0%
	A moderately significant part of my life right now	20%	17%	24%	0%	0%	84%
	A minor part of my life right now	4%	2%	5%	0%	0%	16%
	Don't Know / Prefer not to answer	%	%	0%	0%	0%	0%
	Total	700	314	384	282	247	170



		OVERAL	CARE	CARE	CARE	CARE				
		L	FOR	FOR	FOR	FOR	HOURS	/ WEEK F	PROVIDIN	G CARE
					Other	Someon				More
		Overall	Child	Parent	Relative	e else	2 to 6	7 to 10	11 to 20	than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124	95	320	137	101	142
Are you the only person responsible for their care, or do you share the responsibility with others (not counting	I am the only person responsible	45%	53%	41%	27%	55%	43%	40%	49%	50%
medical personnel)?	Share with other friends or family members	51%	45%	54%	69%	33%	54%	53%	47%	43%
	Share with paid home caregivers	4%	2%	5%	3%	13%	3%	6%	5%	6%
	Don't Know / Prefer not to answer	%	%	%	0%	0%	0%	1%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
Are you the person most responsible for their care, or not?	Yes I am the primary caregiver	74%	84%	73%	62%	65%	68%	72%	88%	81%
	No I am not	24%	16%	26%	34%	30%	29%	27%	12%	17%
	Don't Know / Prefer not to answer	2%	1%	1%	3%	5%	3%	1%	0%	1%
	Total	384	160	136	90	43	181	81	52	70
Would you say that you could take a break from providing	Yes, whenever I need it	14%	14%	14%	19%	9%	14%	12%	14%	15%
or coordinating care if you needed one?	Yes, most of the time	19%	20%	19%	15%	24%	22%	17%	21%	15%
	Yes, but only some of the time	39%	34%	41%	45%	37%	38%	41%	40%	37%
	Rarely or never	27%	32%	26%	21%	28%	26%	29%	26%	31%
	Don't Know / Prefer not to answer	%	1%	0%	0%	1%	0%	1%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
To what extent does acting as a caregiver disrupt your life?	A great deal	13%	14%	19%	7%	9%	6%	15%	13%	25%
	A fair amount	46%	43%	50%	49%	46%	45%	52%	59%	32%
	Not very much	28%	26%	25%	36%	25%	34%	23%	18%	25%
	Not at all	13%	17%	6%	6%	17%	13%	10%	10%	17%
	Don't Know / Prefer not to answer	1%	1%	0%	1%	2%	2%	1%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
Do you get to connect with other caregivers on a regular	Yes I do	36%	38%	31%	40%	35%	30%	36%	43%	44%
basis?	No I do not	63%	60%	69%	60%	65%	69%	63%	57%	54%
	Don't know / Prefer not to answer	1%	1%	0%	1%	0%	%	1%	0%	2%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL L	GEN	DER		AGE	CATEGO	RIES	
		_	021	DEIX		7.02	OTTLOG	WIE O	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
Are you the only person responsible for their care, or do you share the responsibility with others (not counting	I am the only person responsible	45%	36%	48%	39%	51%	48%	39%	44%
medical personnel)?	Share with other friends or family members	51%	59%	47%	58%	46%	52%	53%	45%
	Share with paid home caregivers	4%	4%	4%	3%	3%	1%	8%	12%
	Don't Know / Prefer not to answer	%	1%	%	0%	1%	0%	0%	0%
	Total	700	188	512	148	225	141	106	78
Are you the person most responsible for their care, or not?	Yes I am the primary caregiver	74%	69%	76%	68%	79%	73%	78%	70%
	No I am not	24%	29%	22%	27%	19%	26%	22%	30%
	Don't Know / Prefer not to answer	2%	3%	2%	6%	2%	1%	0%	0%
	Total	384	119	265	90	109	74	65	44
Would you say that you could take a break from providing	Yes, whenever I need it	14%	16%	13%	20%	11%	10%	16%	15%
or coordinating care if you needed one?	Yes, most of the time	19%	20%	19%	20%	21%	16%	22%	17%
	Yes, but only some of the time	39%	39%	38%	34%	37%	42%	39%	47%
	Rarely or never	27%	24%	29%	26%	30%	33%	23%	21%
	Don't Know / Prefer not to answer	%	1%	%	0%	1%	0%	1%	0%
	Total	700	188	512	148	225	141	106	78
To what extent does acting as a caregiver disrupt your life?	A great deal	13%	11%	13%	14%	12%	13%	8%	17%
	A fair amount	46%	49%	45%	39%	43%	51%	48%	58%
	Not very much	28%	30%	27%	28%	29%	26%	32%	19%
	Not at all	13%	9%	14%	18%	14%	10%	12%	6%
	Don't Know / Prefer not to answer	1%	1%	1%	2%	2%	0%	0%	0%
	Total	700	188	512	148	225	141	106	78
Do you get to connect with other caregivers on a regular	Yes I do	36%	40%	35%	45%	40%	31%	33%	22%
basis?	No I do not	63%	60%	64%	54%	59%	68%	67%	78%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AG	E				
		L	CATEG	ORIES		EDUCATI	ON LEVEL	-
		Overall	Under 40	40 or older	High School or less	Some college, no degree		Advance d degree
UNWEIGHTED COUNT	Unweighted count	700		325	134	256		68
Are you the only person responsible for their care, or do you share the responsibility with others (not counting	I am the only person responsible	45%	46%	44%	56%	48%	38%	34%
medical personnel)?	Share with other friends or family members	51%	51%	50%	40%	46%	59%	60%
	Share with paid home caregivers	4%	3%	6%	4%	5%	3%	6%
	Don't Know / Prefer not to answer	%	1%	0%	1%	%	0%	0%
	Total	700	373	325	134	256	242	68
Are you the person most responsible for their care, or not?	Yes I am the primary caregiver	74%	74%	74%	79%	74%	69%	84%
	No I am not	24%	23%	25%	17%	24%	29%	13%
	Don't Know / Prefer not to answer	2%	4%	1%	3%	2%	2%	2%
	Total	384	199	183	58	131	150	45
Would you say that you could take a break from providing	Yes, whenever I need it	14%	15%	13%	22%	12%	13%	12%
or coordinating care if you needed one?	Yes, most of the time	19%	21%	18%	16%	18%	22%	21%
	Yes, but only some of the time	39%	36%	42%	29%	38%	43%	47%
	Rarely or never	27%	28%	26%	34%	31%	22%	21%
	Don't Know / Prefer not to answer	%	1%	%	0%	1%	0%	0%
	Total	700	373	325	134	256	242	68
To what extent does acting as a caregiver disrupt your life?	A great deal	13%	13%	12%	10%	13%	12%	16%
	A fair amount	46%	41%	52%	35%	44%	53%	50%
	Not very much	28%	29%	26%	23%	31%	26%	29%
	Not at all	13%	16%	10%	31%	11%	7%	4%
	Don't Know / Prefer not to answer	1%	2%	0%	1%	2%	1%	0%
	Total	700	373	325	134	256	242	68
Do you get to connect with other caregivers on a regular	Yes I do	36%	42%	30%	37%	38%	33%	37%
basis?	No I do not	63%	57%	70%	63%	61%	65%	63%
	Don't know / Prefer not to answer	1%	1%	%	1%	1%	1%	0%
	Total	700	373	325	134	256	242	68



		OVERAL L	н	OUSEHOI	_D INCOM	F	RA	CE
		Overall	< \$50k	\$50k to	\$75k to less than \$100k	\$100k +	White / Caucasia n	
UNWEIGHTED COUNT	Unweighted count	700	259	139	125	150	562	132
Are you the only person responsible for their care, or do you share the responsibility with others (not counting	I am the only person responsible	45%	54%	45%	42%	33%	45%	46%
medical personnel)?	Share with other friends or family members	51%	42%	49%	54%	64%	50%	52%
	Share with paid home caregivers	4%	4%	6%	2%	3%	5%	2%
	Don't Know / Prefer not to answer	%	0%	1%	1%	0%	%	0%
	Total	700	259	139	125	150	562	132
Are you the person most responsible for their care, or not?	Yes I am the primary caregiver	74%	78%	87%	65%	69%	75%	75%
	No I am not	24%	20%	11%	34%	30%	23%	24%
	Don't Know / Prefer not to answer	2%	3%	3%	1%	1%	2%	1%
	Total	384	120	76	71	101	307	71
Would you say that you could take a break from providing	Yes, whenever I need it	14%	15%	17%	10%	15%	13%	17%
or coordinating care if you needed one?	Yes, most of the time	19%	18%	27%	18%	16%	19%	22%
	Yes, but only some of the time	39%	32%	36%	46%	47%	39%	40%
	Rarely or never	27%	35%	19%	25%	23%	29%	21%
	Don't Know / Prefer not to answer	%	%	1%	1%	0%	1%	0%
	Total	700	259	139	125	150	562	132
To what extent does acting as a caregiver disrupt your life?	A great deal	13%	10%	13%	14%	15%	13%	11%
	A fair amount	46%	39%	45%	54%	54%	48%	40%
	Not very much	28%	32%	27%	21%	24%	26%	31%
	Not at all	13%	17%	14%	10%	7%	12%	18%
	Don't Know / Prefer not to answer	1%	1%	1%	1%	1%	1%	0%
	Total	700	259	139	125	150	562	132
Do you get to connect with other caregivers on a regular	Yes I do	36%	36%	40%	38%	36%	34%	45%
basis?	No I do not	63%	64%	59%	62%	63%	66%	52%
	Don't know / Prefer not to answer	1%	1%	1%	0%	1%	1%	2%
	Total	700	259	139	125	150	562	132



		OVERAL								
		L			REGIONS			EN	MPLOYME	NT
		Overall	Western MA	Central MA	Southeas t MA	Outer Boston Suburbs	Boston / Inner Suburbs	Full-time	Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700				238				
Are you the only person responsible for their care, or do you share the responsibility with others (not counting	I am the only person responsible	45%								
medical personnel)?	Share with other friends or family members	51%	51%	49%	42%	50%	58%	55%	55%	39%
	Share with paid home caregivers	4%	4%	6%	4%	4%	4%	3%	5%	5%
	Don't Know / Prefer not to answer	%	0%	0%	0%	1%	0%	%	0%	1%
	Total	700	100	113	101	238	145	355	156	177
Are you the person most responsible for their care, or not?	Yes I am the primary caregiver	74%	69%	76%	78%	76%	71%	75%	70%	77%
	No I am not	24%	29%	23%	20%	21%	28%	23%	28%	21%
	Don't Know / Prefer not to answer	2%	2%	2%	2%	3%	1%	2%	2%	3%
	Total	384	55	62	46	129	90	207	94	77
Would you say that you could take a break from providing	Yes, whenever I need it	14%	17%	12%	10%	16%	14%	14%	15%	13%
or coordinating care if you needed one?	Yes, most of the time	19%	19%	17%	20%	21%	19%	22%	16%	17%
	Yes, but only some of the time	39%	41%	36%	42%	37%	40%	38%	40%	38%
	Rarely or never	27%	23%	35%	29%	26%	26%	25%	28%	32%
	Don't Know / Prefer not to answer	%	0%	1%	0%	%	1%	%	1%	1%
	Total	700	100	113	101	238	145	355	156	177
To what extent does acting as a caregiver disrupt your life?	A great deal	13%	11%	12%	15%	12%	13%	12%	12%	14%
	A fair amount	46%	46%	43%	46%	45%	50%	54%	36%	40%
	Not very much	28%	24%	27%	26%	30%	28%	23%	35%	31%
	Not at all	13%	18%	17%	12%	11%	8%	9%	17%	16%
	Don't Know / Prefer not to answer	1%	1%	1%	2%	1%	1%	1%	1%	1%
	Total	700	100	113	101	238	145	355	156	177
Do you get to connect with other caregivers on a regular	Yes I do	36%	40%	39%	33%	35%	34%	41%	37%	25%
basis?	No I do not	63%	59%	59%	66%	65%	65%	58%	62%	75%
	Don't know / Prefer not to answer	1%	1%	2%	1%	%	1%	1%	1%	1%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL L	SHARE	_		-	_
			WITH O	IHERS?	Most	JAREGIVE	K?
		Overall	Na	V	significan		Moderate
UNWEIGHTED COUNT	Il lavorialita di accost	Overall	No	Yes	t	Not most 247 35% 61% 61% 61% 61% 61% 61% 61% 61% 61% 61	-
	Unweighted count	700	314	384 0%	282 60%		
Are you the only person responsible for their care, or do you share the responsibility with others (not counting	I am the only person responsible	45%	100%				
medical personnel)?	Share with other friends or family members	51%	0%	92%	37%	61%	59%
	Share with paid home caregivers	4%	0%	8%	4%	4%	6%
	Don't Know / Prefer not to answer	%	0%	0%	0%	0%	1%
	Total	700	314	384	282	247	170
Are you the person most responsible for their care, or not?	Yes I am the primary caregiver	74%	0%	74%	89%	73%	60%
	No I am not	24%	0%	24%	11%	23%	40%
	Don't Know / Prefer not to answer	2%	0%	2%	0%	5%	0%
	Total	384	0	384	113	160	111
Would you say that you could take a break from providing	Yes, whenever I need it	14%	13%	15%	14%	14%	15%
or coordinating care if you needed one?	Yes, most of the time	19%	17%	21%	14%	22%	24%
	Yes, but only some of the time	39%	32%	45%	34%	41%	44%
	Rarely or never	27%	39%	18%	38%	22%	17%
	Don't Know / Prefer not to answer	%	0%	1%	1%	0%	1%
	Total	700	314	384	282	247	170
To what extent does acting as a caregiver disrupt your life?	A great deal	13%	16%	10%	20%	9%	6%
	A fair amount	46%	44%	48%	41%	56%	39%
	Not very much	28%	23%	32%	19%	24%	47%
	Not at all	13%	17%	9%	19%	10%	7%
	Don't Know / Prefer not to answer	1%	1%	1%	1%	1%	1%
	Total	700	314	384	282	247	170
Do you get to connect with other caregivers on a regular	Yes I do	36%	32%	40%	39%	39%	27%
basis?	No I do not	63%	68%	59%	61%	60%	73%
	Don't know / Prefer not to answer	1%	%	1%	1%	1%	0%
	Total	700	314	384	282	247	170



		OVERAL	CARE	CARE	CARE	CARE				
		L	FOR	FOR	FOR	FOR	HOURS	/ WEEK F	PROVIDIN	G CARE
										١
		Overall	Child	Parent	Other Relative	Someon e else	2 to 6	7 to 10	11 to 20	More than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124	95	320	137	101	142
Would you like to connect with other caregivers on a	Yes I would	39%	44%	44%			32%		_	
regular basis?	No I would not	41%	38%	34%			45%			
	Don't know / Prefer not to answer	21%	18%	23%			23%			
		2.70		2070		.070	2070	.070	2.70	1.070
	Total	448	211	160	75	62	223	88	58	79
How well do you think others understand the work you do	Very well	21%	22%	20%	21%	23%	15%	17%	29%	33%
as a caregiver?	Somewhat well	39%	39%	33%	44%	36%	38%	41%	40%	39%
	Not too well	31%	30%	36%	25%	32%	35%	34%	27%	20%
	Not at all	9%	8%	9%	10%	7%	10%	9%	5%	8%
	Don't Know / Prefer not to answer	1%	%	1%	0%	2%	2%	0%	0%	0%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Giving Medicine	Yes	88%	90%	87%	88%	85%	86%	86%	93%	92%
	No	11%	9%	12%	11%	14%	13%	13%	7%	8%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	1%	1%	0%	0%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Assisting with getting	Yes	66%	57%	77%	78%	74%	59%	74%	79%	67%
in and out of bed and chairs	No	32%	41%	22%	21%	25%	39%	25%	20%	30%
	Don't know / Prefer not to answer	2%	3%	1%	1%	1%	2%	1%	1%	3%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Dressing and	Yes	69%	77%	64%	63%	63%	63%	68%	73%	79%
undressing	No	30%	23%	34%	36%	36%	35%	31%	27%	21%
	Don't know / Prefer not to answer	1%	1%	2%	1%	1%	2%	1%	0%	0%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Feeding	Yes	65%	74%	59%	66%	54%	59%	65%	71%	73%
	No	35%	26%	40%	33%	45%	40%	34%	29%	27%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	1%	1%	0%	0%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL	GEN	IDER		AGE	CATEGO	DIEC	
		_	GLIV	IDLK		AGL	CATEGO	VILO	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
Would you like to connect with other caregivers on a	Yes I would	39%	44%	37%	43%	39%	48%	28%	31%
regular basis?	No I would not	41%	39%	41%	41%	47%	27%	44%	44%
	Don't know / Prefer not to answer	21%	17%	22%	16%	14%	25%	28%	25%
	Total	448	113	335	82	135	97	71	61
How well do you think others understand the work you do	Very well	21%	20%	21%	23%	25%	18%	20%	14%
as a caregiver?	Somewhat well	39%	47%	36%	43%	38%	38%	37%	40%
	Not too well	31%	27%	32%	28%	29%	33%	35%	31%
	Not at all	9%	5%	10%	4%	8%	11%	8%	15%
	Don't Know / Prefer not to answer	1%	1%	1%	2%	%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Giving Medicine	Yes	88%	90%	87%	85%	90%	89%	87%	88%
	No	11%	9%	12%	15%	9%	11%	13%	10%
	Don't know / Prefer not to answer	1%	1%	%	0%	1%	0%	0%	1%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Assisting with getting	Yes	66%	77%	63%	76%	62%	65%	62%	71%
in and out of bed and chairs	No	32%	21%	36%	23%	35%	35%	36%	28%
	Don't know / Prefer not to answer	2%	2%	2%	1%	3%	0%	2%	1%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Dressing and	Yes	69%	64%	70%	78%	78%	65%	54%	54%
undressing	No	30%	34%	29%	22%	20%	35%	45%	45%
	Don't know / Prefer not to answer	1%	2%	1%	1%	2%	0%	1%	1%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Feeding	Yes	65%	73%	62%	76%	73%	60%	50%	47%
	No	35%	26%	38%	24%	25%	40%	50%	51%
	Don't know / Prefer not to answer	1%	1%	%	0%	1%	0%	0%	1%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AG	SE.				
		L	CATEG			EDUCATION	ON LEVEL	_
				40 or	High School or	Some college, no		Advance
			Under 40	older	less	degree	,	d degree
UNWEIGHTED COUNT	Unweighted count	700		325	134	256	242	68
Would you like to connect with other caregivers on a	Yes I would	39%		38%	33%	38%	37%	56%
regular basis?	No I would not	41%		37%	53%	39%	40%	26%
	Don't know / Prefer not to answer	21%	15%	26%	14%	23%	22%	19%
	Total	448	217	229	85	159	161	43
How well do you think others understand the work you do	Very well	21%	24%	18%	29%	20%	18%	21%
as a caregiver?	Somewhat well	39%	40%	38%	37%	38%	39%	44%
	Not too well	31%	29%	33%	25%	34%	31%	25%
	Not at all	9%	6%	11%	7%	7%	11%	10%
	Don't Know / Prefer not to answer	1%	1%	%	1%	1%	1%	0%
	Total	700	373	325	134	256	242	68
PERFORMED IN LAST 6 MONTHS: Giving Medicine	Yes	88%	88%	88%	86%	92%	86%	85%
	No	11%	11%	11%	13%	7%	14%	15%
	Don't know / Prefer not to answer	1%	1%	%	1%	1%	%	0%
	Total	700	373	325	134	256	242	68
PERFORMED IN LAST 6 MONTHS: Assisting with getting	Yes	66%	67%	66%	63%	65%	69%	69%
in and out of bed and chairs	No	32%	30%	34%	36%	33%	29%	31%
	Don't know / Prefer not to answer	2%	2%	1%	1%	2%	2%	0%
	Total	700	373	325	134	256	242	68
PERFORMED IN LAST 6 MONTHS: Dressing and	Yes	69%	78%	58%	68%	68%	69%	71%
undressing	No	30%	21%	41%	30%	31%	30%	29%
	Don't know / Prefer not to answer	1%	1%	1%	2%	1%	1%	0%
	Total	700	373	325	134	256	242	68
PERFORMED IN LAST 6 MONTHS: Feeding	Yes	65%	75%	54%	63%	66%	66%	60%
_	No	35%	25%	46%	36%	33%	34%	40%
	Don't know / Prefer not to answer	1%	1%	%	1%	1%	%	0%
	Total	700	373	325	134	256	242	68



		OVERAL						
		L	Н	OUSEHO	D INCOM	E	RA	CE
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139	125	150	562	132
Would you like to connect with other caregivers on a	Yes I would	39%	34%	43%	36%	52%	40%	36%
regular basis?	No I would not	41%	49%	36%	44%	27%	41%	42%
	Don't know / Prefer not to answer	21%	18%	21%	21%	21%	20%	22%
	Total	448	167	84	78	96	372	72
How well do you think others understand the work you do	Very well	21%	25%	19%	21%	16%	20%	24%
as a caregiver?	Somewhat well	39%	34%	47%	36%	44%	38%	41%
	Not too well	31%	30%	28%	32%	32%	32%	27%
	Not at all	9%	10%	5%	11%	8%	9%	8%
	Don't Know / Prefer not to answer	1%	1%	1%	0%	0%	1%	1%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Giving Medicine	Yes	88%	87%	90%	89%	89%	88%	88%
	No	11%	12%	9%	11%	11%	12%	10%
	Don't know / Prefer not to answer	1%	1%	1%	0%	1%	%	2%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Assisting with getting	Yes	66%	61%	71%	70%	71%	66%	67%
in and out of bed and chairs	No	32%	37%	27%	30%	28%	32%	30%
	Don't know / Prefer not to answer	2%	2%	2%	1%	1%	1%	3%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Dressing and	Yes	69%	68%	75%	72%	63%	68%	73%
undressing	No	30%	31%	24%	28%	35%	31%	24%
	Don't know / Prefer not to answer	1%	1%	1%	0%	1%	1%	2%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Feeding	Yes	65%	64%	71%	69%	59%	63%	71%
	No	35%	35%	29%	31%	41%	37%	27%
	Don't know / Prefer not to answer	1%	1%	1%	0%	1%	%	2%
	Total	700	259	139	125	150	562	132



		OVERAL			REGIONS			EN	//PLOYME	NIT
					REGIONS			LIV	//FLOTIVIL	
		Overall	Western MA	Central MA	Southeas t MA	Outer Boston Suburbs	Boston / Inner Suburbs	Full-time	Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700	100	113	101	238	145	355	156	177
Would you like to connect with other caregivers on a	Yes I would	39%	38%	38%	41%	38%	39%	42%	47%	28%
regular basis?	No I would not	41%	40%	43%	37%	39%	45%	41%	32%	45%
	Don't know / Prefer not to answer	21%	22%	19%	22%	23%	16%	17%	20%	27%
	Total	448	60	69	68	155	95	209	99	133
How well do you think others understand the work you do	Very well	21%	22%	19%	24%	24%	14%	24%	16%	20%
as a caregiver?	Somewhat well	39%	39%	42%	39%	34%	45%	37%	47%	34%
	Not too well	31%	29%	28%	30%	33%	30%	30%	30%	33%
	Not at all	9%	9%	8%	8%	8%	10%	8%	6%	11%
	Don't Know / Prefer not to answer	1%	1%	2%	0%	1%	0%	1%	1%	1%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Giving Medicine	Yes	88%	91%	88%	92%	87%	86%	90%	85%	88%
	No	11%	8%	12%	8%	11%	14%	9%	15%	12%
	Don't know / Prefer not to answer	1%	1%	0%	0%	1%	0%	1%	0%	1%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Assisting with getting	Yes	66%	68%	65%	66%	63%	72%	70%	66%	61%
in and out of bed and chairs	No	32%	30%	35%	32%	34%	27%	28%	31%	38%
	Don't know / Prefer not to answer	2%	2%	0%	2%	3%	1%	1%	3%	1%
	Total	700	100	113		238				
PERFORMED IN LAST 6 MONTHS: Dressing and	Yes	69%	73%	71%	68%	67%		72%		62%
undressing	No	30%	26%	28%	32%	32%		27%		37%
	Don't know / Prefer not to answer	1%	1%	1%	0%	2%	1%	1%	1%	1%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Feeding	Yes	65%	66%	64%	63%	63%	70%	68%	67%	55%
	No	35%	33%	36%	37%	36%	30%	32%	33%	44%
	Don't know / Prefer not to answer	1%	1%	0%	0%	1%	0%	1%	0%	1%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL		_		GNIFICAN	
		L	WITH O	HERS?	A	CAREGIVE I	:K?
					Most significan		Moderate
LIAMATIONITED COUNT	It to an electrical and a count	Overall	No	Yes	t		ly / minor
UNWEIGHTED COUNT	Unweighted count	700	314	384			170
Would you like to connect with other caregivers on a regular basis?	Yes I would	39%	41%	36%			
regular basis:	No I would not Don't know / Prefer not to answer	41%	43%	38%	39%		
	Don't know / Prefer not to answer	21%	15%	26%	17%	23%	23%
	Total	448	215	231	173	150	124
How well do you think others understand the work you do	Very well	21%	24%	19%	26%	19%	15%
as a caregiver?	Somewhat well	39%	34%	43%	38%	41%	38%
	Not too well	31%	31%	31%	25%	31%	40%
	Not at all	9%	11%	7%	11%	8%	6%
	Don't Know / Prefer not to answer	1%	%	1%	%	1%	1%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Giving Medicine	Yes	88%	89%	88%	89%	91%	82%
	No	11%	11%	11%	11%		17%
	Don't know / Prefer not to answer	1%	1%	1%	%	1%	1%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Assisting with getting	Yes	66%	62%	70%	67%	67%	65%
in and out of bed and chairs	No	32%	36%	28%	32%	31%	33%
	Don't know / Prefer not to answer	2%	1%	2%	1%	2%	2%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Dressing and	Yes	69%	68%	69%	77%	70%	53%
undressing	No	30%	31%	30%	23%	28%	45%
	Don't know / Prefer not to answer	1%	1%	1%	%	1%	2%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Feeding	Yes	65%	66%	65%	72%	63%	56%
	No	35%	34%	35%	28%	36%	43%
	Don't know / Prefer not to answer	1%	1%	1%	%	1%	1%
	Total	700	314	384	282	247	170



		OVERAL	CARE FOR	CARE FOR	CARE FOR	CARE FOR	HOURS	/ WEEK F	PROVIDING	G CARE
			1 011	1 011	1 011	1 011	HOOKS	T VVELICI	KOVIDIN	O CAIRL
					Other	Someon				More
		Overall	Child	Parent	Relative	e else	2 to 6	7 to 10	11 to 20	than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124		320		101	142
PERFORMED IN LAST 6 MONTHS: Bathing	Yes	59%	74%	48%	46%	49%	51%	55%	61%	77%
	No	40%	25%	49%	53%	49%	47%	44%	39%	23%
	Don't know / Prefer not to answer	1%	1%	2%	1%	1%	2%	1%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Toileting	Yes	49%	57%	45%	45%	35%	41%	47%	55%	61%
	No	49%	41%	52%	53%	64%	57%	50%	45%	36%
	Don't know / Prefer not to answer	2%	2%	3%	2%	1%	2%	2%	0%	3%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Attending to wounds	Yes	59%	65%	59%	52%	56%	54%	55%	60%	70%
	No	40%	34%	40%	47%	42%	44%	43%	40%	29%
	Don't know / Prefer not to answer	1%	1%	1%	1%	2%	2%	1%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Dealing with	Yes	43%	49%	43%	38%	31%	36%	42%	50%	58%
incontinence or diapers	No	55%	50%	55%	60%	68%	63%	56%	50%	42%
	Don't know / Prefer not to answer	1%	1%	2%	2%	1%	2%	2%	1%	0%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Transportation	Yes	88%	90%	90%	85%	78%	88%	85%	91%	87%
	No	12%	10%	9%	14%	22%	11%	15%	9%	13%
	Don't know / Prefer not to answer	%	%	1%	1%	0%	1%	0%	0%	0%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Managing finances	Yes	70%	69%	77%	64%	73%	66%	71%	79%	72%
	No	28%	29%	22%	35%	27%	32%	29%	21%	26%
	Don't know / Prefer not to answer	1%	2%	2%	1%	0%	2%	0%	0%	2%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL L	GEN	IDER		AGF	CATEGO	RIFS	
			32.			7.02	0,11200	0	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Bathing	Yes	59%	57%	59%	68%	75%	53%	42%	28%
	No	40%	41%	40%	30%	24%	45%	58%	71%
	Don't know / Prefer not to answer	1%	2%	1%	1%	1%	1%	0%	1%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Toileting	Yes	49%	47%	49%	55%	60%	44%	32%	32%
	No	49%	50%	49%	43%	36%	55%	68%	67%
	Don't know / Prefer not to answer	2%	3%	2%	3%	4%	1%	0%	1%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Attending to wounds	Yes	59%	65%	56%	68%	67%	54%	51%	36%
	No	40%	34%	43%	31%	31%	45%	49%	63%
	Don't know / Prefer not to answer	1%	2%	1%	1%	2%	1%	0%	1%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Dealing with	Yes	43%	40%	45%	51%	49%	36%	35%	36%
incontinence or diapers	No	55%	59%	54%	48%	49%	62%	65%	63%
	Don't know / Prefer not to answer	1%	2%	1%	1%	2%	1%	0%	1%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Transportation	Yes	88%	88%	88%	85%	88%	91%	88%	88%
	No	12%	12%	12%	15%	12%	9%	12%	12%
	Don't know / Prefer not to answer	%	0%	%	0%	1%	0%	0%	0%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Managing finances	Yes	70%	72%	70%	60%	70%	67%	75%	87%
	No	28%	27%	29%	36%	28%	33%	24%	13%
	Don't know / Prefer not to answer	1%	1%	2%	3%	2%	0%	1%	0%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AG	SE .				
		L	CATEG			EDUCATION	ON LEVEL	
						Some		
					High	college,	College	
		_ "			School or	no	graduate	
I NIME COUTED COUNT	Internal advantage and	Overall	Under 40	older	less	degree	(BA/BS)	d degree
UNWEIGHTED COUNT	Unweighted count	700	373	325		256		68
PERFORMED IN LAST 6 MONTHS: Bathing	Yes	59%	72%	43%	63%	61%	55%	57%
	No	40%	26%	56%	35%	38%	44%	43%
	Don't know / Prefer not to answer	1%	1%	1%	2%	1%	1%	0%
	Total	700	373	325	134	256		68
PERFORMED IN LAST 6 MONTHS: Toileting	Yes	49%	58%	37%	49%	49%	47%	53%
	No	49%	39%	62%	46%	50%	52%	46%
	Don't know / Prefer not to answer	2%	3%	1%	4%	1%	2%	1%
	Total	700	373	325	134	256	242	68
PERFORMED IN LAST 6 MONTHS: Attending to wounds	Yes	59%	67%	49%	67%	56%	60%	49%
	No	40%	31%	50%	32%	42%	39%	51%
	Don't know / Prefer not to answer	1%	2%	1%	1%	2%	1%	0%
	Total	700	373	325	134	256	242	68
PERFORMED IN LAST 6 MONTHS: Dealing with	Yes	43%	50%	36%	39%	46%	44%	43%
incontinence or diapers	No	55%	49%	63%	59%	52%	56%	57%
	Don't know / Prefer not to answer	1%	2%	1%	2%	2%	%	0%
	Total	700	373	325	134	256	242	68
PERFORMED IN LAST 6 MONTHS: Transportation	Yes	88%	87%	89%	82%	88%	89%	94%
	No	12%	13%	11%	17%	12%	11%	6%
	Don't know / Prefer not to answer	%	1%	0%	1%	%	0%	0%
	Total	700	373	325	134	256	242	68
PERFORMED IN LAST 6 MONTHS: Managing finances	Yes	70%	66%	75%	63%	70%	71%	79%
	No	28%	31%	25%	33%	30%	27%	21%
	Don't know / Prefer not to answer	1%	2%	%	4%	%	2%	0%
	Total	700	373	325	134	256	242	68



		OVERAL						
		L	Н	OUSEHO	_D INCOM	E	RA	CE
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139	125		562	132
PERFORMED IN LAST 6 MONTHS: Bathing	Yes	59%	59%	63%	61%	54%	58%	65%
	No	40%	39%	36%	38%	45%	42%	32%
	Don't know / Prefer not to answer	1%	2%	1%	1%	1%	1%	3%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Toileting	Yes	49%	48%	47%	51%	49%	48%	52%
	No	49%	49%	51%	48%	49%	51%	44%
	Don't know / Prefer not to answer	2%	3%	2%	1%	1%	2%	4%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Attending to wounds	Yes	59%	61%	64%	55%	55%	57%	64%
	No	40%	37%	35%	45%	43%	42%	33%
	Don't know / Prefer not to answer	1%	2%	1%	0%	2%	1%	3%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Dealing with	Yes	43%	40%	49%	47%	40%	44%	40%
incontinence or diapers	No	55%	59%	50%	53%	59%	55%	56%
	Don't know / Prefer not to answer	1%	2%	1%	0%	1%	1%	4%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Transportation	Yes	88%	84%	89%	92%	90%	89%	85%
	No	12%	15%	11%	8%	10%	11%	14%
	Don't know / Prefer not to answer	%	%	0%	0%	0%	%	1%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Managing finances	Yes	70%	69%	75%	70%	71%	72%	67%
	No	28%	30%	23%	30%	29%	27%	31%
	Don't know / Prefer not to answer	1%	2%	2%	0%	1%	1%	2%
	Total	700	259	139	125	150	562	132



		OVERAL			DECIONO				ADL OVAE	NIT
		L		I	REGIONS		I	EN	//PLOYME	NI
		Overall	Western MA	Central MA	Southeas t MA	Outer Boston Suburbs	Boston / Inner Suburbs	Full-time	Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Bathing	Yes	59%	66%	63%	61%	53%	57%	61%	59%	55%
	No	40%	33%	37%	39%	45%	41%	38%	40%	44%
	Don't know / Prefer not to answer	1%	1%	0%	0%	2%	2%	1%	1%	1%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Toileting	Yes	49%	55%	47%	55%	46%	43%	50%	52%	42%
	No	49%	44%	51%	43%	52%	54%	48%	46%	57%
	Don't know / Prefer not to answer	2%	1%	2%	2%	2%	3%	2%	3%	1%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Attending to wounds	Yes	59%	68%	60%	61%	57%	52%	63%	54%	55%
	No	40%	30%	39%	38%	42%	47%	36%	44%	45%
	Don't know / Prefer not to answer	1%	2%	1%	1%	2%	1%	1%	2%	1%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Dealing with	Yes	43%	50%	48%	50%	39%	37%	46%	46%	37%
incontinence or diapers	No	55%	49%	50%	50%	60%	61%	53%	53%	62%
	Don't know / Prefer not to answer	1%	1%	3%	0%	1%	1%	1%	1%	1%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Transportation	Yes	88%	93%	88%	91%	87%	84%	90%	87%	85%
	No	12%	7%	12%	9%	13%	16%	10%	13%	15%
	Don't know / Prefer not to answer	%	0%	1%	0%	%	0%	0%	0%	1%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Managing finances	Yes	70%	74%	71%	70%	71%	65%	74%	60%	73%
	No	28%	25%	28%	30%	26%	34%	25%	38%	25%
	Don't know / Prefer not to answer	1%	1%	1%	0%	3%	1%	1%	1%	2%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL	SHARE			GNIFICAN	
		L	WITH O	THERS?	Α (CAREGIVE	R?
		Overall	No	Yes	Most significan t		Moderate
UNWEIGHTED COUNT	Unweighted count	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Bathing	Yes	59%	65%	54%	73%	57%	37%
_	No	40%	34%	45%	27%	42%	60%
	Don't know / Prefer not to answer	1%	1%	1%	%	1%	3%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Toileting	Yes	49%	51%	47%	58%	45%	38%
	No	49%	47%	51%	40%	53%	59%
	Don't know / Prefer not to answer	2%	2%	2%	2%	2%	2%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Attending to wounds	Yes	59%	61%	57%	63%	65%	41%
	No	40%	38%	42%	36%	34%	57%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	2%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Dealing with	Yes	43%	46%	42%	52%	38%	36%
incontinence or diapers	No	55%	53%	57%	46%	61%	62%
	Don't know / Prefer not to answer	1%	2%	1%	1%	1%	2%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Transportation	Yes	88%	88%	88%	91%	88%	82%
	No	12%	11%	12%	9%	12%	17%
	Don't know / Prefer not to answer	%	1%	0%	0%	%	1%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Managing finances	Yes	70%	76%	66%	76%	71%	61%
	No	28%	22%	34%	23%	28%	38%
	Don't know / Prefer not to answer	1%	2%	1%	1%	2%	2%
	Total	700	314	384	282	247	170



		OVERAL L	CARE FOR	CARE FOR	CARE FOR	CARE FOR	HOURS	/ WEEK F	ROVIDING	G CARE
		Overall	Child	Parent	Other Relative	Someon e else	2 to 6	7 to 10	11 to 20	More than 20
UNWEIGHTED COUNT	Unweighted count	700			124		320		101	142
PERFORMED IN LAST 6 MONTHS: Arranging paid	Yes	57%	56%	62%	59%		53%		70%	61%
services	No	40%	41%	35%	38%	41%	45%	42%	28%	36%
	Don't know / Prefer not to answer	3%	3%	3%	3%	4%	3%	2%	2%	4%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Working with	Yes	70%	72%	73%	65%	67%	68%	65%	75%	76%
insurance or Medicare	No	29%	27%	26%	34%	32%	31%	35%	25%	23%
	Don't know / Prefer not to answer	1%	1%	1%	2%	1%	2%	0%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Communicating with	Yes	87%	85%	90%	88%	85%	88%	85%	89%	85%
health care providers	No	12%	14%	9%	11%	14%	11%	15%	11%	14%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	2%	0%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Grocery shopping	Yes	90%	91%	88%	91%	89%	89%	91%	93%	89%
	No	10%	9%	11%	8%	9%	10%	9%	7%	11%
	Don't know / Prefer not to answer	%	%	1%	1%	1%	1%	0%	0%	0%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Housework	Yes	87%	87%	84%	91%	89%	86%	85%	89%	90%
	No	13%	12%	15%	8%	11%	14%	15%	11%	9%
	Don't know / Prefer not to answer	%	1%	%	1%	0%	%	0%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Preparing meals	Yes	87%	91%	83%	84%	87%	87%	83%	91%	90%
	No	12%	8%	17%	15%	13%	13%	17%	9%	9%
	Don't know / Prefer not to answer	%	1%	%	1%	0%	%	0%	0%	1%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL	GEN	DER		AGE	CATEGO	RIES	
			GLIV	DER		AGE	OKILOO	(ILO	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Arranging paid	Yes	57%	64%	55%	57%	57%	57%	54%	68%
services	No	40%	32%	43%	41%	40%	41%	43%	31%
	Don't know / Prefer not to answer	3%	3%	2%	3%	3%	2%	3%	1%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Working with	Yes	70%	70%	70%	62%	72%	70%	70%	78%
insurance or Medicare	No	29%	29%	29%	36%	26%	30%	30%	22%
	Don't know / Prefer not to answer	1%	2%	1%	2%	2%	0%	0%	0%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Communicating with	Yes	87%	87%	87%	80%	87%	87%	92%	94%
health care providers	No	12%	12%	13%	18%	12%	13%	8%	6%
	Don't know / Prefer not to answer	1%	1%	1%	3%	1%	0%	0%	0%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Grocery shopping	Yes	90%	91%	90%	86%	92%	87%	93%	92%
	No	10%	9%	10%	13%	7%	13%	7%	8%
	Don't know / Prefer not to answer	%	1%	%	1%	%	0%	0%	0%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Housework	Yes	87%	87%	87%	90%	88%	85%	86%	83%
	No	13%	13%	13%	9%	11%	15%	14%	17%
	Don't know / Prefer not to answer	%	0%	%	1%	%	0%	0%	0%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Preparing meals	Yes	87%	81%	90%	90%	91%	89%	83%	78%
	No	12%	19%	10%	9%	9%	11%	17%	22%
	Don't know / Prefer not to answer	%	0%	%	1%	%	0%	0%	0%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AC	SE .				
		L	CATEG	ORIES		EDUCATION	ON LEVEL	-
				40 or	High School or	Some college,	College graduate	A di canaa
		Overall	Under 40	older	less	no degree	(BA/BS)	d degree
UNWEIGHTED COUNT	Unweighted count	700		325		256		68
PERFORMED IN LAST 6 MONTHS: Arranging paid	Yes	57%		58%	44%	61%	59%	65%
services	No	40%	40%	39%	52%	36%	39%	34%
	Don't know / Prefer not to answer	3%	3%	2%	4%	2%	2%	1%
	Total	700		325	134	256		68
PERFORMED IN LAST 6 MONTHS: Working with	Yes	70%	68%	72%	63%	72%	69%	78%
insurance or Medicare	No	29%	30%	28%	34%	27%	30%	22%
	Don't know / Prefer not to answer	1%	2%	0%	2%	1%	1%	0%
	Total	700	373	325	134	256	242	68
PERFORMED IN LAST 6 MONTHS: Communicating with	Yes	87%	84%	90%	81%	88%	87%	94%
health care providers	No	12%	14%	10%	17%	11%	12%	6%
	Don't know / Prefer not to answer	1%	2%	0%	1%	1%	1%	0%
	Total	700	373	325	134	256	242	68
PERFORMED IN LAST 6 MONTHS: Grocery shopping	Yes	90%	90%	90%	88%	90%	90%	96%
	No	10%	9%	10%	11%	9%	10%	4%
	Don't know / Prefer not to answer	%	1%	0%	1%	1%	0%	0%
	Total	700	373	325	134	256	242	68
PERFORMED IN LAST 6 MONTHS: Housework	Yes	87%	89%	85%	91%	85%	88%	82%
	No	13%	10%	15%	9%	14%	12%	18%
	Don't know / Prefer not to answer	%	1%	0%	0%	%	%	0%
	Total	700	373	325	134	256	242	68
PERFORMED IN LAST 6 MONTHS: Preparing meals	Yes	87%	90%	85%	88%	88%	88%	84%
	No	12%	9%	15%	12%	12%	12%	16%
	Don't know / Prefer not to answer	%	1%	0%	0%	%	%	0%
	Total	700	373	325	134	256	242	68



		OVERAL	Ц	IOUSEHOI	D INCOM		DΛ	.CE
			П	\$50k to	\$75k to		White /	CE
		Overall	< \$50k		less than \$100k	\$100k +	Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Arranging paid	Yes	57%	52%	64%	55%	66%	57%	61%
services	No	40%	44%	35%	44%	33%	41%	35%
	Don't know / Prefer not to answer	3%	4%	1%	1%	1%	2%	4%
	Total	700	259			150		132
PERFORMED IN LAST 6 MONTHS: Working with	Yes	70%	67%	77%	69%	73%	70%	70%
insurance or Medicare	No	29%	32%	22%	31%	27%	29%	27%
	Don't know / Prefer not to answer	1%	1%	1%	0%	1%	1%	2%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Communicating with	Yes	87%	85%	88%	87%	91%	88%	85%
health care providers	No	12%	14%	12%	12%	9%	12%	12%
	Don't know / Prefer not to answer	1%	1%	0%	1%	0%	%	3%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Grocery shopping	Yes	90%	90%	88%	94%	91%	90%	89%
	No	10%	9%	12%	6%	9%	10%	9%
	Don't know / Prefer not to answer	%	%	0%	1%	0%	0%	2%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Housework	Yes	87%	88%	89%	87%	85%	87%	87%
	No	13%	12%	11%	12%	15%	13%	11%
	Don't know / Prefer not to answer	%	%	0%	1%	0%	0%	2%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Preparing meals	Yes	87%	91%	88%	84%	85%	88%	87%
	No	12%	8%	12%	16%	15%	12%	12%
	Don't know / Prefer not to answer	%	1%	0%	0%	0%	%	1%
	Total	700	259	139	125	150	562	132



		OVERAL L			REGIONS			EN	MPLOYME	NT
		Overall	Western MA	Central MA	Southeas t MA	Outer	Boston / Inner Suburbs	Full-time	Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700	100	113	101	238				177
PERFORMED IN LAST 6 MONTHS: Arranging paid	Yes	57%	59%	57%	59%	57%	57%	65%	49%	53%
services	No	40%	39%	40%	39%	41%	39%	34%	47%	44%
	Don't know / Prefer not to answer	3%	2%	4%	2%	2%	4%	2%	4%	3%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Working with	Yes	70%	70%	70%	75%	68%	69%	74%	64%	67%
insurance or Medicare	No	29%	30%	28%	25%	30%	30%	25%	35%	31%
	Don't know / Prefer not to answer	1%	0%	2%	0%	2%	1%	1%	1%	2%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Communicating with	Yes	87%	88%	88%	91%	85%	86%	88%	83%	90%
health care providers	No	12%	12%	12%	9%	14%	12%	12%	17%	9%
	Don't know / Prefer not to answer	1%	0%	1%	0%	1%	1%	1%	1%	1%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Grocery shopping	Yes	90%	92%	89%	90%	90%	89%	90%	87%	93%
	No	10%	8%	11%	10%	9%	11%	10%	12%	7%
	Don't know / Prefer not to answer	%	0%	0%	0%	1%	0%	0%	1%	0%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Housework	Yes	87%	95%	88%	86%	85%	83%	88%	88%	85%
	No	13%	5%	12%	14%	14%	16%	12%	12%	15%
	Don't know / Prefer not to answer	%	0%	0%	0%	%	1%	%	0%	0%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Preparing meals	Yes	87%	90%	89%	93%	85%	84%	86%	89%	88%
	No	12%	10%	11%	7%	14%	16%	13%	11%	12%
	Don't know / Prefer not to answer	%	0%	0%	0%	1%	0%	%	0%	0%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL		-		GNIFICAN	_
		L	WITH O	THERS?	Α (CAREGIVE	R?
		Overall	No	Yes	Most significan t		Moderate
UNWEIGHTED COUNT	Unweighted count	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Arranging paid	Yes	57%	59%	57%	59%	60%	52%
services	No	40%	39%	40%	38%	39%	45%
	Don't know / Prefer not to answer	3%	2%	3%	3%	2%	3%
	Total	700	314	384		247	170
PERFORMED IN LAST 6 MONTHS: Working with	Yes	70%	74%	67%	76%		
insurance or Medicare	No	29%	25%	32%	24%		
	Don't know / Prefer not to answer	1%	1%	1%	%	1%	2%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Communicating with	Yes	87%	88%	86%	89%	87%	84%
health care providers	No	12%	11%	13%	11%	11%	15%
	Don't know / Prefer not to answer	1%	1%	1%	0%	2%	1%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Grocery shopping	Yes	90%	92%	89%	94%	90%	84%
	No	10%	8%	11%	6%	9%	16%
	Don't know / Prefer not to answer	%	%	1%	0%	1%	1%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Housework	Yes	87%	88%	87%	92%	87%	79%
	No	13%	12%	13%	8%	13%	21%
	Don't know / Prefer not to answer	%	1%	0%	0%	1%	0%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Preparing meals	Yes	87%	91%	85%	93%	88%	78%
	No	12%	9%	15%	7%	11%	22%
	Don't know / Prefer not to answer	%	%	%	%	%	0%
	Total	700	314	384	282	247	170



		OVERAL L	CARE FOR	CARE FOR	CARE FOR	CARE FOR	HOURS	/ WEEK F	PROVIDING	G CARE
								,		
		Overall	Child	Parent	Other Relative	Someon e else	2 to 6	7 to 10	11 to 20	More than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124		320	137	101	142
PERFORMED IN LAST 6 MONTHS: Tracking daily	Yes	74%	75%	77%	68%	72%	68%	71%	79%	85%
activities	No	25%	23%	21%	30%	26%	30%	28%	21%	13%
	Don't know / Prefer not to answer	2%	2%	2%	2%	2%	2%	1%	0%	3%
	Total	700	343	231	124	95	320	137	101	142
PERFORMED IN LAST 6 MONTHS: Companionship in	Yes	82%	80%	84%	88%	84%	80%	84%	86%	84%
social activity	No	17%	19%	15%	10%	16%	19%	15%	14%	15%
	Don't know / Prefer not to answer	1%	1%	1%	2%	0%	1%	1%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
How much of a role, if any, does technology such as apps,	A major role	30%	39%	26%	29%	21%	27%	32%	37%	29%
devices like smartphone or tablets, or computer programs	A minor role	43%	45%	42%	44%	35%	45%	39%	38%	47%
play for you in providing and coordinating care?	No role at all	27%	16%	32%	27%	44%	28%	29%	26%	23%
	Don't know / Prefer not to answer	%	0%	%	0%	0%	0%	0%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
HOW MUCH OF A BARRIER TO USING TECH: The	Major barrier	25%	27%	26%	23%	22%	26%	26%	30%	19%
options I know about are too expensive	Minor barrier	26%	27%	24%	32%	21%	22%	23%	33%	32%
	Not a barrier	36%	36%	35%	31%	42%	36%	38%	27%	39%
	Don't know / Prefer not to answer	14%	11%	16%	14%	15%	16%	13%	11%	11%
	Total	700	343	231	124	95	320	137	101	142
HOW MUCH OF A BARRIER TO USING TECH: There are	Major barrier	20%	18%	23%	26%	17%	19%	24%	20%	20%
too many different programs and devices to learn	Minor barrier	29%	35%	25%	31%	26%	29%	31%	36%	25%
	Not a barrier	41%	40%	41%	38%	44%	41%	35%	39%	49%
	Don't know / Prefer not to answer	9%	7%	11%	6%	13%	11%	9%	6%	6%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL L	GEN	IDER		AGE	CATEGO	RIES	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Tracking daily	Yes	74%	72%	74%	72%	73%	76%	73%	76%
activities	No	25%	26%	24%	24%	25%	24%	26%	24%
	Don't know / Prefer not to answer	2%	2%	2%	4%	2%	0%	1%	0%
	Total	700	188	512	148	225	141	106	78
PERFORMED IN LAST 6 MONTHS: Companionship in	Yes	82%	81%	83%	88%	77%	84%	84%	83%
social activity	No	17%	19%	16%	12%	20%	16%	16%	17%
	Don't know / Prefer not to answer	1%	1%	1%	0%	3%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78
How much of a role, if any, does technology such as apps,	A major role	30%	34%	29%	41%	35%	32%	13%	12%
devices like smartphone or tablets, or computer programs	A minor role	43%	46%	42%	44%	46%	41%	46%	32%
play for you in providing and coordinating care?	No role at all	27%	20%	29%	14%	19%	27%	41%	56%
	Don't know / Prefer not to answer	%	0%	%	1%	0%	0%	0%	0%
	Total	700	188	512	148	225	141	106	78
HOW MUCH OF A BARRIER TO USING TECH: The	Major barrier	25%	27%	24%	32%	24%	23%	19%	23%
options I know about are too expensive	Minor barrier	26%	27%	25%	30%	27%	23%	27%	19%
	Not a barrier	36%	37%	35%	30%	40%	33%	34%	41%
	Don't know / Prefer not to answer	14%	9%	16%	7%	9%	21%	20%	17%
	Total	700	188	512	148	225	141	106	78
HOW MUCH OF A BARRIER TO USING TECH: There are	Major barrier	20%	23%	20%	24%	17%	16%	25%	26%
too many different programs and devices to learn	Minor barrier	29%	33%	28%	35%	34%	26%	25%	18%
	Not a barrier	41%	38%	42%	35%	43%	46%	41%	40%
	Don't know / Prefer not to answer	9%	6%	10%	5%	6%	12%	9%	17%
	Total	700	188	512	148	225	141	106	78



		OVERAL						
		L	CATEG	ORIES		EDUCATION	ON LEVEL	
		Overall	Under 40	40 or older	High School or less	Some college, no degree		Advance d degree
UNWEIGHTED COUNT	Unweighted count	700		325	134	256	` ′	
PERFORMED IN LAST 6 MONTHS: Tracking daily	Yes	74%	73%	75%	70%	75%	73%	81%
activities	No	25%	24%	25%	28%	24%	25%	19%
	Don't know / Prefer not to answer	2%	3%	%	1%	1%	2%	0%
	Total	700	373	325	134	256	242	68
PERFORMED IN LAST 6 MONTHS: Companionship in	Yes	82%	82%	84%	78%	84%	83%	84%
social activity	No	17%	17%	16%	22%	15%	15%	16%
	Don't know / Prefer not to answer	1%	2%	%	1%	1%	1%	0%
	Total	700	373	325	134	256	242	68
How much of a role, if any, does technology such as apps,	A major role	30%	38%	21%	29%	29%	33%	21%
devices like smartphone or tablets, or computer programs	A minor role	43%	45%	41%	40%	46%	41%	46%
play for you in providing and coordinating care?	No role at all	27%	17%	38%	31%	25%	25%	34%
	Don't know / Prefer not to answer	%	%	0%	0%	%	0%	0%
	Total	700	373	325	134	256	242	68
HOW MUCH OF A BARRIER TO USING TECH: The	Major barrier	25%	28%	22%	33%	26%	24%	9%
options I know about are too expensive	Minor barrier	26%	28%	23%	29%	22%	28%	28%
	Not a barrier	36%	36%	35%	24%	35%	38%	50%
	Don't know / Prefer not to answer	14%	9%	19%	14%	17%	10%	13%
	Total	700	373	325	134	256	242	68
HOW MUCH OF A BARRIER TO USING TECH: There are	Major barrier	20%	20%	21%	25%	18%	22%	12%
too many different programs and devices to learn	Minor barrier	29%	34%	24%	23%	31%	31%	31%
	Not a barrier	41%	40%	43%	43%	39%	40%	50%
	Don't know / Prefer not to answer	9%	6%	12%	9%	11%	7%	7%
	Total	700	373	325	134	256	242	68



		OVERAL L		OUSEUOI	DINCOM	_	DA	CE
			П	OUSEHO	_D INCOM		KA	CE
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139	·	150	562	132
PERFORMED IN LAST 6 MONTHS: Tracking daily	Yes	74%	71%	83%	71%	73%	72%	81%
activities	No	25%	27%	14%	28%	26%	27%	15%
	Don't know / Prefer not to answer	2%	2%	2%	1%	1%	1%	4%
	Total	700	259	139	125	150	562	132
PERFORMED IN LAST 6 MONTHS: Companionship in	Yes	82%	83%	83%	80%	85%	84%	77%
social activity	No	17%	16%	16%	19%	14%	16%	20%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	1%	2%
	Total	700	259	139	125	150	562	132
How much of a role, if any, does technology such as apps,	A major role	30%	29%	28%	33%	31%	27%	41%
devices like smartphone or tablets, or computer programs	A minor role	43%	44%	47%	38%	43%	42%	45%
play for you in providing and coordinating care?	No role at all	27%	27%	25%	29%	25%	30%	14%
	Don't know / Prefer not to answer	%	%	0%	0%	0%	%	0%
	Total	700	259	139	125	150	562	132
HOW MUCH OF A BARRIER TO USING TECH: The	Major barrier	25%	27%	31%	25%	16%	24%	29%
options I know about are too expensive	Minor barrier	26%	26%	23%	24%	29%	25%	29%
	Not a barrier	36%	33%	35%	40%	39%	37%	31%
	Don't know / Prefer not to answer	14%	14%	11%	11%	16%	14%	11%
	Total	700	259	139	125	150	562	132
HOW MUCH OF A BARRIER TO USING TECH: There are	Major barrier	20%	20%	23%	22%	17%	22%	16%
too many different programs and devices to learn	Minor barrier	29%	28%	29%	36%	28%	28%	36%
	Not a barrier	41%	43%	40%	35%	45%	41%	42%
	Don't know / Prefer not to answer	9%	8%	9%	6%	10%	9%	7%
	Total	700	259	139	125	150	562	132



		OVERAL L			REGIONS			EN	MPLOYME	NT
		Overall	Western MA	Central MA	Southeas t MA	Outer Boston Suburbs	Boston / Inner Suburbs	Full-time	Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700	100	113	101	238				
PERFORMED IN LAST 6 MONTHS: Tracking daily	Yes	74%	75%	73%	82%	69%	75%	77%	70%	72%
activities	No	25%	24%	26%	18%	29%	22%	22%	29%	27%
	Don't know / Prefer not to answer	2%	1%	1%	0%	2%	3%	2%	1%	1%
	Total	700	100	113	101	238	145	355	156	177
PERFORMED IN LAST 6 MONTHS: Companionship in	Yes	82%	84%	83%	88%	79%	82%	83%	81%	82%
social activity	No	17%	16%	17%	12%	19%	16%	16%	19%	16%
	Don't know / Prefer not to answer	1%	0%	0%	0%	2%	2%	1%	0%	1%
	Total	700	100	113	101	238	145	355	156	177
	A major role	30%	24%	30%	34%	32%	28%	33%	27%	24%
devices like smartphone or tablets, or computer programs	A minor role	43%	51%	42%	40%	41%	45%	46%	44%	38%
play for you in providing and coordinating care?	No role at all	27%	24%	28%	27%	27%	28%	21%	28%	38%
	Don't know / Prefer not to answer	%	1%	0%	0%	0%	0%	0%	1%	0%
	Total	700	100	113	101	238	145	355	156	177
HOW MUCH OF A BARRIER TO USING TECH: The	Major barrier	25%	26%	29%	27%	23%	23%	23%	26%	27%
options I know about are too expensive	Minor barrier	26%	25%	27%	25%	26%	27%	26%	29%	23%
	Not a barrier	36%	37%	28%	38%	36%	37%	39%	33%	31%
	Don't know / Prefer not to answer	14%	12%	16%	11%	15%	13%	12%	12%	20%
	Total	700	100	113	101	238	145	355	156	177
HOW MUCH OF A BARRIER TO USING TECH: There are	Major barrier	20%	18%	18%	20%	21%	23%	19%	21%	23%
too many different programs and devices to learn	Minor barrier	29%	33%	33%	30%	27%	28%	30%	31%	29%
	Not a barrier	41%	43%	40%	42%	44%	38%	44%	40%	35%
	Don't know / Prefer not to answer	9%	6%	10%	9%	8%	10%	7%	8%	13%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL	SHARE	_		GNIFICAN	_
		L	WITH O	THERS?	Α (CAREGIVE	R?
		Overall	No	Yes	Most significan t		Moderate
UNWEIGHTED COUNT	Unweighted count	700	314	384	282		170
PERFORMED IN LAST 6 MONTHS: Tracking daily	Yes	74%	75%	73%	80%	74%	64%
activities	No	25%	24%	26%	19%	23%	36%
	Don't know / Prefer not to answer	2%	1%	2%	1%	3%	1%
	Total	700	314	384	282	247	170
PERFORMED IN LAST 6 MONTHS: Companionship in	Yes	82%	83%	82%	85%	84%	77%
social activity	No	17%	16%	17%	15%	15%	21%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	2%
	Total	700	314	384	282	247	170
How much of a role, if any, does technology such as apps,	A major role	30%	35%	26%	30%	34%	22%
devices like smartphone or tablets, or computer programs	A minor role	43%	38%	47%	45%	42%	41%
play for you in providing and coordinating care?	No role at all	27%	27%	27%	24%	23%	37%
	Don't know / Prefer not to answer	%	0%	%	0%	%	0%
	Total	700	314	384	282	247	170
HOW MUCH OF A BARRIER TO USING TECH: The	Major barrier	25%	30%	20%	27%	23%	24%
options I know about are too expensive	Minor barrier	26%	22%	29%	27%	28%	22%
	Not a barrier	36%	36%	36%	37%	35%	34%
	Don't know / Prefer not to answer	14%	12%	15%	10%	14%	19%
	Total	700	314	384	282	247	170
HOW MUCH OF A BARRIER TO USING TECH: There are	Major barrier	20%	21%	20%	23%	19%	19%
too many different programs and devices to learn	Minor barrier	29%	30%	29%	28%	32%	27%
	Not a barrier	41%	41%	42%	43%	40%	40%
	Don't know / Prefer not to answer	9%	8%	9%	6%	9%	14%
	Total	700	314	384	282	247	170



		OVERAL	CARE FOR	CARE FOR	CARE FOR	CARE FOR	HOURS	/ WEEK F	PROVIDING	3 CARE
			1 011	1 011	1 011	1 011	HOOKS	VELICI	KOVIDIIN	JOANE
			0	ъ.	Other	Someon	0.4.0	7. 40	444 00	More
I INIMEROLITED COLINIT	It to mediate at a count	Overall	Child	Parent	Relative	e else	2 to 6		11 to 20	than 20
UNWEIGHTED COUNT HOW MUCH OF A BARRIER TO USING TECH: Doing	Unweighted count	700	343 15%	231 13%	124	95 13%	320 15%	137 13%	101 14%	142 18%
things with paper and pencil is easier	Major barrier	15%			18%					
unings with paper and perion is easier	Minor barrier	24%	29%	20%	20%		23%		25%	25%
	Not a barrier	56%	50%	61%	59%		55%		58%	54%
	Don't know / Prefer not to answer	6%	6%	6%	3%	5%	8%	5%	3%	4%
	Total	700	343	231	124	95	320	137	101	142
HOW MUCH OF A BARRIER TO USING TECH: The	Major barrier	14%	13%	16%	18%	11%	14%	15%	15%	13%
programs and devices are too hard to learn and use	Minor barrier	27%	32%	24%	23%	21%	24%	25%	33%	34%
	Not a barrier	51%	49%	49%	55%	57%	53%	51%	48%	48%
	Don't know / Prefer not to answer	8%	7%	10%	4%	12%	10%	9%	5%	5%
	Total	700	343	231	124	95	320	137	101	142
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	26%	24%	30%	29%	21%	24%	30%	29%	23%
know which ones are best for the people I care for	Minor barrier	33%	35%	27%	36%	34%	35%	31%	35%	27%
	Not a barrier	34%	35%	33%	28%	34%	34%	28%	32%	42%
	Don't know / Prefer not to answer	8%	6%	10%	6%	12%	8%	10%	5%	8%
	Total	700	343	231	124	95	320	137	101	142
HOW MUCH OF A BARRIER TO USING TECH: Too	Major barrier	29%	29%	29%	35%	34%	26%	34%	35%	27%
many companies and doctors have their own programs	Minor barrier	29%	32%	25%	31%	18%	31%	24%	31%	26%
that don't work with each other	Not a barrier	32%	32%	31%	27%	34%	31%	30%	25%	39%
	Don't know / Prefer not to answer	11%	7%	16%	7%	15%	13%	12%	10%	8%
	Total	700	343	231	124	95	320	137	101	142
HOW MUCH OF A BARRIER TO USING TECH: I haven't	Major barrier	27%	24%	34%	32%	20%	28%	33%	30%	18%
found technology that addresses my specific needs	Minor barrier	29%	30%	26%	23%	31%	26%	28%	33%	35%
	Not a barrier	35%	38%	30%	38%	36%	36%	30%	32%	41%
	Don't know / Prefer not to answer	9%	8%	10%	7%	14%	11%	9%	6%	6%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL	GEN	IDER		AGE	CATEGO	RIFS	
			OLIN	DEIX		AGE	CATEGO	VILO	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
HOW MUCH OF A BARRIER TO USING TECH: Doing	Major barrier	15%	15%	15%	24%	12%	12%	10%	15%
things with paper and pencil is easier	Minor barrier	24%	26%	23%	30%	27%	23%	15%	17%
	Not a barrier	56%	55%	56%	39%	55%	60%	72%	59%
	Don't know / Prefer not to answer	6%	5%	6%	7%	6%	6%	3%	9%
	Total	700	188	512	148	225	141	106	78
HOW MUCH OF A BARRIER TO USING TECH: The	Major barrier	14%	15%	13%	14%	12%	11%	21%	18%
programs and devices are too hard to learn and use	Minor barrier	27%	35%	24%	28%	31%	26%	24%	23%
	Not a barrier	51%	44%	53%	54%	52%	50%	46%	47%
	Don't know / Prefer not to answer	8%	6%	9%	5%	6%	12%	9%	12%
	Total	700	188	512	148	225	141	106	78
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	26%	29%	24%	26%	24%	28%	26%	27%
know which ones are best for the people I care for	Minor barrier	33%	33%	32%	30%	37%	35%	25%	29%
	Not a barrier	34%	32%	35%	39%	33%	27%	40%	35%
	Don't know / Prefer not to answer	8%	6%	8%	5%	6%	11%	9%	9%
	Total	700	188	512	148	225	141	106	78
HOW MUCH OF A BARRIER TO USING TECH: Too	Major barrier	29%	29%	29%	28%	32%	28%	28%	24%
many companies and doctors have their own programs	Minor barrier	29%	32%	27%	28%	31%	30%	23%	28%
that don't work with each other	Not a barrier	32%	30%	32%	36%	31%	27%	36%	27%
	Don't know / Prefer not to answer	11%	9%	12%	7%	7%	16%	13%	21%
	Total	700	188	512	148	225	141	106	78
HOW MUCH OF A BARRIER TO USING TECH: I haven't	Major barrier	27%	25%	28%	21%	22%	33%	31%	38%
found technology that addresses my specific needs	Minor barrier	29%	31%	28%	33%	34%	23%	22%	26%
	Not a barrier	35%	37%	34%	37%	39%	31%	34%	27%
	Don't know / Prefer not to answer	9%	7%	10%	9%	5%	13%	13%	9%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AC	Ε				
		L	CATEG	ORIES		EDUCATION	ON LEVEL	
						Some		
					High	college,	College	
		0	Llandari 40		School or		graduate	
LINIMEIGUTED COUNT	Il lavosialita di savost	Overall	Under 40	older	less	degree	(BA/BS)	d degree
UNWEIGHTED COUNT	Unweighted count	700	373	325				68
HOW MUCH OF A BARRIER TO USING TECH: Doing things with paper and pencil is easier	Major barrier	15%	17%	12%			14%	15%
unings with paper and perion is easier	Minor barrier	24%	28%	19%	20%		25%	18%
	Not a barrier	56%	49%	63%	52%	55%	57%	60%
	Don't know / Prefer not to answer	6%	6%	6%	6%	7%	5%	7%
	Total	700	373	325	134	256	242	68
HOW MUCH OF A BARRIER TO USING TECH: The	Major barrier	14%	12%	16%	16%	13%	14%	15%
programs and devices are too hard to learn and use	Minor barrier	27%	30%	25%	31%	25%	27%	28%
	Not a barrier	51%	53%	48%	45%	53%	51%	53%
	Don't know / Prefer not to answer	8%	5%	11%	8%	9%	8%	4%
	Total	700	373	325	134	256	242	68
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	26%	24%	27%	23%	23%	28%	29%
know which ones are best for the people I care for	Minor barrier	33%	35%	30%	26%	32%	38%	26%
	Not a barrier	34%	35%	33%	41%	34%	29%	38%
	Don't know / Prefer not to answer	8%	6%	10%	10%	10%	5%	6%
	Total	700	373	325	134	256	242	68
HOW MUCH OF A BARRIER TO USING TECH: Too	Major barrier	29%	31%	27%	24%	25%	36%	28%
many companies and doctors have their own programs	Minor barrier	29%	30%	27%	31%	26%	29%	31%
that don't work with each other	Not a barrier	32%	33%	30%	30%	36%	27%	34%
	Don't know / Prefer not to answer	11%	7%	16%	15%	12%	9%	7%
	Total	700	373	325	134	256	242	68
HOW MUCH OF A BARRIER TO USING TECH: I haven't	Major barrier	27%	21%	34%	19%	27%	30%	34%
found technology that addresses my specific needs	Minor barrier	29%	34%	23%	26%	30%	29%	29%
	Not a barrier	35%	38%	31%	43%	32%	34%	34%
	Don't know / Prefer not to answer	9%	7%	12%	13%	11%	7%	3%
	Total	700	373	325	134	256	242	68



		OVERAL		011051101	D INIOON	-	D.4	05
			Н	OUSEHOL	TO INCOM	E I	KA	CE
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139				132
HOW MUCH OF A BARRIER TO USING TECH: Doing	Major barrier	15%	15%	15%	16%		15%	14%
things with paper and pencil is easier	Minor barrier	24%	26%	22%	29%		24%	24%
	Not a barrier	56%	51%	60%	52%	65%	56%	55%
	Don't know / Prefer not to answer	6%	7%	3%	3%		5%	6%
	Total	700	259	139	125	150	562	132
HOW MUCH OF A BARRIER TO USING TECH: The	Major barrier	14%	12%	16%	19%	13%	15%	9%
programs and devices are too hard to learn and use	Minor barrier	27%	28%	29%	29%	24%	26%	34%
	Not a barrier	51%	52%	47%	46%	54%	50%	52%
	Don't know / Prefer not to answer	8%	8%	8%	6%	9%	9%	5%
	Total	700	259	139	125	150	562	132
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	26%	24%	28%	27%	28%	27%	22%
know which ones are best for the people I care for	Minor barrier	33%	31%	32%	38%	31%	32%	34%
	Not a barrier	34%	36%	34%	32%	33%	33%	39%
	Don't know / Prefer not to answer	8%	9%	6%	3%	8%	8%	5%
	Total	700	259	139	125	150	562	132
HOW MUCH OF A BARRIER TO USING TECH: Too	Major barrier	29%	28%	25%	40%	25%	29%	29%
many companies and doctors have their own programs	Minor barrier	29%	25%	32%	22%	36%	28%	32%
that don't work with each other	Not a barrier	32%	34%	33%	31%	26%	31%	33%
	Don't know / Prefer not to answer	11%	12%	10%	6%	13%	12%	7%
	Total	700	259	139	125	150	562	132
HOW MUCH OF A BARRIER TO USING TECH: I haven't	Major barrier	27%	20%	27%	37%	33%	29%	18%
found technology that addresses my specific needs	Minor barrier	29%	29%	32%	25%	30%	27%	36%
	Not a barrier	35%	39%	33%	34%	29%	35%	36%
	Don't know / Prefer not to answer	9%	11%	8%	4%	9%	9%	10%
	Total	700	259	139	125	150	562	132



		OVERAL L			REGIONS			EN	//PLOYME	NT
		Overall	Western MA		Southeas t MA	Outer	Boston / Inner Suburbs	Full-time	Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700	100	113	101	238				177
HOW MUCH OF A BARRIER TO USING TECH: Doing	Major barrier	15%	13%	16%	13%	18%	11%	15%	14%	16%
things with paper and pencil is easier	Minor barrier	24%	31%	22%	27%	19%	26%	23%	29%	23%
	Not a barrier	56%	52%	57%	57%	57%	55%	58%	49%	55%
	Don't know / Prefer not to answer	6%	4%	5%	3%	6%	8%	5%	8%	6%
	Total	700	100	113	101	238	145	355	156	177
HOW MUCH OF A BARRIER TO USING TECH: The	Major barrier	14%	15%	12%	15%	13%	17%	13%	15%	16%
programs and devices are too hard to learn and use	Minor barrier	27%	30%	31%	28%	24%	28%	29%	27%	23%
	Not a barrier	51%	51%	50%	50%	53%	48%	52%	50%	49%
	Don't know / Prefer not to answer	8%	4%	6%	7%	11%	8%	6%	8%	12%
	Total	700	100	113	101	238	145	355	156	177
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	26%	19%	32%	26%	24%	29%	23%	31%	27%
know which ones are best for the people I care for	Minor barrier	33%	38%	29%	32%	29%	37%	37%	27%	29%
	Not a barrier	34%	35%	31%	38%	38%	27%	35%	34%	31%
	Don't know / Prefer not to answer	8%	8%	8%	5%	9%	7%	5%	8%	12%
	Total	700	100	113	101	238	145	355	156	177
HOW MUCH OF A BARRIER TO USING TECH: Too	Major barrier	29%	33%	29%	25%	28%	31%	29%	28%	32%
many companies and doctors have their own programs	Minor barrier	29%	24%	24%	31%	34%	26%	32%	26%	25%
that don't work with each other	Not a barrier	32%	33%	35%	35%	29%	30%	29%	37%	29%
	Don't know / Prefer not to answer	11%	10%	12%	10%	10%	12%	10%	9%	14%
	Total	700	100	113	101	238	145	355	156	177
HOW MUCH OF A BARRIER TO USING TECH: I haven't	Major barrier	27%	26%	27%	26%	28%	28%	28%	27%	26%
found technology that addresses my specific needs	Minor barrier	29%	25%	27%	35%	25%	35%	31%	26%	27%
	Not a barrier	35%	42%	31%	36%	37%	30%	35%	38%	32%
	Don't know / Prefer not to answer	9%	7%	14%	4%	11%	8%	6%	10%	15%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL	SHARE			GNIFICAN	
		L	WITH O	THERS?	Α (CAREGIVE	R?
		Overall	No	Yes	Most significan t	Not most	Moderate
UNWEIGHTED COUNT	Unweighted count	700	314	384	282	247	170
HOW MUCH OF A BARRIER TO USING TECH: Doing	Major barrier	15%	18%	13%	18%	13%	12%
things with paper and pencil is easier	Minor barrier	24%	25%	23%	21%	24%	28%
	Not a barrier	56%	54%	57%	57%	57%	52%
	Don't know / Prefer not to answer	6%	4%	8%	4%	6%	8%
	Total	700	314	384	282	247	170
HOW MUCH OF A BARRIER TO USING TECH: The	Major barrier	14%	14%	14%	15%	15%	12%
programs and devices are too hard to learn and use	Minor barrier	27%	27%	28%	30%	28%	22%
	Not a barrier	51%	50%	51%	50%	48%	55%
	Don't know / Prefer not to answer	8%	8%	8%	5%	9%	11%
	Total	700	314	384	282	247	170
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	26%	27%	25%	28%	27%	20%
know which ones are best for the people I care for	Minor barrier	33%	32%	33%	29%	37%	32%
	Not a barrier	34%	34%	34%	35%	30%	38%
	Don't know / Prefer not to answer	8%	7%	8%	7%	6%	9%
	Total	700	314	384	282	247	170
HOW MUCH OF A BARRIER TO USING TECH: Too	Major barrier	29%	31%	27%	28%	32%	25%
many companies and doctors have their own programs	Minor barrier	29%	28%	29%	28%	31%	26%
that don't work with each other	Not a barrier	32%	31%	32%	35%	27%	34%
	Don't know / Prefer not to answer	11%	11%	11%	9%	10%	15%
	Total	700	314	384	282	247	170
HOW MUCH OF A BARRIER TO USING TECH: I haven't	Major barrier	27%	26%	28%	28%	28%	24%
found technology that addresses my specific needs	Minor barrier	29%	29%	29%	30%	28%	27%
	Not a barrier	35%	35%	35%	36%	34%	36%
	Don't know / Prefer not to answer	9%	10%	9%	6%	10%	13%
	Total	700	314	384	282	247	170



		OVERAL L	CARE FOR	CARE FOR	CARE FOR	CARE FOR	HOURS	6 / WEEK F	PROVIDING	G CARE
					Other	Someon				More
		Overall	Child	Parent	Relative	e else	2 to 6	7 to 10	11 to 20	than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124	95	320	137	101	142
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	26%	23%	28%	33%	25%	24%	27%	31%	25%
know where to start or what technology is available	Minor barrier	27%	30%	29%	23%	23%	26%	29%	25%	30%
	Not a barrier	41%	42%	36%	38%	44%	43%	35%	40%	42%
	Don't know / Prefer not to answer	6%	5%	8%	6%	7%	7%	9%	5%	4%
	Total	700	343	231	124	95	320	137	101	142
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	5%	5%	6%	3%	3%	5%	6%	3%	5%
like technology. I'm against it.	Minor barrier	16%	17%	13%	20%	11%	14%	13%	21%	19%
	Not a barrier	71%	71%	73%	67%	78%	72%	73%	70%	69%
	Don't know / Prefer not to answer	8%	8%	9%	10%	8%	9%	8%	6%	7%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Help me	Very appealing	49%	50%	49%	48%	45%	46%	50%	43%	57%
organize and manage many aspects of care, rather than	Somewhat appealing	31%	31%	30%	38%	25%	33%	30%	37%	23%
just one or two, in one place	Not too appealing	10%	10%	13%	9%	8%	12%	7%	13%	8%
	Not at all appealing	6%	5%	5%	4%	12%	6%	7%	4%	8%
	Don't know / Prefer not to answer	4%	3%	3%	2%	9%	3%	6%	4%	4%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Allow me to	Very appealing	52%	51%	54%	56%	48%	52%	50%	50%	56%
communicate with everyone responsible for coordinating	Somewhat appealing	30%	30%	30%	31%	26%	29%	32%	35%	25%
care	Not too appealing	9%	9%	9%	8%	6%	10%	6%	7%	10%
	Not at all appealing	6%	6%	4%	3%	12%	6%	7%	4%	6%
	Don't know / Prefer not to answer	4%	4%	3%	2%	7%	3%	6%	5%	3%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL L	GEN	IDER		AGE	CATEGO	RIES	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	26%	26%	26%	19%	23%	30%	32%	32%
know where to start or what technology is available	Minor barrier	27%	24%	28%	31%	29%	29%	18%	24%
	Not a barrier	41%	45%	39%	45%	43%	31%	44%	36%
	Don't know / Prefer not to answer	6%	5%	7%	5%	5%	10%	6%	8%
	Total	700	188	512	148	225	141	106	78
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	5%	4%	5%	8%	4%	2%	6%	6%
like technology. I'm against it.	Minor barrier	16%	20%	14%	14%	18%	16%	17%	14%
	Not a barrier	71%	69%	72%	72%	70%	72%	72%	69%
	Don't know / Prefer not to answer	8%	6%	9%	6%	8%	10%	6%	10%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me	Very appealing	49%	48%	49%	53%	50%	53%	44%	35%
organize and manage many aspects of care, rather than	Somewhat appealing	31%	32%	30%	28%	33%	29%	34%	27%
just one or two, in one place	Not too appealing	10%	11%	10%	12%	8%	9%	9%	17%
	Not at all appealing	6%	6%	6%	4%	4%	4%	8%	18%
	Don't know / Prefer not to answer	4%	2%	5%	3%	4%	6%	4%	4%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Allow me to	Very appealing	52%	53%	52%	56%	51%	60%	50%	36%
communicate with everyone responsible for coordinating	Somewhat appealing	30%	30%	29%	26%	31%	25%	37%	32%
care	Not too appealing	9%	11%	8%	12%	9%	5%	2%	18%
	Not at all appealing	6%	4%	6%	3%	6%	4%	7%	13%
	Don't know / Prefer not to answer	4%	2%	4%	2%	4%	6%	5%	1%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AG	SE.				
		L	CATEG	ORIES		EDUCATION	ON LEVEL	-
				40 or	High School or	Some college, no	College graduate	Advance
		Overall	Under 40	older	less	degree	(BA/BS)	d degree
UNWEIGHTED COUNT	Unweighted count	700	373	325	134	256	242	68
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	26%	21%	31%	28%	23%	29%	24%
know where to start or what technology is available	Minor barrier	27%	30%	24%	28%	25%	28%	31%
	Not a barrier	41%	44%	37%	37%	44%	38%	41%
	Don't know / Prefer not to answer	6%	5%	8%	7%	8%	5%	4%
	Total	700	373	325	134	256	242	68
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	5%	5%	4%	10%	3%	4%	6%
like technology. I'm against it.	Minor barrier	16%	16%	16%	19%	16%	15%	13%
	Not a barrier	71%	71%	71%	62%	71%	75%	76%
	Don't know / Prefer not to answer	8%	8%	9%	10%	10%	6%	4%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Help me	Very appealing	49%	51%	46%	42%	44%	57%	49%
organize and manage many aspects of care, rather than	Somewhat appealing	31%	31%	30%	34%	34%	26%	26%
just one or two, in one place	Not too appealing	10%	10%	11%	9%	13%	9%	10%
	Not at all appealing	6%	4%	9%	10%	4%	5%	12%
	Don't know / Prefer not to answer	4%	3%	5%	5%	5%	2%	3%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Allow me to	Very appealing	52%	53%	51%	45%	52%	57%	50%
communicate with everyone responsible for coordinating	Somewhat appealing	30%	29%	30%	31%	29%	28%	37%
care	Not too appealing	9%	10%	7%	10%	9%	10%	1%
	Not at all appealing	6%	5%	7%	8%	4%	5%	10%
	Don't know / Prefer not to answer	4%	3%	5%	7%	5%	1%	1%
	Total	700	373	325	134	256	242	68



		OVERAL			oo.	_		0=
		L	Н	OUSEHO	_D INCOM	E	RA	CE
					\$75k to less than		White / Caucasia	
LINIWE COLUMN	Tree state of	Overall	< \$50k	\$75k	\$100k	\$100k +	n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139				132
HOW MUCH OF A BARRIER TO USING TECH: I don't know where to start or what technology is available	Major barrier	26%	25%	24%			27%	20%
whow where to start or what technology is available	Minor barrier	27%	27%	29%	29%	25%	25%	37%
	Not a barrier	41%	42%	39%	36%	43%	41%	37%
	Don't know / Prefer not to answer	6%	6%	8%	4%	6%	6%	5%
	Total	700	259	139	125	150	562	132
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	5%	4%	4%	10%	3%	5%	3%
like technology. I'm against it.	Minor barrier	16%	20%	14%	17%	11%	16%	15%
	Not a barrier	71%	68%	73%	69%	78%	71%	75%
	Don't know / Prefer not to answer	8%	8%	8%	5%	8%	8%	7%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Help me	Very appealing	49%	44%	50%	47%	59%	48%	54%
organize and manage many aspects of care, rather than	Somewhat appealing	31%	33%	27%	30%	29%	30%	33%
just one or two, in one place	Not too appealing	10%	12%	14%	8%	6%	11%	7%
	Not at all appealing	6%	6%	4%	12%	3%	7%	4%
	Don't know / Prefer not to answer	4%	5%	4%	2%	3%	4%	3%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Allow me to	Very appealing	52%	49%	51%	52%	60%	51%	58%
communicate with everyone responsible for coordinating	Somewhat appealing	30%	29%	29%	31%	30%	31%	25%
care	Not too appealing	9%	11%	12%	6%	5%	9%	9%
	Not at all appealing	6%	6%	4%	9%	3%	6%	5%
	Don't know / Prefer not to answer	4%	5%	4%	2%	2%	4%	3%
	Total	700	259	139	125	150	562	132



		OVERAL L			REGIONS			EN	MPLOYME	NT
		Overall	Western MA		Southeas t MA	Outer	Boston / Inner Suburbs		Part-time	Not employe
UNWEIGHTED COUNT	Unweighted count	700	100	113	101	238				
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	26%	27%	27%	25%	26%	25%	21%	28%	34%
know where to start or what technology is available	Minor barrier	27%	23%	27%	29%	29%	28%	30%	27%	22%
	Not a barrier	41%	45%	40%	42%	38%	41%	43%	40%	36%
	Don't know / Prefer not to answer	6%	5%	7%	5%	7%	6%	6%	5%	8%
	Total	700	100	113	101	238	145	355	156	177
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	5%	5%	5%	4%	4%	6%	4%	5%	6%
like technology. I'm against it.	Minor barrier	16%	15%	12%	21%	16%	15%	14%	16%	20%
	Not a barrier	71%	74%	73%	70%	71%	71%	75%	70%	64%
	Don't know / Prefer not to answer	8%	6%	11%	5%	8%	8%	7%	9%	10%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Help me	Very appealing	49%	56%	52%	49%	44%	48%	53%	46%	42%
organize and manage many aspects of care, rather than	Somewhat appealing	31%	27%	29%	30%	31%	35%	28%	35%	32%
just one or two, in one place	Not too appealing	10%	7%	7%	15%	12%	10%	11%	10%	9%
	Not at all appealing	6%	7%	6%	5%	8%	3%	5%	5%	10%
	Don't know / Prefer not to answer	4%	3%	5%	2%	5%	3%	2%	4%	7%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Allow me to	Very appealing	52%	59%	51%	51%	50%	52%	54%	55%	46%
communicate with everyone responsible for coordinating	Somewhat appealing	30%	24%	37%	28%	29%	30%	30%	29%	29%
care	Not too appealing	9%	6%	5%	13%	8%	10%	9%	7%	9%
	Not at all appealing	6%	8%	3%	5%	8%	4%	4%	6%	8%
	Don't know / Prefer not to answer	4%	3%	4%	3%	5%	3%	2%	3%	7%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL	SHARE	_		GNIFICAN	_
			WITH O	IHERS?	A	CAREGIVE I	K?
					Most significan		Moderate
LINIMETOLITED COLUNIT	To the second	Overall	No	Yes	t		ly / minor
UNWEIGHTED COUNT	Unweighted count	700	314	384	282	247	-
HOW MUCH OF A BARRIER TO USING TECH: I don't know where to start or what technology is available	Major barrier	26%	26%	26%	27%		
Know where to start or what technology is available	Minor barrier	27%	27%	27%	28%		
	Not a barrier	41%	41%	40%	42%	37%	
	Don't know / Prefer not to answer	6%	6%	7%	3%	7%	10%
	Total	700	314	384	282	247	170
HOW MUCH OF A BARRIER TO USING TECH: I don't	Major barrier	5%	6%	4%	3%	7%	4%
like technology. I'm against it.	Minor barrier	16%	18%	14%	18%	13%	16%
	Not a barrier	71%	70%	73%	73%	71%	68%
	Don't know / Prefer not to answer	8%	6%	9%	5%	8%	12%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me	Very appealing	49%	51%	47%	56%	50%	33%
organize and manage many aspects of care, rather than	Somewhat appealing	31%	29%	33%	24%	33%	39%
just one or two, in one place	Not too appealing	10%	10%	11%	9%	9%	15%
	Not at all appealing	6%	7%	5%	7%	5%	6%
	Don't know / Prefer not to answer	4%	4%	4%	4%	3%	6%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Allow me to	Very appealing	52%	53%	52%	56%	55%	40%
communicate with everyone responsible for coordinating	Somewhat appealing	30%	29%	31%	25%	30%	38%
care	Not too appealing	9%	8%	9%	10%	7%	9%
	Not at all appealing	6%	7%	5%	6%	5%	6%
	Don't know / Prefer not to answer	4%	4%	3%	3%	3%	7%
	Total	700	314	384	282	247	170



		OVERAL L	CARE FOR	CARE FOR	CARE FOR	CARE FOR	HOURS	/ WEEK F	PROVIDING	G CARE
					Other	Someon				More
		Overall	Child	Parent	Relative	e else	2 to 6	7 to 10	11 to 20	than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Allow me to	Very appealing	52%	53%	55%	55%	46%	52%	53%	48%	56%
share information directly with doctors and other service	Somewhat appealing	32%	31%	30%	31%	34%	33%	28%	39%	27%
providers	Not too appealing	9%	9%	8%	10%	6%	10%	9%	10%	7%
	Not at all appealing	4%	3%	4%	2%	8%	3%	5%	2%	6%
	Don't know / Prefer not to answer	3%	3%	3%	2%	5%	3%	5%	2%	3%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Remind the	Very appealing	45%	44%	49%	48%	39%	44%	48%	42%	47%
people I care for to take their medications or eat a meal	Somewhat appealing	32%	34%	28%	36%	33%	34%	28%	36%	30%
	Not too appealing	11%	10%	14%	10%	12%	13%	11%	16%	6%
	Not at all appealing	6%	7%	5%	3%	9%	5%	8%	3%	10%
	Don't know / Prefer not to answer	5%	4%	4%	3%	7%	4%	4%	4%	7%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Help me find out	Very appealing	52%	51%	56%	57%	53%	49%	51%	54%	58%
reliable information about the needs and conditions of the	Somewhat appealing	31%	33%	31%	30%	26%	33%	35%	31%	26%
people I care for	Not too appealing	8%	7%	6%	10%	5%	9%	4%	9%	6%
	Not at all appealing	6%	6%	4%	1%	9%	6%	6%	4%	6%
	Don't know / Prefer not to answer	3%	3%	3%	2%	6%	3%	4%	2%	3%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Provide a	Very appealing	36%	37%	34%	36%	31%	31%	34%	38%	47%
support network of other caregivers in similar situations	Somewhat appealing	35%	38%	35%	37%	31%	35%	37%	41%	30%
	Not too appealing	14%	13%	16%	17%	14%	18%	15%	10%	10%
	Not at all appealing	10%	8%	10%	8%	17%	12%	9%	9%	8%
	Don't know / Prefer not to answer	5%	4%	5%	2%	8%	5%	5%	3%	5%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL L	GEN	IDER		AGE	CATEGO	RIES	
LANGE COLUMN		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Allow me to	Very appealing	52%	50%	53%	57%	51%	59%	52%	35%
share information directly with doctors and other service providers	Somewhat appealing	32%	31%	32%	25%	33%	28%	35%	44%
providere	Not too appealing	9%	14%	7%	12%	8%	4%	8%	13%
	Not at all appealing	4%	3%	4%	4%	4%	3%	4%	8%
	Don't know / Prefer not to answer	3%	2%	4%	2%	4%	6%	1%	1%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Remind the	Very appealing	45%	47%	45%	49%	45%	49%	49%	27%
people I care for to take their medications or eat a meal	Somewhat appealing	32%	34%	32%	31%	35%	31%	27%	33%
	Not too appealing	11%	12%	11%	9%	11%	11%	11%	19%
	Not at all appealing	6%	4%	7%	6%	5%	4%	8%	14%
	Don't know / Prefer not to answer	5%	3%	5%	5%	4%	6%	5%	6%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me find out	Very appealing	52%	47%	54%	56%	53%	57%	43%	46%
reliable information about the needs and conditions of the	Somewhat appealing	31%	38%	29%	30%	29%	27%	46%	27%
people I care for	Not too appealing	8%	8%	7%	9%	8%	7%	2%	12%
	Not at all appealing	6%	5%	6%	2%	6%	4%	8%	13%
	Don't know / Prefer not to answer	3%	2%	4%	2%	4%	5%	1%	3%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Provide a	Very appealing	36%	36%	36%	44%	35%	41%	32%	18%
support network of other caregivers in similar situations	Somewhat appealing	35%	37%	34%	37%	35%	35%	33%	33%
	Not too appealing	14%	14%	15%	11%	15%	11%	15%	24%
	Not at all appealing	10%	10%	10%	4%	12%	6%	14%	19%
	Don't know / Prefer not to answer	5%	4%	5%	3%	4%	6%	6%	5%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AG					
		L	CATEG	ORIES		EDUCATION	ON LEVEL	- T
					High	Some college,	College	
		Overall	Under 40	40 or older	School or less	no degree	graduate (BA/BS)	Advance d degree
UNWEIGHTED COUNT	Unweighted count	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Allow me to	Very appealing	52%	53%	51%	47%	51%	56%	51%
share information directly with doctors and other service	Somewhat appealing	32%	30%	34%	34%	30%	31%	34%
providers	Not too appealing	9%	10%	8%	6%	12%	8%	7%
	Not at all appealing	4%	4%	4%	9%	2%	2%	6%
	Don't know / Prefer not to answer	3%	3%	3%	4%	4%	2%	1%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Remind the	Very appealing	45%	47%	44%	46%	44%	48%	38%
people I care for to take their medications or eat a meal	Somewhat appealing	32%	34%	30%	25%	35%	32%	35%
	Not too appealing	11%	10%	13%	12%	11%	11%	13%
	Not at all appealing	6%	6%	7%	9%	5%	6%	10%
	Don't know / Prefer not to answer	5%	4%	6%	7%	5%	3%	3%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Help me find out	Very appealing	52%	54%	50%	49%	50%	57%	50%
reliable information about the needs and conditions of the	Somewhat appealing	31%	30%	33%	29%	33%	30%	37%
people I care for	Not too appealing	8%	9%	6%	9%	8%	7%	3%
	Not at all appealing	6%	4%	7%	8%	5%	4%	7%
	Don't know / Prefer not to answer	3%	3%	3%	4%	4%	1%	3%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Provide a	Very appealing	36%	38%	33%	36%	35%	36%	37%
support network of other caregivers in similar situations	Somewhat appealing	35%	36%	34%	32%	34%	38%	35%
	Not too appealing	14%	13%	15%	12%	19%	12%	10%
	Not at all appealing	10%	9%	12%	14%	8%	10%	13%
	Don't know / Prefer not to answer	5%	4%	6%	6%	4%	5%	4%
	Total	700	373	325	134	256	242	68



		OVERAL L		IOUSEHOI	DINCOM	_	DΛ	CE
			'''	OUSLIIOI	LD IINCOIVI	L	IN/	ICL
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139	-	150	562	132
HOW APPEALING TECH THAT COULD: Allow me to	Very appealing	52%	51%	52%	50%	59%	52%	55%
share information directly with doctors and other service	Somewhat appealing	32%	30%	34%	35%	31%	33%	29%
providers	Not too appealing	9%	11%	8%	9%	6%	9%	8%
	Not at all appealing	4%	4%	4%	6%	2%	4%	4%
	Don't know / Prefer not to answer	3%	5%	3%	1%	2%	3%	4%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Remind the	Very appealing	45%	48%	45%	41%	45%	43%	53%
people I care for to take their medications or eat a meal	Somewhat appealing	32%	29%	31%	38%	35%	33%	30%
	Not too appealing	11%	10%	15%	10%	11%	12%	8%
	Not at all appealing	6%	8%	4%	6%	5%	7%	4%
	Don't know / Prefer not to answer	5%	5%	4%	4%	4%	4%	5%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Help me find out	Very appealing	52%	52%	51%	50%	56%	51%	59%
reliable information about the needs and conditions of the	Somewhat appealing	31%	30%	32%	35%	31%	32%	30%
people I care for	Not too appealing	8%	10%	9%	2%	7%	8%	6%
	Not at all appealing	6%	4%	4%	11%	3%	7%	2%
	Don't know / Prefer not to answer	3%	4%	4%	1%	3%	3%	3%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Provide a	Very appealing	36%	35%	37%	35%	38%	35%	41%
support network of other caregivers in similar situations	Somewhat appealing	35%	34%	36%	35%	37%	35%	32%
	Not too appealing	14%	16%	14%	11%	15%	15%	14%
	Not at all appealing	10%	10%	9%	14%	6%	11%	9%
	Don't know / Prefer not to answer	5%	5%	5%	5%	3%	5%	5%
	Total	700	259	139	125	150	562	132



		OVERAL L			REGIONS			EN	//PLOYME	NT
		Overall	Western MA	Central MA	Southeas t MA	Outer Boston Suburbs	Boston / Inner Suburbs	Full-time	Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700	100	113	101	238				177
HOW APPEALING TECH THAT COULD: Allow me to	Very appealing	52%	61%	47%	54%	50%	52%	56%	47%	51%
share information directly with doctors and other service	Somewhat appealing	32%	26%	38%	34%	31%	31%	30%	36%	30%
providers	Not too appealing	9%	5%	10%	9%	9%	11%	8%	10%	10%
	Not at all appealing	4%	5%	4%	2%	5%	3%	3%	4%	5%
	Don't know / Prefer not to answer	3%	3%	2%	1%	5%	3%	3%	3%	5%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Remind the	Very appealing	45%	55%	47%	46%	39%	48%	48%	41%	44%
people I care for to take their medications or eat a meal	Somewhat appealing	32%	26%	29%	34%	35%	32%	32%	35%	30%
	Not too appealing	11%	9%	12%	10%	13%	12%	12%	12%	8%
	Not at all appealing	6%	6%	6%	9%	8%	3%	5%	6%	11%
	Don't know / Prefer not to answer	5%	4%	5%	2%	5%	5%	3%	6%	7%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Help me find out	Very appealing	52%	62%	55%	53%	49%	48%	54%	49%	53%
reliable information about the needs and conditions of the	Somewhat appealing	31%	24%	32%	30%	32%	36%	31%	38%	26%
people I care for	Not too appealing	8%	5%	7%	11%	8%	6%	9%	5%	8%
	Not at all appealing	6%	7%	4%	4%	6%	6%	5%	4%	9%
	Don't know / Prefer not to answer	3%	2%	3%	2%	4%	3%	2%	3%	5%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Provide a	Very appealing	36%	43%	38%	37%	32%	33%	39%	38%	28%
support network of other caregivers in similar situations	Somewhat appealing	35%	29%	35%	33%	35%	41%	35%	38%	31%
	Not too appealing	14%	12%	13%	16%	16%	13%	14%	15%	15%
	Not at all appealing	10%	12%	9%	11%	11%	8%	9%	4%	18%
	Don't know / Prefer not to answer	5%	4%	4%	4%	5%	4%	3%	4%	8%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL L	SHARE WITH O			GNIFICAN CAREGIVE	
			WIIIIO	ITILKS!	Most		Moderate
		Overall	No	Yes	significan t		ly / minor
UNWEIGHTED COUNT	Unweighted count	700	314	384	282		-
HOW APPEALING TECH THAT COULD: Allow me to	Very appealing	52%	54%	51%	57%	52%	44%
share information directly with doctors and other service	Somewhat appealing	32%	32%	32%	28%	34%	36%
providers	Not too appealing	9%	8%	10%	9%	7%	12%
	Not at all appealing	4%	4%	4%	4%	4%	4%
	Don't know / Prefer not to answer	3%	3%	3%	3%	2%	5%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Remind the	Very appealing	45%	48%	43%	51%	46%	35%
people I care for to take their medications or eat a meal	Somewhat appealing	32%	30%	34%	26%	38%	35%
	Not too appealing	11%	11%	12%	10%	10%	16%
	Not at all appealing	6%	7%	6%	9%	4%	6%
	Don't know / Prefer not to answer	5%	4%	5%	5%	2%	8%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me find out	Very appealing	52%	55%	50%	59%	53%	41%
reliable information about the needs and conditions of the	Somewhat appealing	31%	27%	35%	26%	33%	38%
people I care for	Not too appealing	8%	8%	8%	7%	7%	10%
	Not at all appealing	6%	7%	5%	6%	5%	5%
	Don't know / Prefer not to answer	3%	3%	3%	2%	2%	5%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Provide a	Very appealing	36%	42%	31%	46%	35%	18%
support network of other caregivers in similar situations	Somewhat appealing	35%	30%	39%	29%	38%	41%
	Not too appealing	14%	13%	16%	12%	14%	20%
	Not at all appealing	10%	11%	10%	9%	9%	14%
	Don't know / Prefer not to answer	5%	4%	5%	4%	4%	7%
	Total	700	314	384	282	247	170



		OVERAL L	CARE FOR	CARE FOR	CARE FOR	CARE FOR	HOURS	/ WEEK F	PROVIDING	G CARE
		Overall	Child	Parent	Other Relative	Someon e else	2 to 6	7 to 10	11 to 20	More than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Provide access	Very appealing	56%	59%	58%	60%	54%	55%	55%	60%	58%
to test results and other medical records in one place	Somewhat appealing	29%	28%	26%	33%	27%	33%	27%	27%	25%
	Not too appealing	6%	5%	9%	2%	5%	5%	5%	8%	8%
	Not at all appealing	5%	5%	4%	4%	6%	4%	8%	2%	6%
	Don't know / Prefer not to answer	4%	3%	3%	1%	7%	3%	4%	3%	4%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Connecting me	Very appealing	36%	39%	35%	40%	27%	31%	37%	38%	46%
with caregivers who could fill in when needed	Somewhat appealing	31%	31%	34%	31%	33%	31%	34%	39%	25%
	Not too appealing	17%	17%	17%	17%	18%	22%	12%	13%	15%
	Not at all appealing	11%	9%	10%	10%	17%	12%	12%	7%	10%
	Don't know / Prefer not to answer	4%	4%	4%	2%	5%	4%	4%	4%	4%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Help me	Very appealing	36%	40%	38%	33%	27%	31%	33%	38%	51%
connect to other caregivers for support or conversation	Somewhat appealing	32%	35%	30%	35%	26%	34%	34%	34%	25%
	Not too appealing	17%	14%	17%	18%	25%	18%	18%	18%	13%
	Not at all appealing	11%	8%	12%	13%	16%	13%	12%	7%	8%
	Don't know / Prefer not to answer	4%	4%	3%	2%	5%	4%	4%	4%	3%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Help me feel	Very appealing	35%	38%	36%	35%	31%	28%	36%	36%	50%
less alone and/or guilty	Somewhat appealing	29%	34%	26%	27%	19%	32%	25%	31%	24%
	Not too appealing	17%	15%	18%	20%	18%	20%	18%	18%	11%
	Not at all appealing	14%	10%	13%	13%	23%	15%	16%	12%	11%
	Don't know / Prefer not to answer	5%	3%	6%	5%	9%	6%	6%	4%	5%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL L	GEN	IDER		AGE	CATEGO	RIES	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Provide access	Very appealing	56%	55%	57%	57%	55%	63%	55%	50%
to test results and other medical records in one place	Somewhat appealing	29%	31%	28%	28%	32%	22%	34%	29%
	Not too appealing	6%	7%	6%	8%	5%	4%	5%	12%
	Not at all appealing	5%	4%	5%	5%	4%	4%	6%	8%
	Don't know / Prefer not to answer	4%	3%	4%	3%	4%	7%	1%	1%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Connecting me	Very appealing	36%	39%	35%	42%	38%	43%	28%	22%
with caregivers who could fill in when needed	Somewhat appealing	31%	34%	31%	30%	30%	28%	38%	37%
	Not too appealing	17%	17%	18%	18%	18%	15%	17%	21%
	Not at all appealing	11%	8%	12%	8%	11%	6%	15%	19%
	Don't know / Prefer not to answer	4%	2%	5%	3%	4%	8%	2%	1%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me	Very appealing	36%	37%	36%	47%	35%	44%	28%	17%
connect to other caregivers for support or conversation	Somewhat appealing	32%	32%	32%	32%	35%	26%	33%	32%
	Not too appealing	17%	19%	16%	13%	15%	16%	23%	26%
	Not at all appealing	11%	9%	12%	6%	12%	7%	14%	23%
	Don't know / Prefer not to answer	4%	3%	4%	3%	4%	6%	2%	3%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me feel	Very appealing	35%	33%	36%	48%	32%	40%	26%	21%
less alone and/or guilty	Somewhat appealing	29%	28%	29%	27%	33%	27%	24%	31%
	Not too appealing	17%	22%	15%	13%	19%	15%	23%	17%
	Not at all appealing	14%	14%	14%	10%	12%	9%	19%	27%
	Don't know / Prefer not to answer	5%	4%	6%	2%	4%	9%	8%	5%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AG					
		L	CATEG	ORIES		EDUCATION	ON LEVEL	- I
					L Pls	Some	0-11	
				40 or	High School or	college, no	College	Advance
		Overall	Under 40	older	less	degree		d degree
UNWEIGHTED COUNT	Unweighted count	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Provide access	Very appealing	56%	56%	57%	56%	54%	59%	60%
to test results and other medical records in one place	Somewhat appealing	29%	30%	28%	26%	29%	31%	26%
	Not too appealing	6%	6%	6%	7%	7%	5%	6%
	Not at all appealing	5%	5%	5%	7%	5%	3%	6%
	Don't know / Prefer not to answer	4%	3%	4%	4%	5%	2%	1%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Connecting me	Very appealing	36%	39%	33%	33%	35%	39%	38%
with caregivers who could fill in when needed	Somewhat appealing	31%	30%	34%	28%	34%	31%	29%
	Not too appealing	17%	18%	17%	19%	16%	19%	15%
	Not at all appealing	11%	10%	12%	15%	11%	7%	13%
	Don't know / Prefer not to answer	4%	3%	4%	5%	5%	2%	4%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Help me	Very appealing	36%	40%	32%	38%	34%	38%	32%
connect to other caregivers for support or conversation	Somewhat appealing	32%	34%	30%	29%	33%	32%	32%
	Not too appealing	17%	14%	21%	16%	18%	17%	15%
	Not at all appealing	11%	9%	13%	13%	10%	9%	19%
	Don't know / Prefer not to answer	4%	3%	4%	4%	5%	3%	1%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Help me feel	Very appealing	35%	39%	31%	39%	36%	32%	34%
less alone and/or guilty	Somewhat appealing	29%	31%	27%	22%	28%	33%	29%
	Not too appealing	17%	16%	18%	13%	17%	21%	13%
	Not at all appealing	14%	11%	17%	19%	14%	10%	18%
	Don't know / Prefer not to answer	5%	3%	8%	7%	5%	4%	6%
	Total	700	373	325	134	256	242	68



		OVERAL L		IOUEFUOI	DINCOM	_	DA	CE
			П	OUSEHOI	_D INCOM	E	KA	ICE
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139		150	562	132
HOW APPEALING TECH THAT COULD: Provide access	Very appealing	56%	58%	53%	56%	57%	55%	61%
to test results and other medical records in one place	Somewhat appealing	29%	27%	29%	28%	35%	29%	27%
	Not too appealing	6%	6%	9%	8%	2%	7%	5%
	Not at all appealing	5%	5%	6%	5%	3%	5%	3%
	Don't know / Prefer not to answer	4%	4%	3%	3%	3%	3%	5%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Connecting me	Very appealing	36%	32%	40%	38%	43%	34%	47%
with caregivers who could fill in when needed	Somewhat appealing	31%	32%	29%	36%	33%	32%	29%
	Not too appealing	17%	22%	17%	10%	15%	18%	14%
	Not at all appealing	11%	11%	10%	15%	5%	12%	7%
	Don't know / Prefer not to answer	4%	4%	3%	2%	4%	4%	4%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Help me	Very appealing	36%	35%	37%	33%	43%	35%	44%
connect to other caregivers for support or conversation	Somewhat appealing	32%	30%	33%	37%	31%	32%	30%
	Not too appealing	17%	20%	19%	9%	17%	17%	16%
	Not at all appealing	11%	11%	9%	19%	5%	12%	6%
	Don't know / Prefer not to answer	4%	4%	3%	2%	3%	4%	4%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Help me feel	Very appealing	35%	40%	35%	30%	34%	34%	42%
less alone and/or guilty	Somewhat appealing	29%	24%	27%	35%	34%	28%	30%
	Not too appealing	17%	15%	24%	11%	20%	17%	16%
	Not at all appealing	14%	15%	9%	22%	7%	15%	7%
	Don't know / Prefer not to answer	5%	5%	5%	2%	5%	5%	6%
	Total	700	259	139	125	150	562	132



		OVERAL L			REGIONS			EN	MPLOYME	NT
		Overall	Western MA	Central MA	Southeas t MA	Outer Boston Suburbs	Boston / Inner Suburbs	Full-time	Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700	100	113	101	238				177
HOW APPEALING TECH THAT COULD: Provide access	Very appealing	56%	67%	55%	56%	55%	54%	57%	56%	56%
to test results and other medical records in one place	Somewhat appealing	29%	19%	30%	35%	30%	30%	30%	29%	26%
	Not too appealing	6%	6%	5%	6%	6%	7%	5%	9%	5%
	Not at all appealing	5%	7%	5%	2%	4%	6%	5%	2%	8%
	Don't know / Prefer not to answer	4%	1%	4%	1%	5%	3%	3%	4%	5%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Connecting me	Very appealing	36%	41%	36%	39%	34%	36%	41%	34%	29%
with caregivers who could fill in when needed	Somewhat appealing	31%	27%	33%	30%	32%	34%	29%	37%	31%
	Not too appealing	17%	14%	17%	21%	19%	16%	18%	16%	18%
	Not at all appealing	11%	17%	10%	9%	10%	10%	9%	8%	16%
	Don't know / Prefer not to answer	4%	1%	4%	2%	5%	4%	3%	6%	5%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Help me	Very appealing	36%	39%	40%	42%	34%	31%	39%	38%	28%
connect to other caregivers for support or conversation	Somewhat appealing	32%	27%	32%	32%	30%	39%	32%	34%	31%
	Not too appealing	17%	15%	14%	13%	21%	17%	16%	14%	21%
	Not at all appealing	11%	18%	10%	12%	10%	9%	9%	8%	17%
	Don't know / Prefer not to answer	4%	1%	4%	2%	4%	5%	3%	5%	3%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Help me feel	Very appealing	35%	42%	39%	38%	29%	35%	36%	36%	33%
less alone and/or guilty	Somewhat appealing	29%	23%	27%	28%	29%	34%	29%	29%	28%
	Not too appealing	17%	15%	15%	15%	21%	15%	19%	17%	14%
	Not at all appealing	14%	15%	15%	15%	13%	12%	13%	12%	18%
	Don't know / Prefer not to answer	5%	5%	4%	5%	7%	4%	4%	6%	7%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL L	SHARE WITH O	_		GNIFICAN CAREGIVE	_
			WITH O	IHERS?	A	AREGIVE	K!
		Overall	No	Yes	Most significan t		Moderate ly / minor
UNWEIGHTED COUNT	Unweighted count	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Provide access	Very appealing	56%	61%	53%	63%	55%	49%
to test results and other medical records in one place	Somewhat appealing	29%	25%	33%	24%	32%	34%
	Not too appealing	6%	7%	5%	6%	6%	6%
	Not at all appealing	5%	5%	5%	5%	4%	6%
	Don't know / Prefer not to answer	4%	3%	4%	2%	4%	5%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Connecting me	Very appealing	36%	39%	34%	42%	36%	27%
with caregivers who could fill in when needed	Somewhat appealing	31%	29%	33%	25%	36%	35%
	Not too appealing	17%	17%	18%	18%	15%	19%
	Not at all appealing	11%	11%	10%	11%	10%	12%
	Don't know / Prefer not to answer	4%	4%	4%	4%	2%	6%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me	Very appealing	36%	40%	33%	44%	36%	22%
connect to other caregivers for support or conversation	Somewhat appealing	32%	29%	34%	30%	33%	34%
	Not too appealing	17%	17%	17%	13%	19%	21%
	Not at all appealing	11%	10%	12%	9%	9%	18%
	Don't know / Prefer not to answer	4%	3%	4%	3%	3%	6%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me feel	Very appealing	35%	41%	30%	46%	33%	20%
less alone and/or guilty	Somewhat appealing	29%	30%	28%	24%	31%	33%
	Not too appealing	17%	13%	21%	13%	19%	21%
	Not at all appealing	14%	12%	16%	12%	12%	19%
	Don't know / Prefer not to answer	5%	4%	6%	4%	5%	8%
	Total	700	314	384	282	247	170



		OVERAL	CARE	CARE	CARE	CARE				
		L	FOR	FOR	FOR	FOR	HOURS	/ WEEK F	PROVIDING	G CARE
					011	0				
		Overall	Child	Parent	Other Relative	Someon e else	2 to 6	7 to 10	11 to 20	More than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124		320	137	101	142
HOW APPEALING TECH THAT COULD: Help me	Very appealing	44%	49%	42%			42%		49%	
discover and learn about caregiver products and services	Somewhat appealing	35%	31%	38%			36%			
- '	Not too appealing	12%	11%	13%			15%	12%	8%	
	Not at all appealing	6%	6%	5%	4%		5%	9%	4%	
	Don't know / Prefer not to answer	3%	3%	3%			3%		2%	
	Borre know / 1 force flot to answer	070	070	070	270	070	070	470	270	470
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Help me	Very appealing	49%	49%	55%	57%	41%	46%	47%	54%	54%
understand insurance benefits and navigate the insurance	Somewhat appealing	32%	34%	29%	29%	32%	34%	33%	32%	29%
claims system	Not too appealing	9%	8%	8%	10%	8%	12%	6%	9%	7%
	Not at all appealing	6%	5%	6%	2%	12%	5%	10%	3%	5%
	Don't know / Prefer not to answer	4%	4%	2%	2%	7%	3%	4%	2%	5%
	Total	700	343	231	124		320	137	101	142
HOW APPEALING TECH THAT COULD: Help me	Very appealing	44%	46%	45%	48%	37%	42%	37%	49%	54%
balance everyday life with my responsibilities as a	Somewhat appealing	33%	32%	35%	35%	32%	34%	38%	37%	25%
caregiver	Not too appealing	10%	9%	10%	9%	9%	11%	12%	7%	9%
	Not at all appealing	8%	7%	7%	6%	15%	9%	9%	6%	8%
	Don't know / Prefer not to answer	4%	5%	2%	2%	7%	4%	4%	2%	4%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	79%	82%	79%	85%	71%	79%	80%	79%	80%
organize and manage many aspects of care, rather than	Not very / not at all appealing	17%	15%	18%	13%	20%	18%	14%	17%	17%
just one or two, in one place	Don't Know / Refused	4%	3%	3%	2%	9%	3%	6%	4%	4%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Allow me to	Very / somewhat appealing	82%	81%	84%	86%	75%	81%	82%	84%	82%
communicate with everyone responsible for coordinating	Not very / not at all appealing	14%	15%	13%	11%	18%	16%	12%	11%	15%
care	Don't Know / Refused	4%	4%	3%	2%	7%	3%	6%	5%	3%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL	CEN	DER		۸۵۶	CATEGO	DIEC	
			GEN	DER		AGE	CATEGO	TIES	
		Overell	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	Overall 700	188	512	16-29	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me	Very appealing	44%	42%	45%	51%	46%	48%	35%	27%
discover and learn about caregiver products and services	Somewhat appealing	35%	38%	34%	31%	31%	32%	48%	41%
, , , , , , , , , , , , , , , , , , , ,	Not too appealing	12%	12%	12%	11%	13%	11%	9%	15%
	Not at all appealing	6%	6%	6%	3%	6%	4%	7%	15%
	Don't know / Prefer not to answer	3%	2%	4%	3%	4%	6%	1%	13%
	Don't know / Freier not to answer	3 /0	2/0	4 /0	3 /0	4 /0	0 /8	1 /0	1 /0
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me	Very appealing	49%	51%	48%	49%	52%	55%	42%	40%
understand insurance benefits and navigate the insurance	Somewhat appealing	32%	33%	32%	30%	30%	28%	42%	37%
claims system	Not too appealing	9%	12%	8%	15%	9%	6%	6%	9%
	Not at all appealing	6%	3%	7%	3%	5%	4%	9%	10%
	Don't know / Prefer not to answer	4%	2%	4%	3%	4%	8%	0%	4%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me	Very appealing	44%	42%	45%	55%	45%	52%	29%	29%
balance everyday life with my responsibilities as a	Somewhat appealing	33%	38%	32%	26%	35%	29%	44%	37%
caregiver	Not too appealing	10%	10%	10%	10%	9%	9%	10%	14%
	Not at all appealing	8%	7%	9%	5%	7%	4%	13%	19%
	Don't know / Prefer not to answer	4%	3%	4%	3%	4%	6%	3%	0%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	79%	80%	79%	80%	84%	82%	78%	62%
organize and manage many aspects of care, rather than	Not very / not at all appealing	17%	18%	16%	16%	13%	12%	18%	35%
just one or two, in one place	Don't Know / Refused	4%	2%	5%	3%	4%	6%	4%	4%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Allow me to	Very / somewhat appealing	82%	83%	81%	82%	81%	85%	87%	68%
communicate with everyone responsible for coordinating	Not very / not at all appealing	14%	15%	14%	16%	15%	9%	8%	31%
care	Don't Know / Refused	4%	2%	4%	2%	4%	6%	5%	1%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AC	E E				
		L	CATEG	ORIES		EDUCATION	ON LEVEL	
						Some		
					High	college,	College	
					School or	no		Advance
UNIMETOLITED COUNT	It to contradict and a second	Overall	Under 40	older	less	degree	(BA/BS)	d degree
UNWEIGHTED COUNT	Unweighted count	700		325	134	256		68
HOW APPEALING TECH THAT COULD: Help me	Very appealing	44%	48%	39%	43%	44%	47%	34%
discover and learn about caregiver products and services	Somewhat appealing	35%	31%	39%	32%	32%	37%	41%
	Not too appealing	12%	12%	11%	10%	14%	10%	15%
	Not at all appealing	6%	5%	7%	9%	5%	5%	9%
	Don't know / Prefer not to answer	3%	3%	3%	5%	4%	2%	1%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Help me	Very appealing	49%	51%	47%	42%	45%	58%	47%
understand insurance benefits and navigate the insurance	Somewhat appealing	32%	30%	35%	31%	34%	30%	37%
claims system	Not too appealing	9%	12%	7%	13%	11%	5%	10%
	Not at all appealing	6%	5%	7%	10%	5%	4%	4%
	Don't know / Prefer not to answer	4%	3%	4%	4%	5%	3%	1%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Help me	Very appealing	44%	49%	39%	40%	44%	49%	37%
balance everyday life with my responsibilities as a	Somewhat appealing	33%	31%	36%	35%	31%	33%	41%
caregiver	Not too appealing	10%	9%	10%	7%	12%	10%	9%
	Not at all appealing	8%	6%	11%	12%	9%	5%	12%
	Don't know / Prefer not to answer	4%	4%	4%	6%	5%	2%	1%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	79%	82%	76%	76%	78%	84%	75%
organize and manage many aspects of care, rather than	Not very / not at all appealing	17%	14%	19%	19%	16%	14%	22%
just one or two, in one place	Don't Know / Refused	4%	3%	5%	5%	5%	2%	3%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Allow me to	Very / somewhat appealing	82%	82%	82%	75%	81%	85%	87%
communicate with everyone responsible for coordinating	Not very / not at all appealing	14%	15%	14%	18%	14%	14%	12%
care	Don't Know / Refused	4%	3%	5%	7%	5%	1%	1%
	Total	700	373	325	134	256	242	68



		OVERAL				_		
		L	Н	OUSEHO	_D INCOM	E	RA	CE
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139	125			
HOW APPEALING TECH THAT COULD: Help me	Very appealing	44%	43%		42%		42%	_
discover and learn about caregiver products and services	Somewhat appealing	35%	31%	35%	38%		36%	30%
	Not too appealing	12%	14%	12%	10%	9%	12%	12%
	Not at all appealing	6%	7%	5%	9%	1%	7%	
	Don't know / Prefer not to answer	3%	5%	4%	1%	2%	3%	4%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Help me	Very appealing	49%	46%	49%	47%	57%	48%	52%
understand insurance benefits and navigate the insurance	Somewhat appealing	32%	31%	33%	39%	29%	33%	31%
claims system	Not too appealing	9%	12%	10%	4%	9%	9%	8%
	Not at all appealing	6%	6%	6%	7%	3%	6%	5%
	Don't know / Prefer not to answer	4%	5%	2%	2%	3%	4%	4%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Help me	Very appealing	44%	46%	40%	40%	51%	43%	49%
balance everyday life with my responsibilities as a	Somewhat appealing	33%	31%	37%	39%	33%	34%	28%
caregiver	Not too appealing	10%	11%	13%	6%	8%	10%	11%
	Not at all appealing	8%	8%	7%	14%	5%	9%	7%
	Don't know / Prefer not to answer	4%	5%	4%	2%	3%	4%	5%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	79%	77%	78%	78%	88%	78%	86%
organize and manage many aspects of care, rather than	Not very / not at all appealing	17%	18%	18%	20%	9%	18%	11%
just one or two, in one place	Don't Know / Refused	4%	5%	4%	2%	3%	4%	3%
	Total	700	259	139	125		562	132
HOW APPEALING TECH THAT COULD: Allow me to	Very / somewhat appealing	82%	78%	81%	83%	90%	81%	83%
communicate with everyone responsible for coordinating	Not very / not at all appealing	14%	17%	16%	14%	8%	15%	14%
care	Don't Know / Refused	4%	5%	4%	2%	2%	4%	3%
	Total	700	259	139	125	150	562	132



		OVERAL L			REGIONS			EN	//PLOYME	NT
		Overall	Western MA	Central MA	Southeas	Outer	Boston / Inner Suburbs	Full-time		Not employe d
UNWEIGHTED COUNT	Unweighted count	700				238				
HOW APPEALING TECH THAT COULD: Help me	Very appealing	44%	54%	_				46%		39%
discover and learn about caregiver products and services	Somewhat appealing	35%	26%	37%	37%	35%	39%	35%	35%	34%
	Not too appealing	12%	11%	11%	13%	12%	12%	12%	13%	12%
	Not at all appealing	6%	7%	5%	5%	6%	7%	5%	4%	11%
	Don't know / Prefer not to answer	3%	2%	2%	2%	5%	3%	3%	3%	5%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Help me	Very appealing	49%	50%	50%	55%	50%	43%	53%	52%	38%
understand insurance benefits and navigate the insurance	Somewhat appealing	32%	35%	35%	27%	29%	38%	31%	31%	35%
claims system	Not too appealing	9%	6%	6%	10%	11%	10%	9%	10%	11%
	Not at all appealing	6%	8%	4%	5%	6%	6%	4%	3%	10%
	Don't know / Prefer not to answer	4%	1%	4%	3%	5%	3%	3%	4%	6%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Help me	Very appealing	44%	50%	45%	50%	41%	41%	47%	44%	41%
balance everyday life with my responsibilities as a	Somewhat appealing	33%	30%	34%	24%	36%	39%	34%	35%	32%
caregiver	Not too appealing	10%	8%	8%	14%	9%	12%	10%	9%	10%
	Not at all appealing	8%	11%	10%	8%	9%	6%	7%	6%	13%
	Don't know / Prefer not to answer	4%	1%	4%	4%	5%	3%	2%	6%	5%
	Total	700	100	113		238				177
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	79%	83%	81%	78%	75%	83%	82%	81%	74%
organize and manage many aspects of care, rather than	Not very / not at all appealing	17%	14%	13%	20%	20%	13%	16%	15%	19%
just one or two, in one place	Don't Know / Refused	4%	3%	5%	2%	5%	3%	2%	4%	7%
	Total	700	100	113		238				
HOW APPEALING TECH THAT COULD: Allow me to	Very / somewhat appealing	82%	83%	88%				85%		75%
communicate with everyone responsible for coordinating	Not very / not at all appealing	14%	14%	8%				13%		18%
care	Don't Know / Refused	4%	3%	4%	3%	5%	3%	2%	3%	7%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL	SHARE	-		GNIFICAN	_
		L	WITH O	THERS?	Α (CAREGIVE	R?
		Overall	No	Yes	Most significan t	Not most	Moderate ly / minor
UNWEIGHTED COUNT	Unweighted count	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me	Very appealing	44%	49%	40%	54%	43%	29%
discover and learn about caregiver products and services	Somewhat appealing	35%	33%	37%	29%	38%	40%
	Not too appealing	12%	9%	14%	9%	11%	17%
	Not at all appealing	6%	6%	6%	6%	4%	9%
	Don't know / Prefer not to answer	3%	3%	3%	2%	3%	5%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me	Very appealing	49%	49%	49%	52%	52%	40%
understand insurance benefits and navigate the insurance	Somewhat appealing	32%	31%	33%	29%	32%	37%
claims system	Not too appealing	9%	10%	9%	9%	8%	12%
	Not at all appealing	6%	7%	5%	6%	5%	6%
	Don't know / Prefer not to answer	4%	4%	4%	4%	3%	4%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me	Very appealing	44%	52%	38%	51%	47%	29%
balance everyday life with my responsibilities as a	Somewhat appealing	33%	26%	39%	32%	31%	40%
caregiver	Not too appealing	10%	9%	11%	6%	12%	14%
	Not at all appealing	8%	9%	8%	7%	7%	12%
	Don't know / Prefer not to answer	4%	4%	4%	4%	3%	6%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	79%	79%	80%	80%	83%	72%
organize and manage many aspects of care, rather than	Not very / not at all appealing	17%	17%	16%	16%	14%	21%
just one or two, in one place	Don't Know / Refused	4%	4%	4%	4%	3%	6%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Allow me to	Very / somewhat appealing	82%	81%	83%	81%	85%	78%
communicate with everyone responsible for coordinating	Not very / not at all appealing	14%	15%	14%	16%	12%	15%
care	Don't Know / Refused	4%	4%	3%	3%	3%	7%
	Total	700	314	384	282	247	170



		OVERAL	CARE FOR	CARE FOR	CARE FOR	CARE FOR	HOLIBS	:/WEEK	PROVIDING	G CARE
		-	1 011	1011	1011	1 011	HOOKS	VVLLIXI	KOVIDIIN	JOANE
					Other	Someon				More
		Overall	Child	Parent	Relative	e else	2 to 6		11 to 20	than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124		320	137	101	142
HOW APPEALING TECH THAT COULD: Allow me to	Very / somewhat appealing	84%	85%	85%	86%	80%	84%	81%	86%	84%
share information directly with doctors and other service	Not very / not at all appealing	13%	12%	13%	12%	15%	13%	14%	12%	13%
providers	Don't Know / Refused	3%	3%	3%	2%	5%	3%	5%	2%	3%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Remind the	Very / somewhat appealing	77%	78%	77%	84%	72%	78%	77%	77%	77%
people I care for to take their medications or eat a meal	Not very / not at all appealing	18%	18%	19%	13%	21%	18%	19%	19%	16%
	Don't Know / Refused	5%	4%	4%	3%	7%	4%	4%	4%	7%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Help me find out	Very / somewhat appealing	84%	84%	87%	87%	79%	82%	86%	85%	85%
reliable information about the needs and conditions of the	Not very / not at all appealing	13%	13%	10%	11%	15%	15%	9%	13%	13%
people I care for	Don't Know / Refused	3%	3%	3%	2%	6%	3%	4%	2%	3%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Provide a	Very / somewhat appealing	71%	75%	68%	73%	61%	65%	71%	78%	77%
support network of other caregivers in similar situations	Not very / not at all appealing	25%	21%	26%	25%	31%	30%	24%	19%	18%
	Don't Know / Refused	5%	4%	5%	2%	8%	5%	5%	3%	5%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Provide access	Very / somewhat appealing	85%	87%	83%	94%	81%	87%	82%	87%	83%
to test results and other medical records in one place	Not very / not at all appealing	11%	10%	13%	6%	12%	9%	13%	10%	13%
	Don't Know / Refused	4%	3%	3%	1%	7%	3%	4%	3%	4%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Connecting me	Very / somewhat appealing	68%	70%	69%	72%	60%	62%	72%	76%	72%
with caregivers who could fill in when needed	Not very / not at all appealing	28%	26%	26%	27%	35%	34%	25%	20%	25%
	Don't Know / Refused	4%	4%	4%	2%	5%	4%	4%	4%	4%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	68%	75%	68%	68%	54%	65%	66%	71%	75%
connect to other caregivers for support or conversation	Not very / not at all appealing	28%	21%	29%	31%	41%	32%	29%	25%	22%
	Don't Know / Refused	4%	4%	3%	2%	5%	4%	4%	4%	3%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL L	GEN	IDER		AGE	CATEGO	RIFS	
			CEIV	DEIX		, NOL	0/11200	I	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Allow me to	Very / somewhat appealing	84%	81%	-	82%	84%	87%		78%
share information directly with doctors and other service	Not very / not at all appealing	13%	17%	12%	16%	12%	7%	12%	21%
providers	Don't Know / Refused	3%	2%	4%	2%	4%	6%		1%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Remind the	Very / somewhat appealing	77%	81%	76%	80%	80%	80%	76%	60%
people I care for to take their medications or eat a meal	Not very / not at all appealing	18%	16%	19%	15%	16%	14%	19%	33%
	Don't Know / Refused	5%	3%	5%	5%	4%	6%	5%	6%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me find out	Very / somewhat appealing	84%	86%	83%	86%	82%	84%	90%	73%
reliable information about the needs and conditions of the	Not very / not at all appealing	13%	13%	13%	11%	14%	11%	9%	24%
people I care for	Don't Know / Refused	3%	2%	4%	2%	4%	5%	1%	3%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Provide a	Very / somewhat appealing	71%	72%	70%	81%	69%	77%	65%	51%
support network of other caregivers in similar situations	Not very / not at all appealing	25%	24%	25%	16%	27%	17%	29%	44%
	Don't Know / Refused	5%	4%	5%	3%	4%	6%	6%	5%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Provide access	Very / somewhat appealing	85%	86%	85%	84%	87%	85%	89%	79%
to test results and other medical records in one place	Not very / not at all appealing	11%	12%	11%	13%	9%	8%	10%	19%
	Don't Know / Refused	4%	3%	4%	3%	4%	7%	1%	1%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Connecting me	Very / somewhat appealing	68%	73%	66%	72%	68%	72%	66%	59%
with caregivers who could fill in when needed	Not very / not at all appealing	28%	25%	29%	26%	28%	21%	32%	40%
	Don't Know / Refused	4%	2%	5%	3%	4%	8%	2%	1%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	68%	69%	68%	78%	70%	70%	61%	49%
connect to other caregivers for support or conversation	Not very / not at all appealing	28%	28%	28%	19%	26%	23%	37%	49%
	Don't Know / Refused	4%	3%	4%	3%	4%	6%	2%	3%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AG					
		L	CATEG	ORIES		EDUCATION	ON LEVEL	
					High	Some college,	College	
		Overall	Under 40	40 or older	School or less	no degree	graduate (BA/BS)	Advance d degree
UNWEIGHTED COUNT	Unweighted count	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Allow me to	Very / somewhat appealing	84%	83%	85%	81%	82%	88%	85%
share information directly with doctors and other service	Not very / not at all appealing	13%	14%	12%	15%	14%	11%	13%
providers	Don't Know / Refused	3%	3%	3%	4%	4%	2%	1%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Remind the	Very / somewhat appealing	77%	80%	74%	72%	79%	80%	74%
people I care for to take their medications or eat a meal	Not very / not at all appealing	18%	16%	20%	21%	16%	17%	24%
	Don't Know / Refused	5%	4%	6%	7%	5%	3%	3%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Help me find out	Very / somewhat appealing	84%	84%	83%	78%	82%	87%	87%
reliable information about the needs and conditions of the	Not very / not at all appealing	13%	13%	14%	17%	13%	12%	10%
people I care for	Don't Know / Refused	3%	3%	3%	4%	4%	1%	3%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Provide a	Very / somewhat appealing	71%	74%	67%	68%	69%	74%	72%
support network of other caregivers in similar situations	Not very / not at all appealing	25%	22%	27%	26%	27%	22%	24%
	Don't Know / Refused	5%	4%	6%	6%	4%	5%	4%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Provide access	Very / somewhat appealing	85%	86%	85%	82%	83%	90%	87%
to test results and other medical records in one place	Not very / not at all appealing	11%	11%	11%	14%	12%	8%	12%
	Don't Know / Refused	4%	3%	4%	4%	5%	2%	1%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Connecting me	Very / somewhat appealing	68%	69%	67%	61%	69%	71%	68%
with caregivers who could fill in when needed	Not very / not at all appealing	28%	27%	29%	34%	27%	27%	28%
	Don't Know / Refused	4%	3%	4%	5%	5%	2%	4%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	68%	73%	62%	67%	67%	71%	65%
connect to other caregivers for support or conversation	Not very / not at all appealing	28%	23%	34%	29%	28%	26%	34%
	Don't Know / Refused	4%	3%	4%	4%	5%	3%	1%
	Total	700	373	325	134	256	242	68



		OVERAL L			DINCOM		DA	.CE
		<u> </u>	П	OUSEHO	TO INCOM	E I	KA	.CE
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Allow me to	Very / somewhat appealing	84%	80%	86%	85%	90%	84%	84%
share information directly with doctors and other service	Not very / not at all appealing	13%	15%	12%	14%	8%	13%	12%
providers	Don't Know / Refused	3%	5%	3%	1%	2%	3%	4%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Remind the	Very / somewhat appealing	77%	77%	76%	79%	81%	76%	83%
people I care for to take their medications or eat a meal	Not very / not at all appealing	18%	18%	19%	17%	15%	19%	12%
	Don't Know / Refused	5%	5%	4%	4%	4%	4%	5%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Help me find out	Very / somewhat appealing	84%	82%	83%	86%	87%	83%	89%
reliable information about the needs and conditions of the	Not very / not at all appealing	13%	14%	13%	14%	10%	14%	8%
people I care for	Don't Know / Refused	3%	4%	4%	1%	3%	3%	3%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Provide a	Very / somewhat appealing	71%	69%	73%	70%	75%	70%	73%
support network of other caregivers in similar situations	Not very / not at all appealing	25%	27%	22%	25%	21%	25%	23%
	Don't Know / Refused	5%	5%	5%	5%	3%	5%	5%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Provide access	Very / somewhat appealing	85%	85%	82%	84%	93%	85%	88%
to test results and other medical records in one place	Not very / not at all appealing	11%	11%	15%	13%	5%	12%	8%
	Don't Know / Refused	4%	4%	3%	3%	3%	3%	5%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Connecting me	Very / somewhat appealing	68%	63%	70%	74%	75%	66%	76%
with caregivers who could fill in when needed	Not very / not at all appealing	28%	32%	27%	25%	21%	30%	20%
	Don't Know / Refused	4%	4%	3%	2%	4%	4%	4%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	68%	64%	70%	70%	75%	67%	74%
connect to other caregivers for support or conversation	Not very / not at all appealing	28%	31%	27%	28%	22%	30%	22%
	Don't Know / Refused	4%	4%	3%	2%	3%	4%	4%
	Total	700	259	139	125	150	562	132



		OVERAL L			REGIONS			EN	//PLOYME	NT
		Overall	Western MA		Southeas t MA	Outer	Boston / Inner Suburbs	Full-time		Not employe d
UNWEIGHTED COUNT	Unweighted count	700				238				177
HOW APPEALING TECH THAT COULD: Allow me to	Very / somewhat appealing	84%	87%	85%	88%	81%	83%	86%	83%	81%
share information directly with doctors and other service	Not very / not at all appealing	13%	10%	13%	11%	14%	14%	12%	14%	15%
providers	Don't Know / Refused	3%	3%	2%	1%	5%	3%	3%	3%	5%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Remind the	Very / somewhat appealing	77%	81%	76%	79%	74%	80%	80%	76%	73%
people I care for to take their medications or eat a meal	Not very / not at all appealing	18%	15%	19%	19%	20%	15%	17%	18%	20%
	Don't Know / Refused	5%	4%	5%	2%	5%	5%	3%	6%	7%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Help me find out	Very / somewhat appealing	84%	86%	87%	83%	82%	84%	85%	88%	79%
reliable information about the needs and conditions of the	Not very / not at all appealing	13%	12%	11%	15%	15%	12%	13%	9%	17%
people I care for	Don't Know / Refused	3%	2%	3%	2%	4%	3%	2%	3%	5%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Provide a	Very / somewhat appealing	71%	72%	73%	69%	67%	74%	74%	76%	59%
support network of other caregivers in similar situations	Not very / not at all appealing	25%	24%	22%	27%	27%	21%	23%	20%	33%
	Don't Know / Refused	5%	4%	4%	4%	5%	4%	3%	4%	8%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Provide access	Very / somewhat appealing	85%	86%	85%	91%	84%	83%	87%	85%	82%
to test results and other medical records in one place	Not very / not at all appealing	11%	13%	11%	8%	11%	13%	10%	11%	13%
	Don't Know / Refused	4%	1%	4%	1%	5%	3%	3%	4%	5%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Connecting me	Very / somewhat appealing	68%	68%	69%	68%	66%	70%	70%	71%	60%
with caregivers who could fill in when needed	Not very / not at all appealing	28%	31%	27%	30%	29%	26%	27%	24%	34%
	Don't Know / Refused	4%	1%	4%	2%	5%	4%	3%	6%	5%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	68%	66%	72%	73%	65%	70%	71%	72%	59%
connect to other caregivers for support or conversation	Not very / not at all appealing	28%	33%	24%	25%	32%	26%	26%	22%	38%
	Don't Know / Refused	4%	1%	4%	2%	4%	5%	3%	5%	3%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL		_		GNIFICAN	
		L	WITH O	THERS?	Α (CAREGIVE	:R?
		Overall	No	Yes	Most significan t		Moderate
UNWEIGHTED COUNT	Unweighted count	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Allow me to	Very / somewhat appealing	84%	85%	83%	84%	86%	80%
share information directly with doctors and other service	Not very / not at all appealing	13%	12%	14%	13%	12%	15%
providers	Don't Know / Refused	3%	3%	3%	3%	2%	5%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Remind the	Very / somewhat appealing	77%	78%	78%	76%	84%	70%
people I care for to take their medications or eat a meal	Not very / not at all appealing	18%	18%	17%	18%	14%	22%
	Don't Know / Refused	5%	4%	5%	5%	2%	8%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me find out	Very / somewhat appealing	84%	83%	85%	84%	86%	79%
reliable information about the needs and conditions of the	Not very / not at all appealing	13%	14%	12%	13%	12%	15%
people I care for	Don't Know / Refused	3%	3%	3%	2%	2%	5%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Provide a	Very / somewhat appealing	71%	72%	70%	75%	73%	59%
support network of other caregivers in similar situations	Not very / not at all appealing	25%	24%	25%	21%	23%	34%
	Don't Know / Refused	5%	4%	5%	4%	4%	7%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Provide access	Very / somewhat appealing	85%	85%	86%	87%	87%	82%
to test results and other medical records in one place	Not very / not at all appealing	11%	12%	10%	11%	9%	13%
	Don't Know / Refused	4%	3%	4%	2%	4%	5%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Connecting me	Very / somewhat appealing	68%	68%	68%	67%	73%	62%
with caregivers who could fill in when needed	Not very / not at all appealing	28%	28%	28%	29%	25%	31%
	Don't Know / Refused	4%	4%	4%	4%	2%	6%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	68%	70%	67%	74%	69%	56%
connect to other caregivers for support or conversation	Not very / not at all appealing	28%	27%	29%	22%	28%	38%
	Don't Know / Refused	4%	3%	4%	3%	3%	6%
	Total	700	314	384	282	247	170



		OVERAL L	CARE FOR	CARE FOR	CARE FOR	CARE FOR	HOURS	/ WEEK F	PROVIDING	G CARE
		Overall	Child	Parent	Other Relative	Someon e else	2 to 6	7 to 10	11 to 20	More than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124	95	320	137		142
HOW APPEALING TECH THAT COULD: Help me feel	Very / somewhat appealing	64%	72%	62%	62%	49%	60%	61%	66%	74%
less alone and/or guilty	Not very / not at all appealing	31%	25%	32%	33%	41%	35%	34%	30%	21%
	Don't Know / Refused	5%	3%	6%	5%	9%	6%	6%	4%	5%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	79%	80%	80%	81%	74%	77%	74%	86%	81%
discover and learn about caregiver products and services	Not very / not at all appealing	18%	17%	17%	17%	21%	20%	21%	12%	15%
	Don't Know / Refused	3%	3%	3%	2%	5%	3%	4%	2%	4%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	81%	83%	84%	86%	73%	80%	80%	86%	83%
understand insurance benefits and navigate the insurance	Not very / not at all appealing	15%	13%	14%	12%	20%	17%	16%	12%	12%
claims system	Don't Know / Refused	4%	4%	2%	2%	7%	3%	4%	2%	5%
	Total	700	343	231	124	95	320	137	101	142
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	78%	79%	80%	83%	68%	76%	75%	85%	79%
balance everyday life with my responsibilities as a	Not very / not at all appealing	18%	17%	18%	15%	24%	20%	20%	13%	18%
caregiver	Don't Know / Refused	4%	5%	2%	2%	7%	4%	4%	2%	4%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL	CEN	DER		۸۵۶	CATEGO	DIEC	
			GEN	DEK		AGE	CATEGO	KIES	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me feel	Very / somewhat appealing	64%	61%	65%	75%	65%	67%	50%	51%
less alone and/or guilty	Not very / not at all appealing	31%	36%	29%	23%	31%	24%	42%	44%
	Don't Know / Refused	5%	4%	6%	2%	4%	9%	8%	5%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	79%	80%	78%	82%	77%	80%	83%	68%
discover and learn about caregiver products and services	Not very / not at all appealing	18%	18%	18%	15%	19%	14%	16%	31%
	Don't Know / Refused	3%	2%	4%	3%	4%	6%	1%	1%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	81%	84%	80%	79%	82%	82%	85%	77%
understand insurance benefits and navigate the insurance	Not very / not at all appealing	15%	15%	15%	18%	15%	10%	15%	19%
claims system	Don't Know / Refused	4%	2%	4%	3%	4%	8%	0%	4%
	Total	700	188	512	148	225	141	106	78
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	78%	80%	77%	81%	80%	81%	74%	67%
balance everyday life with my responsibilities as a	Not very / not at all appealing	18%	17%	19%	16%	16%	13%	24%	33%
caregiver	Don't Know / Refused	4%	3%	4%	3%	4%	6%	3%	0%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AG	SE .				
		L	CATEG	ORIES		EDUCATION	ON LEVEL	-
					High	Some college,	College	
		Overall	Under 40	40 or older	School or less	no degree	graduate	Advance d degree
UNWEIGHTED COUNT	Unweighted count	700	373	325	134	256	` '	68
HOW APPEALING TECH THAT COULD: Help me feel	Very / somewhat appealing	64%	69%	58%	61%	64%	65%	63%
less alone and/or guilty	Not very / not at all appealing	31%	28%	34%	32%	31%	31%	31%
	Don't Know / Refused	5%	3%	8%	7%	5%	4%	6%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	79%	79%	78%	75%	77%	84%	75%
discover and learn about caregiver products and services	Not very / not at all appealing	18%	17%	19%	19%	20%	14%	24%
	Don't Know / Refused	3%	3%	3%	5%	4%	2%	1%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	81%	81%	82%	73%	79%	88%	84%
understand insurance benefits and navigate the insurance	Not very / not at all appealing	15%	16%	14%	23%	17%	9%	15%
claims system	Don't Know / Refused	4%	3%	4%	4%	5%	3%	1%
	Total	700	373	325	134	256	242	68
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	78%	80%	75%	75%	75%	82%	78%
balance everyday life with my responsibilities as a	Not very / not at all appealing	18%	16%	21%	19%	20%	15%	21%
caregiver	Don't Know / Refused	4%	4%	4%	6%	5%	2%	1%
	Total	700	373	325	134	256	242	68



		OVERAL L	Н	OUSEHOI	LD INCOM	IE .	RACE	
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Help me feel	Very / somewhat appealing	64%	64%	62%	65%	68%	62%	71%
less alone and/or guilty	Not very / not at all appealing	31%	30%	33%	33%	27%	33%	23%
	Don't Know / Refused	5%	5%	5%	2%	5%	5%	6%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	79%	74%	79%	80%	88%	78%	80%
discover and learn about caregiver products and services	Not very / not at all appealing	18%	22%	17%	19%	10%	19%	16%
	Don't Know / Refused	3%	5%	4%	1%	2%	3%	4%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	81%	76%	82%	86%	85%	81%	83%
understand insurance benefits and navigate the insurance	Not very / not at all appealing	15%	18%	16%	11%	12%	15%	13%
claims system	Don't Know / Refused	4%	5%	2%	2%	3%	4%	4%
	Total	700	259	139	125	150	562	132
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	78%	76%	76%	79%	85%	78%	77%
balance everyday life with my responsibilities as a	Not very / not at all appealing	18%	19%	20%	19%	13%	19%	18%
caregiver	Don't Know / Refused	4%	5%	4%	2%	3%	4%	5%
	Total	700	259	139	125	150	562	132



		OVERAL			REGIONS			FN	MPLOYME	NT
		_	Western		Southeas	Outer	Boston /			Not employe
		Overall	MA	MA	t MA		Suburbs	Full-time	Part-time	
UNWEIGHTED COUNT	Unweighted count	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Help me feel	Very / somewhat appealing	64%	65%	66%	65%	58%	69%	65%	65%	61%
less alone and/or guilty	Not very / not at all appealing	31%	30%	30%	30%	35%	27%	32%	29%	32%
	Don't Know / Refused	5%	5%	4%	5%	7%	4%	4%	6%	7%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	79%	80%	82%	80%	76%	79%	81%	79%	73%
discover and learn about caregiver products and services	Not very / not at all appealing	18%	18%	16%	18%	18%	19%	16%	17%	23%
	Don't Know / Refused	3%	2%	2%	2%	5%	3%	3%	3%	5%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	81%	85%	85%	82%	78%	81%	85%	83%	73%
understand insurance benefits and navigate the insurance	Not very / not at all appealing	15%	14%	11%	15%	17%	16%	13%	13%	21%
claims system	Don't Know / Refused	4%	1%	4%	3%	5%	3%	3%	4%	6%
	Total	700	100	113	101	238	145	355	156	177
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	78%	80%	79%	74%	77%	80%	81%	79%	72%
balance everyday life with my responsibilities as a	Not very / not at all appealing	18%	19%	18%	22%	18%	17%	17%	15%	23%
caregiver	Don't Know / Refused	4%	1%	4%	4%	5%	3%	2%	6%	5%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL L	SHARE WITH O	_		GNIFICAN CAREGIVE	_
		Overall	No	Yes	Most significan t	Not most	Moderate ly / minor
UNWEIGHTED COUNT	Unweighted count	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me feel	Very / somewhat appealing	64%	71%	58%	70%	64%	53%
less alone and/or guilty	Not very / not at all appealing	31%	25%	36%	26%	31%	39%
	Don't Know / Refused	5%	4%	6%	4%	5%	8%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	79%	82%	77%	82%	82%	69%
discover and learn about caregiver products and services	Not very / not at all appealing	18%	15%	20%	16%	15%	26%
	Don't Know / Refused	3%	3%	3%	2%	3%	5%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	81%	80%	83%	81%	84%	77%
understand insurance benefits and navigate the insurance	Not very / not at all appealing	15%	16%	14%	15%	13%	19%
claims system	Don't Know / Refused	4%	4%	4%	4%	3%	4%
	Total	700	314	384	282	247	170
HOW APPEALING TECH THAT COULD: Help me	Very / somewhat appealing	78%	78%	77%	83%	78%	69%
balance everyday life with my responsibilities as a	Not very / not at all appealing	18%	18%	19%	14%	19%	25%
caregiver	Don't Know / Refused	4%	4%	4%	4%	3%	6%
	Total	700	314	384	282	247	170



		OVERAL	CARE	CARE	CARE	CARE				
		L	FOR	FOR	FOR	FOR	HOURS	/ WEEK F	PROVIDING	G CARE
					Other	Someon				More
		Overall	Child	Parent	Relative	e else	2 to 6	7 to 10	11 to 20	than 20
UNWEIGHTED COUNT	Unweighted count	700			124		320		101	142
How have you mostly heard about the health devices or apps you decided to use in providing care?	Recommendations from friends or family	41%	40%	43%	36%	43%	38%	42%	48%	39%
	Advertisements	19%	21%	20%	21%	18%	16%	22%	21%	22%
	Recommendations from doctors	41%	41%	39%	40%	39%	41%	42%	36%	43%
	Recommendations from nurses or other healthcare staff	39%	34%	39%	41%	54%	41%	45%	33%	34%
	Recommendations from other caregivers	29%	30%	29%	28%	34%	27%	35%	25%	30%
	Social media	39%	45%	37%	42%	30%	36%	37%	32%	54%
	Doing your own online research	56%	55%	58%	56%	52%	59%	57%	49%	54%
	News media sources	16%	16%	19%	20%	8%	14%	21%	19%	12%
	Other (please specify):	1%	1%	1%	1%	0%	1%	0%	0%	2%
	I do not use any health devices or apps	0%	0%	0%	0%	0%	0%	0%	0%	0%
	Don't Know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%	0%	0%
	Total	504	266	161	95	61	214	100	81	109
HOW OFTEN DO YOU FEEL: Isolation	Constantly	8%	7%	11%	8%	12%	6%	10%	8%	11%
	Often	20%	24%	19%	15%	15%	16%	23%	25%	23%
	Sometimes	31%	33%	33%	35%	21%	35%	29%	28%	27%
	Rarely	19%	18%	16%	22%	21%	21%	18%	12%	18%
	Never	21%	17%	20%	19%	31%	21%	18%	28%	18%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	%	2%	0%	2%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL L	GEN	IDER		AGE	CATEGO	RIFS	
		_	<u> </u>			7.02	o, ii Loo	THE O	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
How have you mostly heard about the health devices or apps you decided to use in providing care?	Recommendations from friends or family	41%	32%	45%	41%	36%	45%	42%	48%
	Advertisements	19%	27%	16%	26%	18%	14%	18%	20%
	Recommendations from doctors	41%	44%	40%	42%	43%	39%	33%	43%
	Recommendations from nurses or other healthcare staff	39%	36%	41%	34%	35%	38%	52%	50%
	Recommendations from other caregivers	29%	25%	31%	40%	25%	34%	18%	20%
	Social media	39%	42%	38%	46%	42%	45%	25%	15%
	Doing your own online research	56%	53%	57%	58%	54%	55%	49%	73%
	News media sources	16%	25%	12%	20%	14%	13%	13%	20%
	Other (please specify):	1%	1%	1%	0%	2%	0%	1%	0%
	I do not use any health devices or apps	0%	0%	0%	0%	0%	0%	0%	0%
	Don't Know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%	0%
	Total	504	154	350	125	173	97	67	40
HOW OFTEN DO YOU FEEL: Isolation	Constantly	8%	6%	9%	8%	8%	9%	9%	6%
	Often	20%	18%	21%	20%	25%	20%	12%	17%
	Sometimes	31%	33%	31%	39%	26%	32%	27%	38%
	Rarely	19%	19%	19%	17%	21%	21%	21%	10%
	Never	21%	23%	20%	16%	18%	17%	30%	28%
	Don't know / Prefer not to answer	1%	1%	1%	1%	2%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AC	E E				
		L	CATEG	ORIES		EDUCATION	ON LEVEL	_
					High	Some college,	College	
		Overall	Under 40	40 or older	School or less			Advance d degree
UNWEIGHTED COUNT	Unweighted count	700		325			` ,	
How have you mostly heard about the health devices or apps you decided to use in providing care?	Recommendations from friends or family	41%		45%			36%	50%
	Advertisements	19%	21%	17%	27%	20%	17%	13%
	Recommendations from doctors	41%	43%	38%	38%	42%	42%	39%
	Recommendations from nurses or other healthcare staff	39%	35%	45%	36%	43%	38%	35%
	Recommendations from other caregivers	29%	31%	26%	28%	29%	29%	33%
	Social media	39%	44%	33%	47%	42%	34%	39%
	Doing your own online research	56%	56%	56%	49%	55%	60%	59%
	News media sources	16%	17%	15%	22%	15%	13%	20%
	Other (please specify):	1%	1%	%	1%	1%	1%	0%
	I do not use any health devices or apps	0%	0%	0%	0%	0%	0%	0%
	Don't Know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%
	Total	504	298	204	89	185	184	46
HOW OFTEN DO YOU FEEL: Isolation	Constantly	8%	8%	9%	12%	7%	6%	13%
	Often	20%	23%	17%	12%	19%	26%	18%
	Sometimes	31%	31%	32%	32%	29%	34%	31%
	Rarely	19%	19%	18%	17%	18%	20%	19%
	Never	21%	17%	24%	26%	25%	13%	19%
	Don't know / Prefer not to answer	1%	1%	1%	1%	2%	1%	0%
	Total	700	373	325	134	256	242	68



		OVERAL						
		L	Н	OUSEHO	LD INCOM	<u>E</u>	RA	CE
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259		125		562	132
How have you mostly heard about the health devices or apps you decided to use in providing care?	Recommendations from friends or family	41%	43%	32%	43%	42%	40%	43%
	Advertisements	19%	24%	19%	24%	11%	17%	25%
	Recommendations from doctors	41%	39%	47%	42%	33%	39%	47%
	Recommendations from nurses or other healthcare staff	39%	42%	38%	36%	38%	38%	44%
	Recommendations from other caregivers	29%	29%	32%	28%	28%	28%	35%
	Social media	39%	46%	41%	30%	36%	35%	54%
	Doing your own online research	56%	55%	56%	53%	58%	57%	51%
	News media sources	16%	16%	15%	24%	13%	15%	17%
	Other (please specify):	1%	2%	0%	0%	1%	1%	0%
	I do not use any health devices or apps	0%	0%	0%	0%	0%	0%	0%
	Don't Know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%
	Total	504	185	95	88	120	390	110
HOW OFTEN DO YOU FEEL: Isolation	Constantly	8%	10%	6%	8%	9%	9%	6%
	Often	20%	19%	16%	22%	24%	20%	19%
	Sometimes	31%	31%	36%	32%	30%	31%	33%
	Rarely	19%	15%	22%	19%	21%	19%	17%
	Never	21%	24%	19%	18%	17%	19%	24%
	Don't know / Prefer not to answer	1%	2%	0%	2%	0%	1%	2%
	Total	700	259	139	125	150	562	132



		OVERAL L			REGIONS			EN	MPLOYME	NT
		Overall	Western MA		Southeas t MA	Outer Boston	Boston / Inner Suburbs		Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700	100	113	101	238	145	355	156	177
How have you mostly heard about the health devices or apps you decided to use in providing care?	Recommendations from friends or family	41%	45%	44%	40%	36%	43%	38%	42%	46%
	Advertisements	19%	27%	16%	12%	18%	23%	19%	16%	22%
	Recommendations from doctors	41%	44%	35%	44%	43%	39%	43%	37%	39%
	Recommendations from nurses or other healthcare staff	39%	42%	33%	37%	41%	41%	37%	36%	48%
	Recommendations from other caregivers	29%	29%	38%	29%	30%	22%	33%	27%	22%
	Social media	39%	47%	34%	40%	38%	41%	37%	46%	41%
	Doing your own online research	56%	63%	61%	53%	53%	56%	54%	51%	64%
	News media sources	16%	25%	11%	8%	17%	17%	15%	17%	17%
	Other (please specify):	1%	1%	0%	3%	1%	0%	0%	2%	2%
	I do not use any health devices or apps	0%	0%	0%	0%	0%	0%	0%	0%	0%
	Don't Know / Prefer not to answer	0%	0%	0%	0%	0%	0%	0%	0%	0%
	Total	504	73	80	75	163	111	282	102	112
HOW OFTEN DO YOU FEEL: Isolation	Constantly	8%	6%	12%	9%	7%	9%	7%	9%	11%
	Often	20%	20%	18%	26%	21%	18%	18%	20%	24%
	Sometimes	31%	29%	31%	29%	32%	33%	31%	31%	33%
	Rarely	19%	18%	20%	12%		21%	22%	18%	12%
	Never	21%	27%	18%	25%	19%	19%	21%	21%	
	Don't know / Prefer not to answer	1%	0%	1%	0%	2%	1%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL	SHARE			GNIFICAN	_
		L	WITH O	THERS?	Α (CAREGIVE	R?
		Overall	No	Yes	Most significan t		Moderate
UNWEIGHTED COUNT	Unweighted count	700	314	384	282		-
How have you mostly heard about the health devices or apps you decided to use in providing care?	Recommendations from friends or family	41%	35%	45%	42%	42%	35%
	Advertisements	19%	22%	18%	17%	22%	19%
	Recommendations from doctors	41%	44%	38%	40%	43%	39%
	Recommendations from nurses or other healthcare staff	39%	39%	39%	34%	43%	42%
	Recommendations from other caregivers	29%	29%	29%	30%	30%	25%
	Social media	39%	40%	39%	43%	38%	36%
	Doing your own online research	56%	54%	58%	55%	57%	56%
	News media sources	16%	18%	14%	15%	16%	17%
	Other (please specify):	1%	%	1%	%	1%	1%
	I do not use any health devices or apps	0%	0%	0%	0%	0%	0%
	Don't Know / Prefer not to answer	0%	0%	0%	0%	0%	0%
	Total	504	225	279	204	191	108
HOW OFTEN DO YOU FEEL: Isolation	Constantly	8%	10%	7%	11%	6%	8%
	Often	20%	25%	17%	25%	21%	10%
	Sometimes	31%	29%	34%	30%	32%	32%
	Rarely	19%	16%	21%	14%	22%	22%
	Never	21%	19%	22%	20%	17%	26%
	Don't know / Prefer not to answer	1%	2%	%	%	1%	2%
	Total	700	314	384	282	247	170



		OVERAL	CARE	CARE	CARE	CARE				
		L	FOR	FOR	FOR	FOR	HOURS	/ WEEK F	PROVIDIN	G CARE
		Overall	Child	Parent	Other Relative	Someon e else	2 to 6	7 to 10	11 to 20	More than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124			137	101	142
HOW OFTEN DO YOU FEEL: Feeling like a failure	Constantly	7%	7%	9%	7%		5%	9%	6%	
THOW OF TEN BO TOOT EEE. Tooming like a familie	Often	14%	17%	13%	18%			14%	10%	
	Sometimes	27%	29%	30%	19%		28%	27%	30%	
	Rarely	25%	26%	22%	28%		26%	27%	21%	
	Never	25%	20%	26%	27%		26%	20%	34%	
	Don't know / Prefer not to answer	23%	20%	1%	1%		1%	3%		
	Don't know / Freier not to answer	270	270	1 70	1 70	270	1 70	3%	0%	3%
	Total	700	343	231	124	95	320	137	101	142
HOW OFTEN DO YOU FEEL: Doubt	Constantly	8%	7%	10%	6%	9%	8%	6%	6%	10%
	Often	21%	24%	23%	19%	22%	21%	25%	22%	19%
	Sometimes	34%	34%	36%	35%	22%	32%	37%	32%	36%
	Rarely	21%	20%	19%	25%	24%	23%	18%	25%	19%
	Never	15%	14%	11%	14%	21%	16%	12%	16%	14%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	%	2%	0%	2%
	Total	700	343	231	124	95	320	137	101	142
HOW OFTEN DO YOU FEEL: Stress	Constantly	22%	21%	28%	19%	22%	21%	24%	21%	25%
	Often	38%	43%	39%	35%	34%	39%	41%	35%	37%
	Sometimes	27%	23%	24%	31%	31%	28%	23%	30%	25%
	Rarely	7%	7%	7%	8%	7%	7%	7%	9%	7%
	Never	4%	4%	2%	6%	5%	4%	3%	6%	4%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	%	2%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
HOW OFTEN DO YOU FEEL: Feeling burned out	Constantly	20%	21%	22%	20%	18%	18%	20%	23%	24%
	Often	28%	31%	29%	21%	25%	28%	30%	27%	26%
	Sometimes	33%	31%	33%	37%	32%	33%	33%	36%	33%
	Rarely	11%	9%	10%	15%	15%	14%	12%	6%	7%
	Never	7%	6%	5%	6%	9%	8%	4%	8%	8%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	%	2%	1%	1%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL	GEN	IDER		AGE	CATEGO	RIES	
			OLIV	DEN		AGL	CATEGO	(ILO	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Feeling like a failure	Constantly	7%	6%	8%	13%	6%	6%	6%	4%
	Often	14%	12%	15%	14%	16%	13%	14%	13%
	Sometimes	27%	21%	29%	26%	32%	31%	17%	21%
	Rarely	25%	30%	23%	30%	24%	25%	21%	23%
	Never	25%	30%	24%	18%	20%	23%	41%	38%
	Don't know / Prefer not to answer	2%	2%	2%	1%	2%	1%	2%	1%
	Total	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Doubt	Constantly	8%	6%	8%	13%	9%	4%	4%	6%
	Often	21%	20%	22%	13%	27%	22%	21%	22%
	Sometimes	34%	36%	33%	34%	29%	40%	36%	31%
	Rarely	21%	23%	21%	24%	20%	20%	23%	22%
	Never	15%	14%	15%	15%	13%	12%	17%	19%
	Don't know / Prefer not to answer	1%	1%	1%	1%	2%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Stress	Constantly	22%	19%	24%	24%	21%	26%	19%	23%
	Often	38%	37%	39%	41%	41%	35%	34%	40%
	Sometimes	27%	29%	26%	26%	25%	28%	34%	22%
	Rarely	7%	12%	6%	7%	7%	6%	8%	9%
	Never	4%	3%	4%	2%	4%	4%	5%	6%
	Don't know / Prefer not to answer	1%	1%	1%	0%	2%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Feeling burned out	Constantly	20%	16%	21%	27%	20%	19%	18%	12%
	Often	28%	28%	28%	20%	34%	28%	21%	32%
	Sometimes	33%	40%	31%	39%	29%	33%	30%	41%
	Rarely	11%	10%	11%	11%	8%	9%	21%	9%
	Never	7%	5%	8%	3%	7%	9%	9%	6%
	Don't know / Prefer not to answer	1%	1%	1%	0%	2%	1%	1%	0%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AG	SE				
		L	CATEG	ORIES		EDUCATION	ON LEVEL	_
				40 or	High School or	Some college, no	College graduate	Advance
		Overall	Under 40	older	less	degree		d degree
UNWEIGHTED COUNT	Unweighted count	700	373	325	134	256	242	68
HOW OFTEN DO YOU FEEL: Feeling like a failure	Constantly	7%	9%	6%	9%	7%	7%	4%
	Often	14%	15%	13%	11%	15%	16%	10%
	Sometimes	27%	29%	24%	25%	25%	27%	37%
	Rarely	25%	26%	23%	27%	21%	27%	26%
	Never	25%	19%	33%	26%	29%	22%	22%
	Don't know / Prefer not to answer	2%	2%	2%	2%	2%	1%	0%
	Total	700	373	325	134	256	242	68
HOW OFTEN DO YOU FEEL: Doubt	Constantly	8%	11%	5%	10%	7%	8%	3%
	Often	21%	21%	22%	16%	22%	24%	22%
	Sometimes	34%	31%	37%	27%	34%	35%	46%
	Rarely	21%	21%	21%	25%	20%	21%	19%
	Never	15%	14%	15%	22%	16%	11%	10%
	Don't know / Prefer not to answer	1%	1%	1%	1%	2%	1%	0%
	Total	700	373	325	134	256	242	68
HOW OFTEN DO YOU FEEL: Stress	Constantly	22%	22%	23%	21%	21%	27%	16%
	Often	38%	41%	36%	33%	36%	43%	46%
	Sometimes	27%	26%	28%	30%	29%	21%	31%
	Rarely	7%	7%	8%	9%	9%	6%	6%
	Never	4%	3%	5%	7%	4%	3%	1%
	Don't know / Prefer not to answer	1%	1%	1%	1%	2%	%	0%
	Total	700	373	325	134	256	242	68
HOW OFTEN DO YOU FEEL: Feeling burned out	Constantly	20%	23%	17%	22%	20%	21%	13%
	Often	28%	28%	27%	19%	24%	32%	43%
	Sometimes	33%	33%	34%	40%	32%	32%	29%
	Rarely	11%	9%	13%	10%	13%	10%	9%
	Never	7%	6%	8%	9%	9%	4%	6%
	Don't know / Prefer not to answer	1%	1%	1%	1%	2%	%	0%
	Total	700	373	325	134	256	242	68



		OVERAL						
		L	Н	OUSEHOL	D INCOM	E	RA	CE
			4-01		\$75k to less than	* 4 6 6 1	White / Caucasia	
LINIMEIOLITED COLINIT	Il lavos abted a court	Overall	< \$50k	\$75k	\$100k	\$100k +	n	All others
UNWEIGHTED COUNT HOW OFTEN DO YOU FEEL: Feeling like a failure	Unweighted count Constantly	700 7%	259 8%	139 8%	125 7%	150 5%	562 7%	132 9%
HOW OF LEN DO TOO FEEL. Feeling like a failule	Often	14%	16%	9%	21%	13%	15%	11%
	Sometimes	27%	24%	24%	29%	32%	27%	28%
		25%	24%	32%	19%	25%	24%	25%
	Rarely	25% 25%	23%	26%	23%	25%	24% 25%	
	Never Don't know / Prefer not to answer	25% 2%		1%	1%	25% 1%	25% 2%	26% 2%
	Don't know / Freier not to answer	270	3%	1 70	1 70	1 70	270	270
	Total	700	259	139	125	150	562	132
HOW OFTEN DO YOU FEEL: Doubt	Constantly	8%	11%	4%	10%	5%	8%	9%
	Often	21%	19%	24%	23%	21%	23%	17%
	Sometimes	34%	30%	37%	38%	36%	34%	34%
	Rarely	21%	20%	24%	14%	25%	22%	19%
	Never	15%	19%	9%	13%	13%	13%	20%
	Don't know / Prefer not to answer	1%	2%	0%	2%	0%	1%	2%
	Total	700	259	139	125	150	562	132
HOW OFTEN DO YOU FEEL: Stress	Constantly	22%	24%	19%	22%	22%	23%	19%
	Often	38%	34%	40%	46%	37%	40%	33%
	Sometimes	27%	25%	32%	23%	30%	26%	30%
	Rarely	7%	9%	6%	5%	8%	7%	11%
	Never	4%	6%	2%	3%	3%	3%	7%
	Don't know / Prefer not to answer	1%	2%	0%	1%	0%	1%	1%
	Total	700	259	139	125	150	562	132
HOW OFTEN DO YOU FEEL: Feeling burned out	Constantly	20%	23%	16%	20%	20%	21%	17%
	Often	28%	24%	28%	38%	26%	29%	23%
	Sometimes	33%	33%	40%	24%	35%	32%	38%
	Rarely	11%	10%	10%	10%	15%	11%	12%
	Never	7%	9%	6%	6%	5%	6%	9%
	Don't know / Prefer not to answer	1%	2%	0%	2%	0%	1%	1%
	Total	700	259	139	125	150	562	132



		OVERAL								
		L			REGIONS			EN	MPLOYME	NT
		Overall	Western MA	Central MA	Southeas t MA	Outer Boston Suburbs	Boston / Inner	Full-time	Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700				238				
HOW OFTEN DO YOU FEEL: Feeling like a failure	Constantly	7%			5%					
	Often	14%		16%	20%					
	Sometimes	27%	23%	30%	27%	29%	23%	26%	30%	26%
	Rarely	25%	27%	19%	19%					
	Never	25%	27%	22%	30%	24%	27%	26%	26%	25%
	Don't know / Prefer not to answer	2%	1%	1%	0%	3%	0%	1%	2%	1%
	Total	700	100	113	101	238	145	355	156	177
HOW OFTEN DO YOU FEEL: Doubt	Constantly	8%	12%	10%	6%	6%	8%	6%	7%	12%
	Often	21%	14%	22%	22%	21%	26%	21%	23%	22%
	Sometimes	34%	36%	33%	36%	34%	33%	38%	29%	30%
	Rarely	21%	22%	21%	16%	24%	19%	22%	19%	22%
	Never	15%	16%	13%	21%	13%	14%	12%	20%	14%
	Don't know / Prefer not to answer	1%	0%	1%	0%	2%	1%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177
HOW OFTEN DO YOU FEEL: Stress	Constantly	22%	24%	25%	28%	18%	24%	21%	19%	28%
	Often	38%	41%	40%	30%	43%	34%	39%	39%	37%
	Sometimes	27%	26%	27%	32%	25%	28%	28%	26%	26%
	Rarely	7%	9%	5%	8%	7%	8%	7%	8%	
	Never	4%		3%	3%	6%	6%	4%	6%	2%
	Don't know / Prefer not to answer	1%	0%	1%	0%	2%	0%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177
HOW OFTEN DO YOU FEEL: Feeling burned out	Constantly	20%	19%	25%	21%	19%	19%	19%	17%	26%
	Often	28%	36%	24%	19%	30%	28%	30%	26%	23%
	Sometimes	33%	30%	30%	40%	31%		34%	33%	
	Rarely	11%	13%	12%	12%	11%		10%		
	Never	7%	2%	8%	9%	8%	8%	6%	10%	7%
	Don't know / Prefer not to answer	1%	0%	1%	0%	2%	1%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL				GNIFICAN	
		L	WITH O	THERS?	Α (CAREGIVE	:R? I
		Overall	No	Yes	Most significan t	Not most	Moderate
UNWEIGHTED COUNT	Unweighted count	700	314	384			170
HOW OFTEN DO YOU FEEL: Feeling like a failure	Constantly	7%	9%	6%			_
3	Often	14%	17%	12%	16%		
	Sometimes	27%	25%	28%	28%		
	Rarely	25%	23%	26%	22%		30%
	Never	25%	25%	26%	23%	24%	31%
	Don't know / Prefer not to answer	2%	2%	1%			
	Total	700	314	384	282	247	170
HOW OFTEN DO YOU FEEL: Doubt	Constantly	8%	9%	7%	9%	8%	5%
	Often	21%	25%	18%	22%	23%	16%
	Sometimes	34%	29%	38%	35%	32%	34%
	Rarely	21%	23%	20%	18%	24%	23%
	Never	15%	14%	15%	16%	11%	19%
	Don't know / Prefer not to answer	1%	2%	%	%	1%	2%
	Total	700	314	384	282	247	170
HOW OFTEN DO YOU FEEL: Stress	Constantly	22%	27%	19%	23%	25%	17%
	Often	38%	38%	39%	42%	36%	36%
	Sometimes	27%	23%	30%	22%	30%	31%
	Rarely	7%	7%	7%	6%	8%	9%
	Never	4%	4%	4%	6%	1%	5%
	Don't know / Prefer not to answer	1%	1%	%	%	1%	2%
	Total	700	314	384	282	247	170
HOW OFTEN DO YOU FEEL: Feeling burned out	Constantly	20%	26%	16%	23%	21%	14%
	Often	28%	29%	27%	29%	29%	23%
	Sometimes	33%	28%	38%	29%	35%	38%
	Rarely	11%	10%	12%	11%	9%	15%
	Never	7%	7%	7%	8%	6%	8%
	Don't know / Prefer not to answer	1%	1%	1%	%	1%	2%
	Total	700	314	384	282	247	170



		OVERAL	CARE FOR	CARE FOR	CARE FOR	CARE FOR	ПОПВО	· / \\/EEK [PROVIDING	C CARE
			r OK	FOK	FOR	POK	HOURS	/ WEEK F	ROVIDING	G CARE
					Other	Someon				More
		Overall	Child	Parent	Relative	e else	2 to 6	7 to 10	11 to 20	than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124		320			142
HOW OFTEN DO YOU FEEL: Panic	Constantly	6%	6%	8%			6%			
	Often	15%	17%	17%	14%		13%	15%	15%	19%
	Sometimes	30%	31%	28%	33%		30%	32%		27%
	Rarely	27%	27%	23%	27%	32%	28%	25%	30%	26%
	Never	21%	18%	23%	21%	22%	23%	18%	20%	21%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	%	2%	0%	2%
	Total	700	343	231	124	95	320	137	101	142
HOW OFTEN DO YOU FEEL: Depression	Constantly	9%	10%	12%	6%	9%	8%	12%	6%	11%
	Often	17%	16%	21%	15%	17%	18%	16%	17%	18%
	Sometimes	29%	29%	29%	34%	28%	28%	33%	32%	27%
	Rarely	21%	22%	19%	18%	20%	20%	22%	22%	20%
	Never	23%	22%	18%	27%	24%	26%	15%	24%	21%
	Don't know / Prefer not to answer	1%	2%	1%	1%	1%	1%	2%	0%	3%
	Total	700	343	231	124	95	320	137	101	142
HOW OFTEN DO YOU FEEL: Feeling overwhelmed	Constantly	21%	22%	24%	17%	21%	20%	20%	20%	23%
	Often	29%	33%	29%	30%	20%	28%	31%	32%	27%
	Sometimes	32%	28%	31%	38%	36%	35%	30%	31%	30%
	Rarely	12%	12%	11%	8%	17%	10%	14%	11%	14%
	Never	5%	4%	4%	6%	5%	6%	3%	7%	4%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	%	2%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
HOW OFTEN DO YOU FEEL: Isolation	Constantly / often	28%	31%	29%	23%	26%	23%	33%	33%	35%
	Sometimes	31%	33%	33%	35%	21%	35%	29%	28%	27%
	Rarely / Never	39%	34%	37%	41%	52%	42%	36%	40%	36%
	Don't Know / Refused	1%	1%	1%	1%	1%	%	2%	0%	2%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL	CEN	IDER		۸۵۶	CATEGO	DIEC	
			GEN	וטבוג		AGE	CATEGO	NIES	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Panic	Constantly	6%	6%	6%	11%	7%	4%	4%	3%
	Often	15%	15%	15%	18%	17%	16%	11%	6%
	Sometimes	30%	28%	30%	29%	31%	30%	26%	31%
	Rarely	27%	24%	28%	26%	24%	32%	29%	28%
	Never	21%	26%	19%	16%	19%	17%	29%	32%
	Don't know / Prefer not to answer	1%	1%	1%	1%	2%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Depression	Constantly	9%	8%	10%	14%	8%	9%	10%	3%
	Often	17%	15%	18%	16%	20%	13%	16%	19%
	Sometimes	29%	24%	31%	26%	31%	35%	21%	31%
	Rarely	21%	23%	20%	22%	18%	18%	25%	24%
	Never	23%	28%	21%	22%	21%	22%	27%	22%
	Don't know / Prefer not to answer	1%	1%	1%	1%	2%	1%	1%	1%
	Total	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Feeling overwhelmed	Constantly	21%	16%	22%	26%	19%	24%	19%	13%
	Often	29%	27%	30%	28%	36%	26%	21%	29%
	Sometimes	32%	38%	30%	30%	28%	35%	39%	38%
	Rarely	12%	14%	11%	13%	12%	9%	13%	13%
	Never	5%	4%	5%	3%	4%	6%	8%	6%
	Don't know / Prefer not to answer	1%	1%	1%	0%	2%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Isolation	Constantly / often	28%	24%	30%	28%	33%	29%	22%	23%
	Sometimes	31%	33%	31%	39%	26%	32%	27%	38%
	Rarely / Never	39%	43%	38%	33%	39%	38%	51%	38%
	Don't Know / Refused	1%	1%	1%	1%	2%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AG	SE .				
		L	CATEG	ORIES		EDUCATION	ON LEVEL	
						Some		
				40	High	college,	College	
		Overall	Under 40	40 or older	School or less	no degree	graduate	Advance d degree
UNWEIGHTED COUNT	Unweighted count	700		325		256		68
HOW OFTEN DO YOU FEEL: Panic	Constantly	6%		3%		7%	5%	1%
	Often	15%		12%	13%	15%	15%	16%
	Sometimes	30%	30%	29%	29%	27%	32%	31%
	Rarely	27%	25%	30%	25%	24%	30%	32%
	Never	21%		25%	23%	25%	17%	19%
	Don't know / Prefer not to answer	1%		1%		2%	1%	0%
	Total	700	373	325	134	256	242	68
HOW OFTEN DO YOU FEEL: Depression	Constantly	9%	10%	8%	13%	10%	9%	1%
	Often	17%	18%	16%	16%	17%	17%	19%
	Sometimes	29%	29%	30%	24%	27%	32%	35%
	Rarely	21%	20%	22%	21%	20%	21%	22%
	Never	23%	21%	24%	25%	24%	20%	22%
	Don't know / Prefer not to answer	1%	1%	1%	1%	2%	1%	0%
	Total	700	373	325	134	256	242	68
HOW OFTEN DO YOU FEEL: Feeling overwhelmed	Constantly	21%	21%	20%	21%	21%	20%	21%
	Often	29%	33%	25%	20%	27%	34%	37%
	Sometimes	32%	29%	37%	34%	30%	34%	29%
	Rarely	12%	13%	11%	17%	13%	8%	9%
	Never	5%	3%	7%	7%	7%	3%	4%
	Don't know / Prefer not to answer	1%	1%	1%	1%	2%	%	0%
	Total	700	373	325	134	256	242	68
HOW OFTEN DO YOU FEEL: Isolation	Constantly / often	28%	31%	25%	24%	27%	32%	31%
	Sometimes	31%	31%	32%	32%	29%	34%	31%
	Rarely / Never	39%	37%	42%	43%	43%	33%	38%
	Don't Know / Refused	1%	1%	1%	1%	2%	1%	0%
	Total	700	373	325	134	256	242	68



		OVERAL						
		L	Н	OUSEHO	_D INCOM	E	RA	CE
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139	125		562	132
HOW OFTEN DO YOU FEEL: Panic	Constantly	6%	7%	7%	7%	4%	6%	7%
	Often	15%	18%	10%	17%	14%	15%	14%
	Sometimes	30%	27%	30%	32%	32%	30%	26%
	Rarely	27%	24%	34%	22%	29%	27%	30%
	Never	21%	22%	19%	21%	21%	20%	22%
	Don't know / Prefer not to answer	1%	2%	0%	2%	0%	1%	2%
	Total	700	259	139	125	150	562	132
HOW OFTEN DO YOU FEEL: Depression	Constantly	9%	12%	6%	10%	7%	9%	10%
	Often	17%	17%	18%	20%	14%	18%	14%
	Sometimes	29%	29%	28%	25%	33%	29%	29%
	Rarely	21%	17%	24%	26%	19%	20%	22%
	Never	23%	23%	23%	18%	26%	22%	23%
	Don't know / Prefer not to answer	1%	2%	0%	2%	1%	1%	2%
	Total	700	259	139	125	150	562	132
HOW OFTEN DO YOU FEEL: Feeling overwhelmed	Constantly	21%	23%	19%	16%	22%	21%	20%
	Often	29%	27%	28%	35%	29%	30%	24%
	Sometimes	32%	29%	40%	30%	36%	33%	30%
	Rarely	12%	13%	10%	10%	10%	10%	18%
	Never	5%	7%	2%	7%	3%	4%	7%
	Don't know / Prefer not to answer	1%	2%	0%	1%	0%	1%	1%
	Total	700	259	139	125	150	562	132
HOW OFTEN DO YOU FEEL: Isolation	Constantly / often	28%	28%	22%	30%	33%	29%	25%
	Sometimes	31%	31%	36%	32%	30%	31%	33%
	Rarely / Never	39%	39%	42%	37%	37%	38%	41%
	Don't Know / Refused	1%	2%	0%	2%	0%	1%	2%
	Total	700	259	139	125	150	562	132



		OVERAL			25010110				.5. 6.4.5	
		L		1	REGIONS		1	EN	MPLOYME	NT
		Overall	Western MA	Central MA	Southeas t MA		Boston / Inner Suburbs	Full-time	Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700	100	113	101	238				177
HOW OFTEN DO YOU FEEL: Panic	Constantly	6%	4%	8%	7%	6%	7%	6%	6%	8%
	Often	15%	17%	14%	10%	16%	16%	16%	15%	13%
	Sometimes	30%	36%	30%	32%	30%	22%	29%	31%	32%
	Rarely	27%	21%	28%	25%	26%	34%	28%	24%	29%
	Never	21%	22%	19%	27%	20%	21%	21%	23%	18%
	Don't know / Prefer not to answer	1%	0%	1%	0%	2%	1%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177
HOW OFTEN DO YOU FEEL: Depression	Constantly	9%	9%	12%	9%			9%		
	Often	17%	19%	19%	16%			14%	18%	
	Sometimes	29%	25%	27%	28%	30%	31%	29%	28%	30%
	Rarely	21%	25%	20%	24%	18%	21%	21%	21%	19%
	Never	23%	22%	20%	24%	24%	21%	25%	23%	17%
	Don't know / Prefer not to answer	1%	0%	1%	0%	3%	1%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177
HOW OFTEN DO YOU FEEL: Feeling overwhelmed	Constantly	21%	20%	26%	23%	17%	22%	20%	16%	27%
	Often	29%	34%	26%	20%	32%	30%	30%	29%	27%
	Sometimes	32%	32%	32%	42%	31%	30%	33%	32%	33%
	Rarely	12%	11%	15%	11%	13%	10%	13%	12%	10%
	Never	5%	3%	1%	5%	6%	8%	4%	9%	3%
	Don't know / Prefer not to answer	1%	0%	1%	0%	2%	0%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177
HOW OFTEN DO YOU FEEL: Isolation	Constantly / often	28%	26%	30%	35%	27%	27%	25%	29%	34%
	Sometimes	31%	29%	31%	29%	32%	33%	31%	31%	33%
	Rarely / Never	39%	45%	38%	37%	39%	39%	43%	38%	32%
	Don't Know / Refused	1%	0%	1%	0%	2%	1%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL	SHARE	-		GNIFICAN	_
		L	WITH O	THERS?	Α (CAREGIVE	R?
		Overall	No	Yes	Most significan t	Not most	Moderate ly / minor
UNWEIGHTED COUNT	Unweighted count	700	314	384	282	247	170
HOW OFTEN DO YOU FEEL: Panic	Constantly	6%	8%	5%	7%	7%	4%
	Often	15%	16%	14%	20%	12%	11%
	Sometimes	30%	26%	32%	28%	32%	30%
	Rarely	27%	28%	27%	25%	29%	28%
	Never	21%	20%	22%	20%	19%	25%
	Don't know / Prefer not to answer	1%	2%	%	%	1%	2%
	Total	700	314	384	282	247	170
HOW OFTEN DO YOU FEEL: Depression	Constantly	9%	12%	7%	12%	9%	5%
	Often	17%	20%	15%	21%	17%	11%
	Sometimes	29%	24%	33%	24%	30%	35%
	Rarely	21%	22%	20%	21%	21%	19%
	Never	23%	20%	24%	21%	21%	28%
	Don't know / Prefer not to answer	1%	2%	1%	1%	2%	2%
	Total	700	314	384	282	247	170
HOW OFTEN DO YOU FEEL: Feeling overwhelmed	Constantly	21%	25%	17%	25%	19%	15%
	Often	29%	30%	29%	29%	33%	23%
	Sometimes	32%	26%	37%	29%	32%	39%
	Rarely	12%	14%	10%	11%	11%	14%
	Never	5%	4%	6%	5%	4%	7%
	Don't know / Prefer not to answer	1%	1%	%	%	1%	2%
	Total	700	314	384	282	247	170
HOW OFTEN DO YOU FEEL: Isolation	Constantly / often	28%	35%	23%	36%	27%	18%
	Sometimes	31%	29%	34%	30%	32%	32%
	Rarely / Never	39%	35%	43%	34%	39%	48%
	Don't Know / Refused	1%	2%	%	%	1%	2%
	Total	700	314	384	282	247	170



		OVERAL		CARE	CARE	CARE				
			FOR	FOR	FOR	FOR	HOURS	WEEK F	PROVIDIN	G CARE
					Other	Someon				More
		Overall	Child	Parent	Relative		2 to 6	7 to 10	11 to 20	than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124	95	320			142
HOW OFTEN DO YOU FEEL: Feeling like a failure	Constantly / often	21%	24%	21%	25%	19%	19%	23%	16%	28%
	Sometimes	27%	29%	30%	19%	19%	28%	27%	30%	22%
	Rarely / Never	50%	45%	47%	55%	60%	52%	47%	54%	47%
	Don't Know / Refused	2%	2%	1%	1%	2%	1%	3%	0%	3%
	Total	700	343	231	124	95	320	137	101	142
HOW OFTEN DO YOU FEEL: Doubt	Constantly / often	29%	31%	32%	26%	32%	29%	31%	28%	29%
	Sometimes	34%	34%	36%	35%	22%	32%	37%	32%	36%
	Rarely / Never	36%	34%	30%	39%	45%	38%	30%	41%	33%
	Don't Know / Refused	1%	1%	1%	1%	1%	%	2%	0%	2%
	Total	700	343	231	124	95	320	137	101	142
HOW OFTEN DO YOU FEEL: Stress	Constantly / often	61%	65%	67%	54%	56%	60%	65%	55%	62%
	Sometimes	27%	23%	24%	31%	31%	28%	23%	30%	25%
	Rarely / Never	11%	11%	9%	14%	13%	11%	10%	15%	11%
	Don't Know / Refused	1%	1%	1%	1%	1%	%	2%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
HOW OFTEN DO YOU FEEL: Feeling burned out	Constantly / often	48%	52%	51%	41%	43%	45%	50%	50%	50%
	Sometimes	33%	31%	33%	37%	32%	33%	33%	36%	33%
	Rarely / Never	18%	15%	15%	21%	24%	22%	15%	14%	15%
	Don't Know / Refused	1%	1%	1%	1%	1%	%	2%	1%	1%
	Total	700	343	231	124	95	320	137	101	142
HOW OFTEN DO YOU FEEL: Panic	Constantly / often	21%	22%	25%	18%	19%	19%	23%	22%	24%
	Sometimes	30%	31%	28%	33%	26%	30%	32%	29%	27%
	Rarely / Never	48%	45%	46%	48%	54%	50%	43%	50%	47%
	Don't Know / Refused	1%	1%	1%	1%	1%	%	2%	0%	2%
	Total	700	343	231	124	95	320	137	101	142
HOW OFTEN DO YOU FEEL: Depression	Constantly / often	26%	26%	32%	21%	26%	26%	28%	23%	29%
	Sometimes	29%	29%	29%	34%	28%	28%	33%	32%	27%
	Rarely / Never	43%	44%	38%	44%	44%	46%	36%	46%	42%
	Don't Know / Refused	1%	2%	1%	1%	1%	1%	2%	0%	3%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL					0.475.00	0.50	
		L	GEN	IDER I		AGE	CATEGO	RIES	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Feeling like a failure	Constantly / often	21%	18%	23%	26%	22%	19%	20%	17%
	Sometimes	27%	21%	29%	26%	32%	31%	17%	21%
	Rarely / Never	50%	60%	47%	47%	44%	48%	61%	62%
	Don't Know / Refused	2%	2%	2%	1%	2%	1%	2%	1%
	Total	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Doubt	Constantly / often	29%	27%	30%	26%	36%	26%	25%	28%
	Sometimes	34%	36%	33%	34%	29%	40%	36%	31%
	Rarely / Never	36%	37%	36%	39%	33%	32%	40%	41%
	Don't Know / Refused	1%	1%	1%	1%	2%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Stress	Constantly / often	61%	56%	63%	64%	62%	61%	53%	63%
	Sometimes	27%	29%	26%	26%	25%	28%	34%	22%
	Rarely / Never	11%	15%	10%	9%	11%	10%	13%	15%
	Don't Know / Refused	1%	1%	1%	0%	2%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Feeling burned out	Constantly / often	48%	44%	49%	47%	54%	48%	39%	44%
	Sometimes	33%	40%	31%	39%	29%	33%	30%	41%
	Rarely / Never	18%	15%	19%	15%	15%	18%	30%	15%
	Don't Know / Refused	1%	1%	1%	0%	2%	1%	1%	0%
	Total	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Panic	Constantly / often	21%	22%	21%	29%	24%	19%	15%	9%
	Sometimes	30%	28%	30%	29%	31%	30%	26%	31%
	Rarely / Never	48%	50%	47%	41%	43%	49%	58%	60%
	Don't Know / Refused	1%	1%	1%	1%	2%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Depression	Constantly / often	26%	23%	28%	30%	28%	23%	26%	22%
•	Sometimes	29%	24%	31%	26%	31%	35%	21%	31%
	Rarely / Never	43%	52%	40%	44%	40%	40%	52%	46%
	Don't Know / Refused	1%	1%	1%	1%	2%	1%	1%	1%
	Total	700	188		148	225	141	106	78



		OVERAL	AC	E				
		L	CATEG	ORIES		EDUCATION	ON LEVEL	_
					High School or		College graduate	Advance
			Under 40	older	less	degree	(BA/BS)	_
UNWEIGHTED COUNT	Unweighted count	700		325				68
HOW OFTEN DO YOU FEEL: Feeling like a failure	Constantly / often	21%		19%	20%	23%	23%	15%
	Sometimes	27%		24%	25%	25%	27%	37%
	Rarely / Never	50%		56%	53%	50%	49%	49%
	Don't Know / Refused	2%		2%	2%	2%	1%	0%
	Total	700		325	134	256	242	68
HOW OFTEN DO YOU FEEL: Doubt	Constantly / often	29%	32%	26%	26%	29%	32%	25%
	Sometimes	34%		37%	27%	34%	35%	46%
	Rarely / Never	36%	35%	37%	46%	36%	33%	29%
	Don't Know / Refused	1%	1%	1%	1%	2%	1%	0%
	Total	700	373	325	134	256	242	68
HOW OFTEN DO YOU FEEL: Stress	Constantly / often	61%	63%	59%	54%	56%	69%	62%
	Sometimes	27%	26%	28%	30%	29%	21%	31%
	Rarely / Never	11%	10%	12%	16%	13%	9%	7%
	Don't Know / Refused	1%	1%	1%	1%	2%	%	0%
	Total	700	373	325	134	256	242	68
HOW OFTEN DO YOU FEEL: Feeling burned out	Constantly / often	48%	51%	44%	41%	44%	53%	56%
	Sometimes	33%	33%	34%	40%	32%	32%	29%
	Rarely / Never	18%	15%	21%	19%	22%	14%	15%
	Don't Know / Refused	1%	1%	1%	1%	2%	%	0%
	Total	700	373	325	134	256	242	68
HOW OFTEN DO YOU FEEL: Panic	Constantly / often	21%	26%	15%	22%	22%	21%	18%
	Sometimes	30%	30%	29%	29%	27%	32%	31%
	Rarely / Never	48%	42%	55%	48%	49%	47%	51%
	Don't Know / Refused	1%	1%	1%		2%	1%	0%
	Total	700	373	325	134	256	242	68
HOW OFTEN DO YOU FEEL: Depression	Constantly / often	26%		24%	29%	27%	26%	21%
·	Sometimes	29%	29%	30%	24%	27%	32%	35%
	Rarely / Never	43%	41%	46%	46%	45%	40%	44%
	Don't Know / Refused	1%	1%	1%	1%	2%	1%	0%
	Total	700	373	325	134	256	242	68



		OVERAL						
		L	Н	OUSEHO	_D INCOM	E	RA	.CE
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139	125	150	562	132
HOW OFTEN DO YOU FEEL: Feeling like a failure	Constantly / often	21%	24%	17%	28%	18%	22%	20%
	Sometimes	27%	24%	24%	29%	32%	27%	28%
	Rarely / Never	50%	49%	58%	42%	49%	49%	51%
	Don't Know / Refused	2%	3%	1%	1%	1%	2%	2%
	Total	700	259	139	125	150	562	132
HOW OFTEN DO YOU FEEL: Doubt	Constantly / often	29%	30%	29%	34%	26%	30%	26%
	Sometimes	34%	30%	37%	38%	36%	34%	34%
	Rarely / Never	36%	39%	34%	27%	38%	35%	39%
	Don't Know / Refused	1%	2%	0%	2%	0%	1%	2%
	Total	700	259	139	125	150	562	132
HOW OFTEN DO YOU FEEL: Stress	Constantly / often	61%	58%	59%	68%	59%	63%	52%
	Sometimes	27%	25%	32%	23%	30%	26%	30%
	Rarely / Never	11%	15%	9%	8%	11%	10%	17%
	Don't Know / Refused	1%	2%	0%	1%	0%	1%	1%
	Total	700	259	139	125	150	562	132
HOW OFTEN DO YOU FEEL: Feeling burned out	Constantly / often	48%	46%	44%	58%	46%	50%	40%
	Sometimes	33%	33%	40%	24%	35%	32%	38%
	Rarely / Never	18%	19%	16%	17%	19%	17%	21%
	Don't Know / Refused	1%	2%	0%	2%	0%	1%	1%
	Total	700	259	139	125	150	562	132
HOW OFTEN DO YOU FEEL: Panic	Constantly / often	21%	25%	17%	24%	18%	21%	21%
	Sometimes	30%	27%	30%	32%	32%	30%	26%
	Rarely / Never	48%	46%	53%	42%	50%	47%	52%
	Don't Know / Refused	1%	2%	0%	2%	0%	1%	2%
	Total	700	259	139	125	150	562	132
HOW OFTEN DO YOU FEEL: Depression	Constantly / often	26%	29%	24%	30%	21%	27%	24%
	Sometimes	29%	29%	28%	25%	33%	29%	29%
	Rarely / Never	43%	41%	47%	44%	45%	43%	45%
	Don't Know / Refused	1%	2%	0%	2%	1%	1%	2%
	Total	700	259	139	125	150	562	132



		OVERAL								
		L			REGIONS			EN	MPLOYME	NT
			Western	Central	Southeas	Outer Boston	Boston / Inner			Not employe
		Overall	MA	MA	t MA	Suburbs			Part-time	
UNWEIGHTED COUNT	Unweighted count	700				238	_			
HOW OFTEN DO YOU FEEL: Feeling like a failure	Constantly / often	21%								
	Sometimes	27%	23%	30%	27%					
	Rarely / Never	50%	54%	42%	49%	50%	56%	53%	46%	49%
	Don't Know / Refused	2%	1%	1%	0%	3%	0%			1%
	Total	700	100	113	101	238	145	355	156	177
HOW OFTEN DO YOU FEEL: Doubt	Constantly / often	29%	26%	32%	28%	28%	33%	27%	30%	34%
	Sometimes	34%	36%	33%	36%	34%	33%	38%	29%	30%
	Rarely / Never	36%	38%	35%	37%	37%	33%	35%	38%	36%
	Don't Know / Refused	1%	0%	1%	0%	2%	1%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177
HOW OFTEN DO YOU FEEL: Stress	Constantly / often	61%	65%	65%	57%	61%	59%	60%	58%	65%
	Sometimes	27%	26%	27%	32%	25%	28%	28%	26%	26%
	Rarely / Never	11%	9%	8%	11%	13%	14%	11%	14%	9%
	Don't Know / Refused	1%	0%	1%	0%	2%	0%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177
HOW OFTEN DO YOU FEEL: Feeling burned out	Constantly / often	48%	55%	49%	40%	49%	46%	49%	44%	49%
	Sometimes	33%	30%	30%	40%	31%	37%	34%	33%	32%
	Rarely / Never	18%	15%	20%	21%	18%	17%	16%	21%	19%
	Don't Know / Refused	1%	0%	1%	0%	2%	1%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177
HOW OFTEN DO YOU FEEL: Panic	Constantly / often	21%	21%	22%	17%	22%	23%	22%	21%	21%
	Sometimes	30%	36%	30%	32%	30%	22%	29%	31%	32%
	Rarely / Never	48%	43%	47%	51%	46%	54%	49%	47%	47%
	Don't Know / Refused	1%	0%	1%	0%	2%	1%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177
HOW OFTEN DO YOU FEEL: Depression	Constantly / often	26%	28%	31%	25%	25%	26%	23%	26%	34%
	Sometimes	29%	25%	27%	28%	30%	31%	29%	28%	30%
	Rarely / Never	43%	47%	41%	48%	42%	42%	46%	44%	36%
	Don't Know / Refused	1%	0%	1%	0%	3%	1%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL	SHARE	CARE	HOW SI	GNIFICAN	T BEING
		L	WITH O	THERS?	Α (CAREGIVE	R?
		Overall	No	Yes	Most significan t		Moderate ly / minor
UNWEIGHTED COUNT	Unweighted count	700	314	384	282	247	170
HOW OFTEN DO YOU FEEL: Feeling like a failure	Constantly / often	21%	26%	18%	25%	23%	14%
	Sometimes	27%	25%	28%	28%	28%	24%
	Rarely / Never	50%	47%	53%	45%	49%	61%
	Don't Know / Refused	2%	2%	1%	2%	1%	2%
	Total	700	314	384	282	247	170
HOW OFTEN DO YOU FEEL: Doubt	Constantly / often	29%	33%	26%	32%	32%	22%
	Sometimes	34%	29%	38%	35%	32%	34%
	Rarely / Never	36%	36%	36%	33%	35%	42%
	Don't Know / Refused	1%	2%	%	%	1%	2%
	Total	700	314	384	282	247	170
HOW OFTEN DO YOU FEEL: Stress	Constantly / often	61%	65%	58%	66%	61%	53%
	Sometimes	27%	23%	30%	22%	30%	31%
	Rarely / Never	11%	11%	11%	12%	9%	14%
	Don't Know / Refused	1%	1%	%	%	1%	2%
	Total	700	314	384	282	247	170
HOW OFTEN DO YOU FEEL: Feeling burned out	Constantly / often	48%	54%	42%	52%	49%	37%
	Sometimes	33%	28%	38%	29%	35%	38%
	Rarely / Never	18%	17%	19%	18%	15%	22%
	Don't Know / Refused	1%	1%	1%	%	1%	2%
	Total	700	314	384	282	247	170
HOW OFTEN DO YOU FEEL: Panic	Constantly / often	21%	24%	19%	27%	19%	15%
	Sometimes	30%	26%	32%	28%	32%	30%
	Rarely / Never	48%	48%	48%	45%	48%	54%
	Don't Know / Refused	1%	2%	%	%	1%	2%
	Total	700	314	384	282	247	170
HOW OFTEN DO YOU FEEL: Depression	Constantly / often	26%	32%	22%	34%	26%	15%
	Sometimes	29%	24%	33%	24%	30%	35%
	Rarely / Never	43%	42%	45%	41%	42%	48%
	Don't Know / Refused	1%	2%	1%	1%	2%	2%
	Total	700	314	384	282	247	170



		OVERAL	CARE	CARE	CARE	CARE				
		L	FOR	FOR	FOR	FOR	HOURS	/ WEEK F	PROVIDING	G CARE
						_				
		Overall	Child	Parent	Other Relative	Someon e else	2 to 6	7 to 10	11 to 20	More than 20
UNWEIGHTED COUNT	Unweighted count	700			124					142
HOW OFTEN DO YOU FEEL: Feeling overwhelmed	Constantly / often	50%	55%	53%	47%				_	51%
THO TO TELL DO TOO TELL. Tooling over mile miles	Sometimes	32%	28%	31%	38%					30%
	Rarely / Never	17%	17%	15%	15%		17%	17%		
	Don't Know / Refused	1%	1%	1%	1%				0%	1%
	Total	700			124					142
How frequently do you use the internet either on a	I am online nearly constantly	41%	47%	34%	45%			_	-	42%
computer, tablet, or mobile device?	More than once a day	43%	38%	50%	41%					35%
	Daily	13%	13%	11%	12%					
	A few times a week	2%	1%	2%	1%	3%	2%	0%	3%	2%
	Weekly	1%	1%	1%	1%					
	Less than weekly	%	0%	%	0%	0%	%	0%	0%	0%
	Rarely	%	%	1%	0%	0%	1%	0%	0%	1%
	Never	%	%	0%	0%	0%	0%	0%	0%	1%
	Don't Know / Prefer not to answer	%	0%	0%	0%	1%	0%	0%	1%	0%
	Total	700	343	231	124	95	320	137	101	142
Which of the following technologies do you own? A	Yes	91%	90%	93%	95%	91%	92%	92%	92%	89%
personal computer (desktop or laptop)	No	9%	10%	7%	4%	8%	8%	8%	8%	11%
	Don't know / Prefer not to answer	%	%	%	1%	1%	1%	0%	0%	0%
	Total	700	343	231	124	95	320	137	101	142
Which of the following technologies do you own? A	Yes	90%	95%	91%	89%	72%	89%	88%	90%	92%
smartphone	No	10%	4%	8%	10%	25%	9%	11%	10%	8%
	Don't know / Prefer not to answer	1%	%	1%	1%	3%	1%	1%	0%	0%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL L	GEN	DER		AGE	CATEGO	RIES	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
HOW OFTEN DO YOU FEEL: Feeling overwhelmed	Constantly / often	50%	43%	52%	53%	55%	50%	40%	42%
	Sometimes	32%	38%	30%	30%	28%	35%	39%	38%
	Rarely / Never	17%	18%	17%	16%	16%	14%	22%	19%
	Don't Know / Refused	1%	1%	1%	0%	2%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78
How frequently do you use the internet either on a	I am online nearly constantly	41%	38%	42%	46%	50%	39%	27%	26%
computer, tablet, or mobile device?	More than once a day	43%	40%	43%	35%	37%	49%	53%	47%
	Daily	13%	17%	12%	14%	10%	10%	18%	21%
	A few times a week	2%	2%	2%	2%	2%	1%	1%	4%
	Weekly	1%	1%	1%	2%	1%	0%	1%	0%
	Less than weekly	%	1%	0%	1%	0%	0%	0%	0%
	Rarely	%	1%	%	0%	%	0%	0%	3%
	Never	%	0%	%	1%	0%	0%	0%	0%
	Don't Know / Prefer not to answer	%	0%	%	0%	0%	1%	0%	0%
	Total	700	188	512	148	225	141	106	78
Which of the following technologies do you own? A	Yes	91%	93%	90%	89%	90%	91%	94%	94%
personal computer (desktop or laptop)	No	9%	6%	9%	11%	10%	9%	6%	5%
	Don't know / Prefer not to answer	%	1%	%	0%	%	0%	0%	1%
	Total	700	188	512	148	225	141	106	78
Which of the following technologies do you own? A	Yes	90%	93%	88%	95%	97%	94%	80%	64%
smartphone	No	10%	5%	11%	4%	3%	6%	19%	33%
	Don't know / Prefer not to answer	1%	2%	%	1%	%	0%	1%	3%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AC	SE				
		L	CATEG	ORIES		EDUCATION	ON LEVEL	=
					High	Some college,	College	
		Overall	Under 40	40 or older	School or less	no degree	graduate (BA/BS)	Advance d degree
UNWEIGHTED COUNT	Unweighted count	700	373	325	134	<u> </u>	` ′	68
HOW OFTEN DO YOU FEEL: Feeling overwhelmed	Constantly / often	50%	54%	45%	41%	48%	54%	57%
	Sometimes	32%	29%	37%	34%	30%	34%	29%
	Rarely / Never	17%	16%	18%	24%	20%	11%	13%
	Don't Know / Refused	1%	1%	1%	1%	2%	%	0%
	Total	700	373	325	134	256	242	68
How frequently do you use the internet either on a	I am online nearly constantly	41%	48%	32%	40%	40%	43%	38%
computer, tablet, or mobile device?	More than once a day	43%	36%	50%	33%	41%	46%	53%
	Daily	13%	12%	15%	20%	16%	8%	7%
	A few times a week	2%	2%	2%	5%	1%	1%	1%
	Weekly	1%	1%	%	1%	2%	%	0%
	Less than weekly	%	%	0%	0%	0%	%	0%
	Rarely	%	%	1%	0%	%	1%	0%
	Never	%	%	0%	1%	0%	0%	0%
	Don't Know / Prefer not to answer	%	0%	%	0%	%	0%	0%
	Total	700	373	325	134	256	242	68
Which of the following technologies do you own? A	Yes	91%	90%	93%	87%	88%	95%	99%
personal computer (desktop or laptop)	No	9%	10%	7%	13%	12%	5%	1%
	Don't know / Prefer not to answer	%	%	%	1%	%	0%	0%
	Total	700	373	325	134	256	242	68
Which of the following technologies do you own? A	Yes	90%	96%	82%	83%	91%	93%	88%
smartphone	No	10%	3%	17%	16%	8%	7%	12%
	Don't know / Prefer not to answer	1%		1%	1%	2%	0%	0%
	Total	700	373	325	134	256	242	68



		OVERAL						
		L	Н	IOUSEHOI	_D INCOM	E	RA	CE
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	·		150		132
HOW OFTEN DO YOU FEEL: Feeling overwhelmed	Constantly / often	50%	50%	47%	51%	51%	51%	45%
Č	Sometimes	32%	29%	40%	30%	36%	33%	30%
	Rarely / Never	17%	20%	12%	18%	13%	15%	25%
	Don't Know / Refused	1%	2%	0%	1%	0%	1%	1%
	Total	700	259	139	125	150	562	132
How frequently do you use the internet either on a	I am online nearly constantly	41%	39%	35%	42%	49%	38%	50%
computer, tablet, or mobile device?	More than once a day	43%	41%	53%	41%	36%	45%	33%
	Daily	13%	15%	9%	13%	13%	13%	13%
	A few times a week	2%	2%	2%	2%	2%	2%	2%
	Weekly	1%	2%	1%	1%	0%	1%	1%
	Less than weekly	%	0%	0%	1%	0%	%	0%
	Rarely	%	1%	0%	0%	0%	1%	0%
	Never	%	0%	0%	1%	0%	%	0%
	Don't Know / Prefer not to answer	%	%	0%	0%	0%	0%	1%
	Total	700	259	139	125	150	562	132
Which of the following technologies do you own? A	Yes	91%	86%	92%	94%	96%	93%	86%
personal computer (desktop or laptop)	No	9%	13%	8%	6%	4%	7%	13%
	Don't know / Prefer not to answer	%	1%	0%	0%	0%	0%	2%
	Total	700	259	139	125	150	562	132
Which of the following technologies do you own? A	Yes	90%	84%	94%	94%	92%	89%	93%
smartphone	No	10%	15%	5%	6%	7%	11%	5%
	Don't know / Prefer not to answer	1%	1%	1%	0%	1%	%	2%
	Total	700	259	139	125	150	562	132



		OVERAL								
		L		ı	REGIONS		ı	EN	//PLOYME	NT
		Overall	Western MA	Central MA	Southeas t MA		Boston / Inner Suburbs	Full-time	Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700			·	238				177
HOW OFTEN DO YOU FEEL: Feeling overwhelmed	Constantly / often	50%	54%	51%	43%	49%	52%	50%	45%	54%
	Sometimes	32%	32%	32%	42%	31%	30%	33%	32%	33%
	Rarely / Never	17%	14%	16%	16%	19%	18%	17%	21%	13%
	Don't Know / Refused	1%	0%	1%	0%	2%	0%	1%	2%	0%
	Total	700	100	113	101	238	145	355	156	177
How frequently do you use the internet either on a	I am online nearly constantly	41%	39%	37%	39%	38%	50%	41%	45%	36%
computer, tablet, or mobile device?	More than once a day	43%	48%	48%	41%	43%	36%	43%	40%	45%
	Daily	13%	11%	13%	17%	14%	10%	13%	10%	16%
	A few times a week	2%	2%	1%	2%	2%	2%	1%	3%	2%
	Weekly	1%	0%	0%	0%	2%	1%	1%	1%	1%
	Less than weekly	%	0%	0%	0%	%	0%	%	0%	0%
	Rarely	%	0%	0%	2%	0%	1%	1%	0%	1%
	Never	%	0%	1%	0%			0%	1%	0%
	Don't Know / Prefer not to answer	%	0%	0%	0%	%	0%	0%	0%	1%
	Total	700	100	113	101	238	145	355	156	177
Which of the following technologies do you own? A	Yes	91%	90%	93%	87%	94%	88%	93%	92%	88%
personal computer (desktop or laptop)	No	9%	9%	7%	13%	5%	12%	7%	8%	12%
	Don't know / Prefer not to answer	%								0%
	Total	700	100	113	101	238	145	355	156	
Which of the following technologies do you own? A	Yes	90%	89%							
smartphone	No	10%	9%							
	Don't know / Prefer not to answer	1%	2%							
	Total	700	100	113	101	238	145	355	156	177



		OVERAL L	SHARE WITH O			GNIFICAN CAREGIVE	
		Overall	No	Yes	Most significan t		Moderate
UNWEIGHTED COUNT	Unweighted count	700	314	384	282		,
HOW OFTEN DO YOU FEEL: Feeling overwhelmed	Constantly / often	50%	54%	46%	54%	53%	38%
Č	Sometimes	32%	26%	37%	29%	32%	39%
	Rarely / Never	17%	18%	16%	16%	15%	21%
	Don't Know / Refused	1%	1%	%	%	1%	2%
	Total	700	314	384	282	247	170
How frequently do you use the internet either on a	I am online nearly constantly	41%	40%	42%	41%	41%	39%
computer, tablet, or mobile device?	More than once a day	43%	39%	46%	40%	44%	44%
	Daily	13%	17%	10%	14%	12%	13%
	A few times a week	2%	3%	1%	2%	2%	2%
	Weekly	1%	1%	1%	1%	0%	2%
	Less than weekly	%	%	0%	0%	%	0%
	Rarely	%	1%	%	%	%	1%
	Never	%	0%	%	%	0%	0%
	Don't Know / Prefer not to answer	%	%	0%	%	0%	0%
	Total	700	314	384	282	247	170
Which of the following technologies do you own? A	Yes	91%	91%	91%	89%	92%	92%
personal computer (desktop or laptop)	No	9%	9%	8%	10%	7%	8%
	Don't know / Prefer not to answer	%	%	%	%	%	0%
	Total	700	314	384	282	247	170
Which of the following technologies do you own? A	Yes	90%	87%	92%	88%	90%	92%
smartphone	No	10%	12%	7%	11%	9%	7%
	Don't know / Prefer not to answer	1%	%	1%	1%	1%	1%
	Total	700	314	384	282	247	170



		OVERAL L	CARE FOR	CARE FOR	CARE FOR	CARE FOR	HOURS	/ WEEK F	PROVIDING	G CARE
					Other	Someon				More
		Overall	Child	Parent	Relative	e else	2 to 6	7 to 10	11 to 20	than 20
UNWEIGHTED COUNT	Unweighted count	700	343	231	124	95	320	137	101	142
Which of the following technologies do you own? A tablet	Yes	68%	71%	67%	70%	68%	68%	66%	63%	75%
	No	31%	29%	32%	29%	31%	31%	34%	37%	25%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	1%	1%	0%	1%
	Total	700	343	231	124	95	320	137	101	142
Which of the following technologies do you own? A 'smart' television that can access the internet	Yes	41%	45%	43%	35%	35%	41%	39%	41%	42%
	No	58%	54%	56%	64%	62%	58%	60%	59%	56%
	Don't know / Prefer not to answer	1%	1%	1%	1%	3%	1%	1%	0%	2%
	Total	700	343	231	124	95	320	137	101	142
Which of the following technologies do you own? A device	Yes	45%	48%	45%	48%	36%	40%	55%	46%	44%
that streams TV shows and other content to your television	No	54%	51%	54%	50%	61%	58%	45%	52%	54%
(Apple TV, Roku, Chromecast, etc)	Don't know / Prefer not to answer	2%	1%	2%	2%	3%	2%	1%	2%	1%
	Total	700	343	231	124	95	320	137	101	142
Which of the following technologies do you own? Hi-speed	Yes	91%	89%	92%	92%	91%	92%	93%	92%	87%
internet access in your home	No	8%	10%	6%	7%	7%	7%	7%	8%	11%
	Don't know / Prefer not to answer	1%	1%	1%	1%	2%	1%	0%	0%	2%
	Total	700	343	231	124	95	320	137	101	142



		OVERAL L GENDER AGE CATEG						RIES	
		Overall	Male	Female	18-29	30-39	40-49	50-59	60+
UNWEIGHTED COUNT	Unweighted count	700	188	512	148	225	141	106	78
Which of the following technologies do you own? A tablet	Yes	68%	64%	70%	64%	72%	74%	68%	58%
	No	31%	35%	30%	35%	28%	26%	31%	41%
	Don't know / Prefer not to answer	1%	1%	%	1%	%	0%	1%	1%
	Total	700	188	512	148	225	141	106	78
Which of the following technologies do you own? A 'smart' television that can access the internet	Yes	41%	41%	41%	42%	44%	43%	39%	26%
	No	58%	56%	59%	57%	55%	56%	59%	73%
	Don't know / Prefer not to answer	1%	3%	1%	1%	1%	1%	2%	1%
	Total	700	188	512	148	225	141	106	78
Which of the following technologies do you own? A device	Yes	45%	53%	42%	56%	51%	43%	31%	29%
that streams TV shows and other content to your television	No	54%	46%	56%	42%	48%	56%	68%	68%
(Apple TV, Roku, Chromecast, etc)	Don't know / Prefer not to answer	2%	1%	2%	2%	1%	1%	1%	3%
	Total	700	188	512	148	225	141	106	78
Which of the following technologies do you own? Hi-speed	Yes	91%	92%	91%	91%	88%	94%	92%	92%
internet access in your home	No	8%	6%	9%	9%	11%	4%	7%	6%
	Don't know / Prefer not to answer	1%	2%	1%	0%	1%	1%	2%	1%
	Total	700	188	512	148	225	141	106	78



		OVERAL	AC	SE.				
		L	CATEG	ORIES		EDUCATION	ON LEVEL	-
					High	Some college,	College	
		Overall	Under 40	40 or older	School or less	no degree	graduate	Advance d degree
UNWEIGHTED COUNT	Unweighted count	700	373	325	134	256	` ,	68
Which of the following technologies do you own? A tablet	Yes	68%	69%	68%	63%	72%	67%	69%
	No	31%	31%	31%	37%	27%	33%	31%
	Don't know / Prefer not to answer	1%	1%	1%	0%	1%	%	0%
	Total	700	373	325	134	256	242	68
Which of the following technologies do you own? A 'smart' television that can access the internet	Yes	41%	43%	38%	37%	40%	38%	62%
	No	58%	55%	61%	62%	58%	61%	38%
	Don't know / Prefer not to answer	1%	1%	1%	1%	2%	%	0%
	Total	700	373	325	134	256	242	68
Which of the following technologies do you own? A device	Yes	45%	53%	36%	40%	39%	50%	53%
that streams TV shows and other content to your television	No	54%	46%	63%	57%	58%	49%	47%
(Apple TV, Roku, Chromecast, etc)	Don't know / Prefer not to answer	2%	2%	2%	2%	2%	1%	0%
	Total	700	373	325	134	256	242	68
Which of the following technologies do you own? Hi-speed	Yes	91%	89%	93%	87%	90%	92%	100%
internet access in your home	No	8%	10%	6%	11%	9%	7%	0%
	Don't know / Prefer not to answer	1%	1%	2%	2%	1%	%	0%
	Total	700	373	325	134	256	242	68



		OVERAL L	Н	RACE				
		Overall	< \$50k	\$50k to less then \$75k	\$75k to less than \$100k	\$100k +	White / Caucasia n	All others
UNWEIGHTED COUNT	Unweighted count	700	259	139	125	150	562	132
Which of the following technologies do you own? A tablet	Yes	68%	59%	75%	75%	73%	69%	67%
	No	31%	40%	24%	25%	27%	31%	32%
	Don't know / Prefer not to answer	1%	1%	1%	0%	1%	1%	1%
	Total	700	259	139	125	150	562	132
Which of the following technologies do you own? A 'smart' television that can access the internet	Yes	41%	32%	42%	48%	52%	41%	37%
	No	58%	66%	58%	52%	47%	58%	60%
	Don't know / Prefer not to answer	1%	2%	1%	0%	1%	1%	3%
	Total	700	259	139	125	150	562	132
Which of the following technologies do you own? A device	Yes	45%	34%	55%	49%	54%	46%	42%
that streams TV shows and other content to your television	No	54%	63%	45%	50%	45%	53%	55%
(Apple TV, Roku, Chromecast, etc)	Don't know / Prefer not to answer	2%	3%	0%	2%	1%	1%	2%
	Total	700	259	139	125	150	562	132
Which of the following technologies do you own? Hi-speed	Yes	91%	87%	96%	90%	95%	91%	91%
internet access in your home	No	8%	11%	4%	10%	5%	9%	6%
	Don't know / Prefer not to answer	1%	2%	0%	0%	1%	1%	3%
	Total	700	259	139	125	150	562	132



		OVERAL								
		L			REGIONS			EN	MPLOYME	NT
		Overall	Western MA	Central MA	Southeas t MA		Boston / Inner Suburbs	Full-time	Part-time	Not employe d
UNWEIGHTED COUNT	Unweighted count	700	100	113	101	238	145	355	156	177
Which of the following technologies do you own? A tablet	Yes	68%	68%	67%	67%	74%	61%	72%	63%	64%
	No	31%	31%	33%	33%	25%	39%	27%	37%	35%
	Don't know / Prefer not to answer	1%	1%	0%	0%	1%	0%	1%	0%	1%
	Total	700	100	113	101	238	145	355	156	177
Which of the following technologies do you own? A 'smart' television that can access the internet	Yes	41%	33%	48%	32%	46%	38%	48%	40%	27%
	No	58%	65%	52%	66%	52%	62%	51%	59%	72%
	Don't know / Prefer not to answer	1%	2%	0%	2%	2%	0%	1%	1%	1%
	Total	700	100	113	101	238	145	355	156	177
Which of the following technologies do you own? A device	Yes	45%	41%	52%	38%	46%	45%	53%	43%	29%
that streams TV shows and other content to your television	No	54%	58%	48%	61%	52%	52%	46%	53%	70%
(Apple TV, Roku, Chromecast, etc)	Don't know / Prefer not to answer	2%	1%	0%	1%	2%	3%	1%	4%	1%
	Total	700	100	113	101	238	145	355	156	177
Which of the following technologies do you own? Hi-speed	Yes	91%	90%	95%	87%	92%	91%	91%	93%	90%
internet access in your home	No	8%	8%	4%	12%	7%	9%	8%	7%	8%
	Don't know / Prefer not to answer	1%	2%	1%	1%	1%	0%	1%	0%	2%
	Total	700	100	113	101	238	145	355	156	177



		OVERAL L	SHARE WITH O	_		GNIFICAN CAREGIVE	_
		Overall	No	Yes	Most significan t	Not most	Moderate
UNWEIGHTED COUNT	Unweighted count	700	314	384	282	247	170
Which of the following technologies do you own? A tablet	Yes	68%	66%	70%	68%	72%	64%
	No	31%	34%	29%	31%	28%	35%
	Don't know / Prefer not to answer	1%	%	1%	1%	%	1%
	Total	700	314	384	282	247	170
Which of the following technologies do you own? A 'smart' television that can access the internet	Yes	41%	40%	41%	41%	40%	43%
	No	58%	59%	57%	58%	59%	56%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	1%
	Total	700	314	384	282	247	170
3	Yes	45%	44%	45%	47%	46%	39%
that streams TV shows and other content to your television	No	54%	54%	53%	52%	52%	58%
(Apple TV, Roku, Chromecast, etc)	Don't know / Prefer not to answer	2%	1%	2%	%	2%	3%
	Total	700	314	384	282	247	170
Which of the following technologies do you own? Hi-speed	Yes	91%	90%	92%	90%	89%	94%
internet access in your home	No	8%	9%	7%	8%	10%	5%
	Don't know / Prefer not to answer	1%	1%	1%	1%	1%	1%
	Total	700	314	384	282	247	170